

## **Longer, Healthier Life with Biotone**

Will you take this medicine if it guarantees to minimize the effects of aging, prevents dozens of skin disorders and the ill-effects of diabetes?

Maybe you need more to boot. Think about an abundant supply of:

- Antioxidants that protect your body cells from free radicals
- Essential protection for your body against the effects of aging
- A cure for skin diseases of a dozen types
- Rich supply of essential vitamins and minerals
- A cure against all kinds of autoimmune disorders including rheumatoid arthritis, lupus, multiple sclerosis, fibromyalgia and a dozen more
- Essential nutrients that facilitates hair re-growth

## **What are the Contents of Biotone?**

That is what Biotone offers you. It is an Ayurvedic preparation. The main ingredients are three dry fruits – *Emblica officinalis*, *Terminalia chebula* and *Terminalia bellerica*. In addition, it also has *Arthrospira platensis*, a blue-green algae of superior food quality, known for its abundant supply of micronutrients.

The dry fruits are known for their components. *Emblica officinalis* (Amalaki in Hindi and Gooseberry in English) is the richest source of vitamin C. You can't lose this vitamin with cooking. It also has supply of zinc, ferrous iron and other trace minerals. *Terminalia chebula* is known for its soothing effect on stomach and normalization of digestion. *Terminalia bellerica* is a good source of soluble dietary fibre and antioxidants. It also facilitates good, normal sleep.

When combined for an Ayurvedic herbal food supplement, they form a potent combination. Every capsule is a rich source of carotenes, vitamins, and anti oxidants. The antioxidants protect your cell from destruction due to oxidation action due to free radicals. The Gamma Linolenic Acid (GLA) and Superoxide dismutase (SOD) protect nervous tissue. The vitamins protect inner tissues and cardiovascular system. The essential amino acids and Omega 3 & 6 fatty acids protect and repair cell membranes.

Thus, the effects of Biotone are manifold. The effects include.

- Better sleep
- Normal skin tone with freedom from eczema, dry skin, acne and pimples
- Immunity
- Anti aging
- Rich supply of vitamins and minerals
- Prevention of autoimmune disorders of all kinds
- Hair re-growth/prevention of hair fall

The autoimmune disorders controlled by Biotone includes:

Fibromyalgia, Rheumatoid arthritis, Autoimmune hepatitis, Lupus, Sjogren's syndrome, Goodpasture's syndrome, Wegener's granulomatosis, Polymyalgia Rheumatica, Temporal Arteritis / Giant Cell Arteritis, Type 1 Diabetes Mellitus, Hashimoto's thyroiditis, Graves' disease (thyroid), Celiac disease, Crohn's disease, Ulcerative colitis (GI tract), Multiple sclerosis, Guillain-Barre syndrome (central nervous system), Primary biliary sclerosis, Sclerosing cholangitis, Autoimmune hepatitis (liver) and Raynaud's phenomenon (affecting fingers, toes, nose, ears).

**Dosage**

Adults of age 18 or above can take two capsules at an interval of 12 hours, with lukewarm water. Avoid food items one hour before and one hour after taking these capsules. Also, take optimum quantities of water to facilitate faster release of toxins from the body.

**Side Effects, Healing Crisis**

Biotone doesn't have any known side effects of healing crisis.