

## Vasko – Ayurvedic Herbal Remedies for Vascular Diseases

**Vasko** is a 100% herbal product, which protects your heart and brain. Continue reading to discover how.

It is quite a disgusting experience, exploring the health market. The traditional medical system says one thing, while alternative medical practitioners tell you another thing. You are caught in between. You cannot decide for sure who is telling the truth. The conventional medicine says surgery is the only solution for several health issues, while the alternative medicine camp says otherwise.

Wouldn't it be nice if some genuine people come forward with some herbal supplements that will actually help you protect your health? Isn't it great knowing there actually are some genuine herbal products that can help you? Guru's Garden is here with a collection of herbal remedies, which relieve you from various ailments.

Here is one such herbal product - **VASKO**. It delivers what it promises. It protects brain, heart and other vital organs of your body. You can see the testimonials of several dozens of people who rave the health benefits of this herbal supplement. Yes, these testimonials are from people who actually believe this herbal product is God's gift to them.

On to Vascular diseases:

Angina, heart attack and stroke have one thing in common – narrower blood vessels that prevent supply of blood to vital organs. This happens due to the thickening of arteries (blood vessels). Doctors call this condition arteriosclerosis. **Arteriosclerosis** is the condition characterized by the thickening of blood vessels (arteries). This leads to narrower blood vessels, which essentially prevent the flow of blood. Another condition is **Atherosclerosis**, a condition in which atheromatous plaque and cholesterol are deposited on arterial walls. This condition has the risks of calcification and ulceration. Depending on the location of such build-ups, the person can experience heart attack, stroke or Peripheral Arterial Disease (PAD).

The blocking of blood vessels can lead to various conditions including:

- High blood pressure
- Angina (chest pain)
- Heart failure
- Stroke
- Peripheral arterial disease
- Damage to kidneys, spleen and pancreas
- Erectile dysfunction

What is the cause of this condition?

Aging, family history, smoking, high cholesterol, diabetes, high blood pressure, sedentary lifestyle, overweight, etc are factors to watch out for.

How you can prevent this condition?

Follow these tips to avoid the conditions of both arteriosclerosis and atherosclerosis.

- Quit smoking
- Eat healthy
- Exercise regularly
- Avoid obesity
- Treat high blood pressure and diabetes

#### How Vasco Can Help

Vasko herbal supplement has components that can reduce bad cholesterol in blood. It also can reverse the atherosclerosis to re-establish optimum blood flow to vital parts like heart, brain and other parts of the body. It actively probes and expels vascular deposits – fat and calcium. It dilates arteries and improves blood perfusion.

#### The Most Common Indications of VASKO

Vasco is not just for preventing vascular diseases. Its powerful herbal formulation acts against several physical conditions including:

1. Aging
2. Varicose Veins
3. Osteoarthritis (Degeneration of Cartilages, Tendons and Ligaments)
4. Rheumatoid Arthritis
5. Gangrene and Retinopathy
6. Hyperthyroidism
7. High Cholesterol
8. High Triglycerides
9. High Blood Pressure
10. Cardiovascular Accident (Coronary Heart diseases with or without Angina pectoris)
11. Cerebrovascular Accident (Stroke)
12. Clogged Arteries
13. Fatty liver
14. Prostate Enlargement (Benign Prostatic Hyperplasia)
15. Enlarged uterus with fibroids
16. Obesity (Visceral fat)

Now you can enjoy a healthy, active and pleasant life that you have always dreamed. Click the 'Buy Now' button as the first step to reclaiming your heart, brain and your healthy self.