

Keep Nutralgin at Your Home, Keep Body Pains Away

Nutralgin is a herbal cure for muscle cramps, joint pains, sports injuries of different kinds, etc. Here is a brief list of conditions, in which this Ayurveda herbal formulation will come handy.

- Arthritis
- Athletes Pain
- Any soft tissue injury
- Neck pain (spondylosis)
- Shoulder pain
- Elbow pain (tennis elbow / golf's elbow)
- Wrist pain (carpel tunnel syndrome)
- Back pain (lumbago ,sciatica, disk herniation or prolapse)
- Hip Pain (post injury, ischemic necrosis or enthesitis)
- Knee pain (tendon or ligament injury, arthritis)
- Ankle pain (Achilles tendonitis, dorsal tendon tenosynovitis)
- Foot pain (plantar faciitis, arch of foot joint pains)
- Burns (immediate application prevent bleb formation) and for dressing in burns

The active herbal components give a synergic effect. It reduces inflammation, avoid bleb formation in burns, and reduces muscle spasm. It is also good to apply on your joints if you suffer from arthritic pain. The active components reach deeply under your skin, stimulating your joints, thereby relieving pain fast.

How to Use Nutralgin

Take a few drops of this oil and apply it on to your joints, muscles, etc. It works wherever you feel pain. You may need to warm this up if your place is too cold. However, take the desired quantity of oil out on a metallic saucer before heating it. Otherwise, the repeat heating can damage the active components of the oil. Massage gently for about 30 minutes. Do this two times a day for optimum results.

Nutralgin has extracts from the following herbs:

- *Borreria hispida*
- *Anethum sowa*
- *Moringa olifera*
- *Pongamia glabra*
- *Ocimum sanctum*
- *Aloe Vera*
- *Emblica officinalis*

The main oils are sesame and castor oil.

Apply them as per the directions and you can keep yourself away from back pain, arthritic pains, joint pains, and pains due to sports injury.

Nutralgin is good for every home. Keep it at your home. When you have an aching joint, just pull it out. Apply it on the joint and gently massage for a few minutes. You can see immediate relief from the pains. Similarly, arthritic patients, sports persons and laborers can benefit from this herbal formulation.