

Gurus Garden

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Introduction

Ayurveda

The word "Ayurveda" is a compound of āyus "life" and veda "knowledge", and would translate as the "Science of Life". Ayurveda deals with the measures of healthy living, along with therapeutic measures that relate to physical, mental, social and spiritual harmony.

Definition of Ayurveda in brief

Ayurveda is a holistic system of healing which evolved among the sages of ancient India some 6000 years ago. There are several aspects of this system of medicine which distinguish it from other approaches to health care.

Mainly Ayurveda focuses on establishing and maintaining balance of the life energies within us, rather than focusing on individual symptoms.

Ayurveda is a complete medical system which recognizes that ultimately all intelligence and wisdom flows from one Absolute source. Health is manifested by the grace of the Absolute acting through the laws of Nature. Ayurveda assists Nature in by promoting harmony between the individual and Nature by living a life of balance according to her Nature's laws.

Ayurveda describes three fundamental universal energies which regulate all natural processes on both the macrocosmic and microcosmic levels. That is, the same energies which produce effects in the various galaxies and star systems are operating at the level of the human physiology - in your own physiology. These three universal energies are known as the Tridosha.

Finally, the ancient Ayurvedic physicians realized the need for preserving the alliance of the mind and body and offers mankind tools for remembering and nurturing the subtler aspects of our humanity. Ayurveda seeks to heal the fragmentation and disorder of the mind-body complex and to restore wholeness and harmony to all people.

The Specialization of Ayurveda

During this legendary time in Vedic history, circa 6000 BC to about 1500 BC, Ayurveda was not yet very specialized or systematic.

Between 1500 BC and 700 BC, the system of Ayurveda (along with other trends in Indian philosophy) began to differentiate into eight specialties and two schools;

Atreya, the school of physicians and Dhanvantari, the school of surgeons.

Simultaneously, Ayurveda underwent a revolution in scientific thinking, and the ancient teachings came under intense scrutiny, each concept and prescription subject to thorough tests of efficacy. The various, widely scattered teachings were also compiled at that time into Samhitas (writing collections), of which three confirmed authentic works exist today:

The Charaka Samhita, Sushruta Samhita and the Astanga Hridaya. These and other collections were later translated into languages, such as Arabic, and disseminated widely.

Starting in the eleventh century, battered by repeated incursion by Muslims, Ayurveda began to decline, and today, it is only just emerging from its medieval period. Now, it is fully supported by the Indian government and is gaining an ever increasing popularity in America and Europe.

CHAVARCODE FAMILY

The Chavarcode family is from southern India and is highly reputed for their knowledge in the great tradition in Ayurveda, India's ancient and holistic method of treatment. The family has given birth to generations of traditional Ayurvedic physicians as well as doctors of western medicine, who have made valuable contribution in health care. The family has through generations preserved ancient scriptures on unique Ayurvedic treatment handed to them by their predecessors. Physicians here are constantly engaged in research and studies to bring out wonderful formulas to reverse many incurable diseases. The secret medicines prepared by physicians here have been highly effective in treating patients who have already been disillusioned by the modern methods of treatment.

VAIRAVAN VAIDYA

Vairavan Vaidya (vai.dy.a - traditional physician: an Ayurvedic physician) is forefather of CHAVARCODE VAIDYA family. He was born in AD 1834 in a place called Panayara, roughly 2 miles away from CHAVARCODE. His father SANKARAN VAIDYA was a leading Ayurvedic physician. He was brought up in favorable surroundings of Ayurvedic medical practice to become a renowned Ayurveda Acharya (a.char.y.a - a learned teacher and guide). At the age of 10 he gained attention by diagnosing the cause of an incurable ulcer in the eye of a patient who was treated by his father. On close examination he found a black foreign body attached to the sclera. He made a knot in a long human hair and extracted the foreign body from the sclera. He showed it to his father and explained the story. His father was amazed to see the son's intelligence and embraced him. Further his father decided to educate him under extra ordinary masters of Sanskrit and Ayurveda science.

After his education he settled in Chavarcode and started medical practice. Even patients from far off places were brought in by horse / bullock carts for his consultation. Such patients were admitted and treated till they could be sent off with ease. His fame was well established as a physician at that period of time in the state of Kerala. Ayurvedic students from all over the state craved to become his intern.

Even the Maharaja (King), famous saints, literate eminent came for his medical consultation and treatment. He was awarded for his outstanding treatments for the palace.

He cultivated organic medicinal plants for easy access to prepare instant medications.

This is the beginning of the "Chavarcode Ayurveda family" that is continuing today...

Second generation Vaidya

MARTHANDAN VAIDYA

He was born at Chavarcode in AD 1886. He followed the family tradition and started his expertise in Ayurvedic medical practice. His fame reached the Maharaja of Travancore (the King). He was called to palace in an embarrassed situation, as the eminent physicians of the Maharaja failed. A pet baby elephant of the maharaja never slept or took any food for few weeks and was always shook its head. MARTHANDAN VAIDYA applied his intelligence rather than surfing through the Sanskrit theorems as the failed palace physicians did. He observed the breathing of the elephant very closely and found that it was using the mouth instead the nostrils. Due to breathing through the mouth, elephant was not able take any feeds despite hunger. His intelligence could sense that the elephant's long nostrils had some obstacles to inhale. He understood that there could be some irritating creatures bugging the baby elephant causing the nostrils blockage. He ordered to bring a large container and prepare fresh mud solution. The elephant was instructed to put its long nostril tip into the mud solution and hold the solution into the nostrils. A few minutes later the elephant started sneezing repeatedly. It was noticed that there were a dozen of large larvae fell off while the smell of fresh mud entered in the trunk and instantly the elephant stopped shaking its head. It was a surprise to everyone there including the Maharaja.

The MARTHANDAN VAIDYA was posted as the chief consultant physician of the palace.

Later lots of treatment histories he made and received valuable rewards from the Maharaja of Travancore.

KUNJU SANAKRAN VAIDYA

Kunju Sankaran Vaidya was one of the top Ayurvedic physicians in the Chavarcode Vaidya family. He was born in AD 1885. His wisdom in Sanskrit literature, Ayurveda science, as an eminent scholar in applied therapeutics of Ayurveda and a debater in the health science (traditional medicine) was inimitable! At his young age, seeing his aptitude and devotion in the Ayurvedic field, senior saint and gurus advised his Uncle (Vairavan vaidya) to send him for more scientific Ayurvedic studies. The saint has selected and recommended to that time famous acharya-Harippadu Aanandapuram Valiya koyi Thampuran Thirumanas. His uncle sent his eldest son also along with. After the long years of serious study, Kunju Sankaran Vaidya came back and settled in Chavarcode. He started his own practice with the grace of his uncle. The practice went to heights that brought patients from all levels of life-included local rulers, politicians, saints from distant places, eminent literate etc. History is there as he had convened high level seminars on Sanskrit literature and the Vaidya also interacted actively in it.

Lots of Ayurvedic students had internship under the Vaidya. He had separate centre for medicine manufacturing as he needed good amounts of ready medicines on a daily basis. He had selected a few students from his own family circle after close scrutiny. His younger brother's son - C.N. Karunakaran was among them who later became his predecessor. Panchakarma therapy (systemic toxin elimination therapy) was one of his specialties. He practiced Charity; both rich and poor were equally received. Everyone was served food at free of cost. Enough plantations of rice, fruits, coconuts and vegetables were there along with organic medicinal plants.

Vaidya's wise diagnosis and treatment is still famous. Once a patient was advised surgery for a salivary gland duct impacted stone in the Trivandrum general hospital. Due to fear for surgery he approached Vaidya for any alternate remedy with him. He ordered an instant paste made with tamarind sour, fresh chilly paddy and salt as balls. The patient was asked to hold the same in his mouth. After half an hour the stone was washed off along with the excess saliva it created. The patient took out the stone and showed the Vaidya.

C.V. MADHAVAN KUTTY VAIDYA

C.V.Madhavankutty Vaidya was a good Vaidya known for his specialty in orthopedic. He was good in bone and joint diseases. Bone fractures and dislocations were wisely immobilized with traditional expertness and the outcome was very good. He was known

as "marma" specialist. He also was famous in general practice. Special herbal oils were formulated and are still holding good reputation. These medicated oils were used for pain relief by external use. Fast fracture healing oils were given orally. Even compound fracture infections were not reported as these external oils prevented microbes to establish in the media. He's survived by his son as his predecessor - Bharathan Vaidya.

C.V. MARTHANDAN VAIDYA

C.V. Marthandan vaidya was born in 1889. He was an Internal medicine practitioner and a famous traditional medical teacher. He used to have numerous students from all over the state of Kerala as imamatees for training. His knowledge in the diagnosis and therapy was creating jealousy among other professionals. His medicines were very reputed for its quality and efficiency. He was also keen in treating patients after elimination therapy where systemic toxins of metabolism are processed and let off through appropriate routes as the Vaidya decides. So his therapy results were so high.

One such toxin removal was with the help of a bite of a soft leech specially selected for the medical use only. The leech sucks vitiated venous blood and it gets ballooned. This was his specialty. Irreversible skin diseases like eczemas were healed with his expertise.

Third generation Vaidya

C V GANGADHARAN VAIDYA. (1905 - 1981)

He received his Vaidya Kalanidhi degree in Ayurveda. In true sense he was a scholar in Ayurveda science both in theory and practice. In curing a patient of a certain disease he followed his own style of selecting the herbal ingredients. To boost selective drug effect, he would double some items in his prescription. It definitely showed marvelous therapeutic results. After diagnosis, he was meticulous to do elimination therapy in essential cases of high toxic states. This type of conservative course of internal medication brought unusual fast recovery and relief of the disease. The rejuvenation therapy brings the patient to a better state of balanced organ system with boosting of immunity. The patient feels young compared to his age and disease free for a period of time. Another specialization of Gangadharan Vaidya was the Leech Therapy which let out local toxic collections. For this he had a leech museum where the bio-tech leeches were grown.

BHARATHAN VAIDYA (1909 - 1975)

He had a degree in Ayurveda (Vaidya Kalanidhi). After completing his education he returned to his father's clinic at Chavarcod and practiced Ayurvedic medicine. Lot of patients would come to consult him for treatment of various diseases. He gained lot of fame and reputation.

C N KARUNAKARN VAIDYA (1915 - 2000)

Karunakaran vaidyan was directly trained as a Vaidya under his father's brother, Kunju sankaran vaidya. He fully devoted his entire life to the learning and practicing of Ayurveda. He was the last senior in the third generation. He was known for his practice in pediatrics of Ayurveda holistic medical system. Hence, his medical center was crowded with small children along with their mothers. Majority of the children had Pyoderma (blisters and ulceration of skin discretely) which is secondary to a transient immunodeficiency state in children either due to premature stoppage of lactation or malnutrition. He was a pioneer in curing these types of dreadful states of children. He formulated herbal combinations effective for stimulating the weak immune system. The herbs were prepared in the cow's ghee that gave nutrition along with medication. For external application he used herbal oils for ulcer healing.

Another area of specialization was "joint diseases"- (arthritis). Osteoarthritis (degenerative type) and dysimmune arthritis (Rheumatoid disease S.L.E etc.) were cured ideally as it sounds unbelievable. Patients with limping problem got cured with these herbal formulae. Total outcome of arthritis cure rate was very high!

Another field that specialized was infertility. He also was successful in treating mental disorders and epilepsy. This type of health problems have remedies that are of herbal origin still available. Karunakaran Vaidya has a son who is a scholar in Ayurvedic and modern medical systems.

Fourth generation

At present the traditional herbal business is run by Roy Chavarcode and Dr. Joeskumar Chavarcode.

ROY CHAVARCODE

Roy Chavarcode has a engineering degree from UK. He has been doing business since 1987 and traveled all over the world. This has given him a good experience in International Business. He was interested in the traditional family Ayurvedic system from early years. He thought of taking the family expertise to the whole world for those who are suffering. At present he is heading the management and marketing part of the company. Presently, the herbal business marketing office is being operated from the United States of America.

Dr. JOSEKUMAR CHAVARCODE

Dr. JoseKumar is a prominent medical person in the Chavarcode Vaidya family in this generation. He has received medical degrees in two different blends of medicine separately (Ayurveda and Western medicine). Afterwards he started medical practice under his father - Karunakaran Vaidyan. Later he started independent practice in 1984 combining both Ayurveda and Modern medicines. His knowledge and expertise in modern medicine and pharmacology considerably helped to enhance the family traditional recipes to more effective and advanced formulae. This could sharpen their therapeutic efficiency. Presently, he heads the research, development, and manufacturing of the company products. He continues his medical practices along with the company activities.

**Herbal Supplements
and
other Products
we market worldwide**



ABOUT SKINNY SECRET



Obesity is a medical condition in which excess body fat has accumulated to the extent that it may have an adverse effect on health, leading to reduced life expectancy and increased health problems.

Enhanced lifestyle due to the technology development has attributed "machine assisted life" that reduces calorie burning through muscular efficiency. Obesity is most commonly caused by a combination of excessive dietary calories and lack of physical activity. Obesity increases the likelihood of various diseases, particularly vascular endothelial disorders leading to cardiovascular accident, diabetes mellitus, fatty liver, hyperlipidemias, arterial hypertension, lower limb joint diseases (osteoarthritis), breathing difficulties during sleep and social depression.

SKINNY SECRET - TRADITIONAL INDICATIONS

Increases body's FAT burning ability through metabolism and suppresses appetite



On an average obese person have greater energy expenditure than their thin counterparts due to the energy required to maintain an increased body mass. When compared to daily energy turnover, the amount of energy retained during growth and during the development of obesity is rather small, amounting to a

difference of only a few percent between intake and expenditure. Because a positive energy balance can, in principle, be attributed to excessive intake or to reduced expenditure, there has been considerable interest in the possible significance of even small differences in metabolic efficiency for the development or the prevention of obesity.

Mechanism of action

This God given eco-friendly and system friendly natural ingredients in SKINNY SECRET herbal supplement is safer and effective for controlling obesity through metabolic regulation. The mechanism of action includes appetite suppression, visceral fat mobilization and burning for energy, control of further fat deposits, controlled calorie absorption from gut especially carbohydrates. This combination of above action is what we consider the answer to obesity.

Alpha-glycosidase and **Alpha-amylase** enzymes found on the epithelium of small intestines as membrane bound. They catalyze the cleavage of glucose from disaccharides. These two enzymes are partially blocked by two herbal alkaloids. Hence a good amount of carbohydrates are not absorbed, this contributes to combat obesity by reduced calorie absorption.

Reduced Calorie Absorption

Visceral Lipase enzyme is targeted and hence fat from viscera is mobilized for burning to release energy. Citric acid cycle enzymes are affected negatively for gluco-neogenesis. Further fat formation from Acetyl coenzyme A is checked. In the same time energy is sufficient in the body as the fat is burning continually. Natural anti-



oxidants, minerals and micro nutrients are supplemented for stomach and liver protection.

An herb in the supplement contains Pregnane Glycosides which are believed to block the activity of Citrate Lyase. By blocking this enzyme further formation of fat in the body is reduced. Again the herb blocks another enzyme called Malonyl Coenzyme A. By blocking this enzyme, fat formation is further blocked and the body is forced to burn its fat reserves. This accelerates the rate of fat loss by the body.

The Pregnane Glycosides in the herb also inhibit the appetite center of the hypothalamus.

Such a combination of natural ingredients could bring wonderful therapeutic results in reducing both body weight and size. Transabdominal and mid arm circumference can be measured to monitored this effect within 15days usage of the supplement.

Want to Lose Weight Fast?

The Real Solution to Rapid Weight Loss...

SKINNY SECRET - DOSAGE and DIRECTIONS



One capsule three times daily - 30 minutes before breakfast, lunch and dinner. Eat to your appetite only.

Please read Healing Crisis for more information.

SKINNY SECRET - INGREDIENTS

Supplement Facts

Serving Size : 3 Capsules (650 mg each)

Servings per container: 90

| Each Serving contains | | %DV |
|--------------------------|---------|-----|
| Caralluma Fimbriata | 150 mg. | * |
| Salacia Reticulata | 100 mg. | * |
| Phaseolus Vulgaris | 100 mg. | * |
| Trichosanthes Cucumerina | 100 mg. | * |
| Coscinium Fenestratum | 50 mg. | * |
| Emblica Officinalis | 50 mg. | * |
| Terminalia Chebula | 50 mg. | * |
| Terminalia Bellerica | 50 mg. | * |

* Daily value (DV) not established.

SKINNY SECRET - HEALING CRISIS



It is well tolerated and no side effects noted. Bulky stools reported when more carbohydrates are taken, as disaccharides cleavage to its mono form is partially blocked. Initial few days mild blotting is rarely reported that disappears in short while.

Side effects: - There are no known side effects.



ABOUT VASKO



VASKO is an Ayurvedic preparation that has been used for more than 250 years. **VASKO** has been used for generations and by thousands of people. This is a formula derived and time tested by the Chavarcode Ayurvedic physicians.

VASKO is a natural Herbal food supplement that helps the vascular system cleansing and reversing Arthritis. It helps unclogs arteries, veins and helps to reverse Varicose Veins, Angina, Gangrene and Retinopathy. **VASKO** also helps arresting degenerative changes of the joints and regenerate the worn out joint components including cartilages.

VASKO is all natural herbs free from synthetic chemicals or preservatives. Also **VASKO** is free from animal products.

VASKO is a holistic system that works on so many disease-process levels of multiple systems and it helps solve many problems at once.

Traditional Indications

1. Aging
2. Varicose Veins
3. Osteoarthritis (Degeneration of Cartilages, Tendons and Ligaments)
4. Rheumatoid Arthritis
5. Gangrene and Retinopathy
6. Hyperthyroidism
7. High Cholesterol
8. High Triglycerides
9. High Blood Pressure
10. Cardiovascular Accident (Coronary Heart diseases with or without Angina pectoris)
11. Cerebrovascular Accident (Stroke)
12. Clogged Arteries
13. Fatty liver



VASKO - VEGETARIAN CAPSULES

- 14. Prostate Enlargement (Benign Prostatic Hyperplasia)
- 15. Enlarged uterus with fibroids
- 16. Obesity (Visceral fat)

VASKO CAN HELP YOU TO ...

Arthritis

Arthritis isn't just one disease; it's a complex disorder that comprises more than 100 distinct conditions and can affect people at any stage of life. Two of the most common forms are Osteoarthritis and Rheumatoid Arthritis. These 2 forms have very different causes, risk factors, and effects on the body, yet they often share a common symptom persistent joint pain. The joint pain of arthritis can appear as hip pain, knee pain, hand pain, or wrist pain, as well as joint pain in other areas of the body. If you have joint pain, stiffness and /or swelling for more than 2 weeks, you may have arthritis.

Osteoarthritis (OA) is the most common form of arthritis. OA begins with the breakdown of joint cartilage, resulting in pain and stiffness. OA commonly affects the joints of the fingers, knees, hips, and spine. Other joints affected less frequently include the wrists, elbows, shoulders, and ankles. When OA is found in a less-frequently affected joint, there is usually a history of injury or unusual stress to that joint.

Rheumatoid arthritis (RA) can affect many different joints and, in some people, other parts of the body as well, including the blood, the lungs, and the heart. RA is an autoimmune disease. This means the body's natural immune system does not operate as it should; it attacks healthy joint tissue, initiating a process of inflammation and joint damage.

Cartilage

Cartilage is a type of dense connective tissue. Cartilage is composed of cells called chondrocytes which are dispersed in a firm gel-like ground substance, called the matrix. Cartilage is avascular (contains no blood vessels) and nutrients are diffused through the matrix. Cartilage is found in the joints, the rib cage, ear, nose, in the throat and intervertebral disks. There are three main types of cartilage: hyaline, elastic and fibrocartilage.

Articular cartilage is a tough, elastic tissue that covers the ends of bones in joints and enables the bones to move smoothly over one another. However, when articular cartilage is damaged through injury or a lifetime of use, it does not heal as rapidly or

effectively as other tissues in the body. Instead, the damage tends to spread, allowing the bones to rub directly against each other and resulting in pain and reduced mobility.

VASKO helps to regenerate the cartilage naturally by increasing its perfusion at its periphery. The abundant natural micro nutrients from its individual herbs (anti oxidants) arrest the degeneration and induce regeneration. The hormonal harmony it brings also contributes for the regeneration. The cartilage cells restart multiplication and growth. This regains the joint space normal and hence osteoarthritis is reversed.

There are many new techniques that patient's own cells and tissues to restore cartilage to weight bearing sections of bone like Osteochondral grafting, Autologous chondrocyte implantation, or ACI and Mesenchymal stem cell (MSC) regeneration. But it is very expensive and as per studies it is not proven very effective for a long period of time.

VASKO will help regenerate your own cartilage in a very short period of time. You will feel the changes with in 30 days to 3 months time.

Vascular System

The vascular system is made up of the vessels that carry our blood. Arteries carry oxygen-rich blood away from the heart. Veins carry carbon dioxide rich blood back to your heart. When the blood starts its vascular system trip at the right side of the heart, it is the pulmonary artery that carries the carbon dioxide rich blood to the lungs where it exchanges carbon dioxide for oxygen. Then the pulmonary veins carry oxygen-rich blood back to the left side of the heart and are pumped out to the whole body.

As we age, our arteries tend to thicken, get stiffer and narrow. That is called arteriosclerosis. A form of arteriosclerosis is atherosclerosis. Atherosclerosis is the build up of plaque and cholesterol in large and medium sized arteries. A narrowing of the arteries from a build up of plaque can lead to coronary heart disease and can cause a heart attack. The same situation in the arteries leading to the brain can cause strokes. Narrowing of the arteries in other places, such as the legs, can cause what is called Peripheral Arterial disease (PAD). When the smaller arteries are affected it is called arteriolosclerosis. The kidneys, spleen and the pancreas can be damaged. High blood pressure is often a cause of arteriolosclerosis.

The veins can develop problems too. Clots in the veins can result in deep vein thrombosis (DVT), phlebitis, and other problems. If those clots break free, they become emboli. When this situation happens to the lungs, it's called a pulmonary embolism. In addition, as part of the system of moving the blood back to the heart, the veins have small one way valves. If those valves weaken, the blood can back up, pool and cause the veins to swell. The result is varicose veins.

Gangrene

Gangrene is necrosis and subsequent death of body tissues caused by lack of blood flow. The common causes are tobacco, uncontrolled diabetic mellitus and hyperlipidemia.

VASKO helps to reverse atherosclerosis optimum to re-establish blood perfusion in peripheral occlusive vascular disease. Collateral vessels are dilated and neo vascularisation also occurs to improve tissue perfusion. This can reverse the tissue changes (ischemia) and hence necrosis, infections if any and finally gangrene also.

Prostate Enlargement (Benign Prostatic Hyperplasia - BPH)

As a man matures, the prostate goes through two main periods of growth. The first occurs early in puberty, when the prostate doubles in size. At around age 25, the gland begins to grow again. This second growth phase often results, years later, in BPH. As the prostate enlarges, the layer of tissue surrounding it stops it from expanding, causing the gland to press against the urethra like a clamp on a garden hose. The bladder wall becomes thicker and irritable. The bladder begins to contract even when it contains small amounts of urine, causing more frequent urination. Eventually, the bladder weakens and loses the ability to empty itself. Urine remains in the bladder. The narrowing of the urethra and partial emptying of the bladder cause many of the problems associated with BPH.

VASKO helps the prostate to regain its origin size through two mechanisms. The hormonal axis get regenerated and as the male hormone (testosterone) brings back to adequate level the dependant prostate regains its normal size and shape. Secondly any fibrous tissue associated with its enlargement goes to fibrolysis with the effect of **VASKO**.

Enlarged Uterus with Fibroid

The uterus is designed to expand to accommodate a growing baby. When fibroids develop, the uterus enlarges in response to fibroid growth. Some women notice a distended abdomen similar to pre-menstrual bloat; others experience expansion as big as a full term pregnancy.

VASKO with **NURAX** helps reverse uterine fibroid and bulky uterus in its early stage.

VASKO - TRADITIONAL INDICATIONS

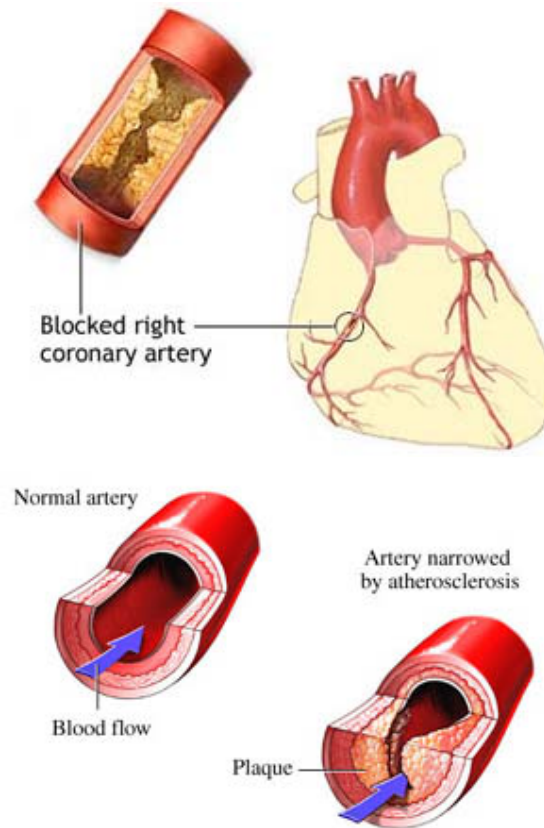
Indications where VASKO food supplement can help;

Coronary Artery Disease: Coronary artery disease (CAD) occurs when the arteries that supply blood to the heart muscle (the coronary arteries) become hardened and narrowed. The arteries harden and narrow due to buildup of plaque on their inner walls. The buildup of plaque is known as atherosclerosis. As the plaque increases in size, the insides of the coronary arteries get narrower and less blood can flow through them. Eventually, blood flow to the heart muscle is reduced, and, because blood carries much-needed oxygen, the heart muscle is not able to receive the amount of oxygen it needs.

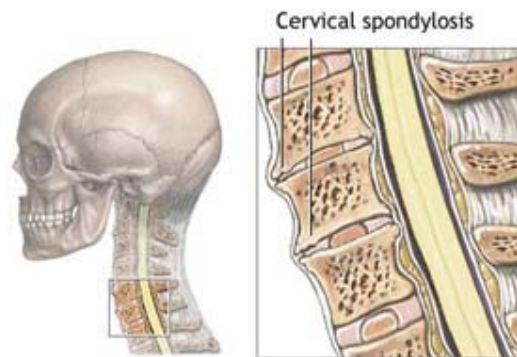
Reduced or cutoff blood flow and oxygen supply to the heart muscle can result Angina and Heart attack.

Angina is chest pain or discomfort that occurs when the heart does not get enough blood.

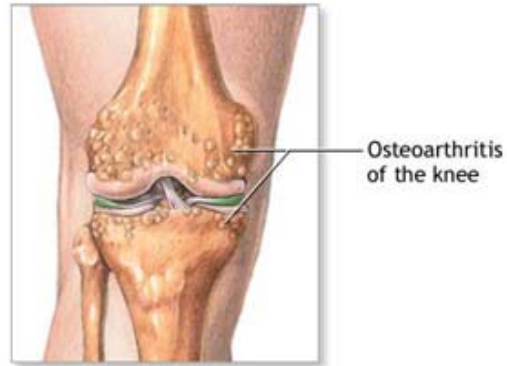
A heart attack happens when a blood clot develops at the site of plaque in a coronary artery and suddenly cuts off most or all blood supply to that part of the heart muscle. Cells in the heart muscle begin to die if they do not receive enough oxygen-rich blood. This can cause permanent damage to the heart muscle.



Osteoarthritis & Spondylosis (spinal osteoarthritis) of spines



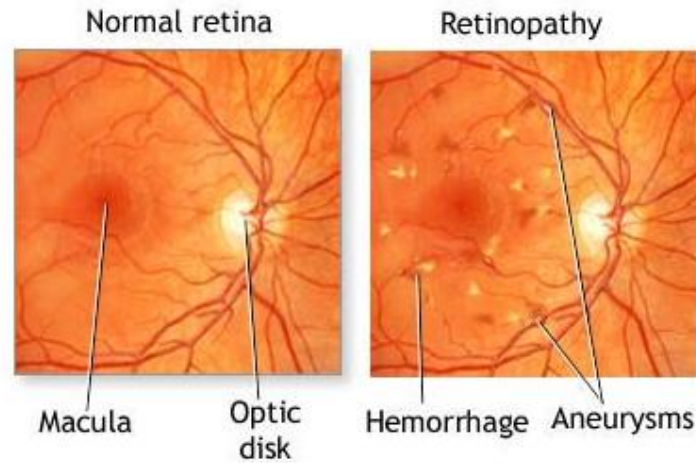
Knee and Hip Joint - Avoids joint replacement; **VASKO** helps re-grow the Knee and Hip joints cartilages to its normal size within 3 to 6 months.



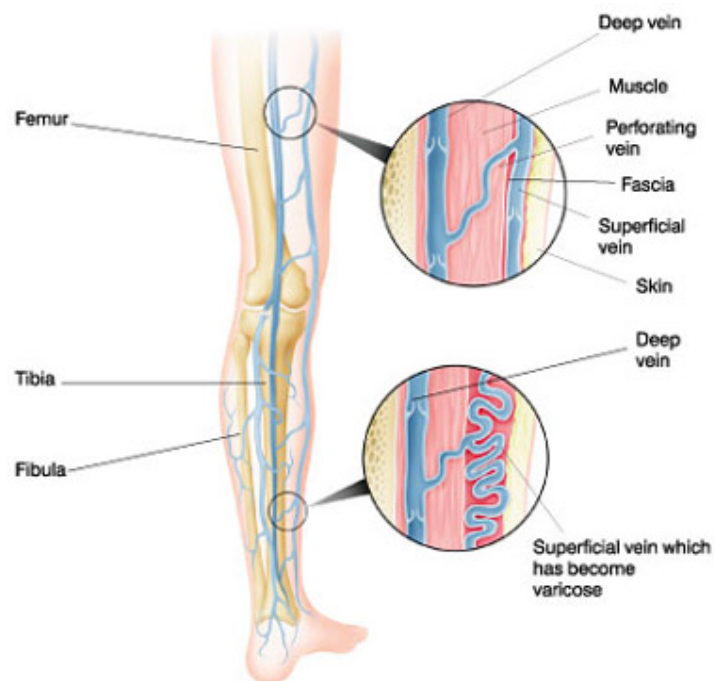
Gangrene (Buerger's disease, thromboangiitis obliterans: **TAO**) **in Limbs** - Amputation of Limbs can be avoided. (tobacco abuse, diabetic and high blood fat related)



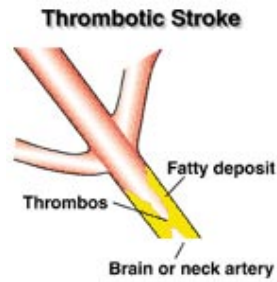
Retinopathy - **VASKO** helps to reverse Retinopathy : Laser Therapy and Blindness can be avoided. (Diabetic, Hypertensive and high cholesterol related)



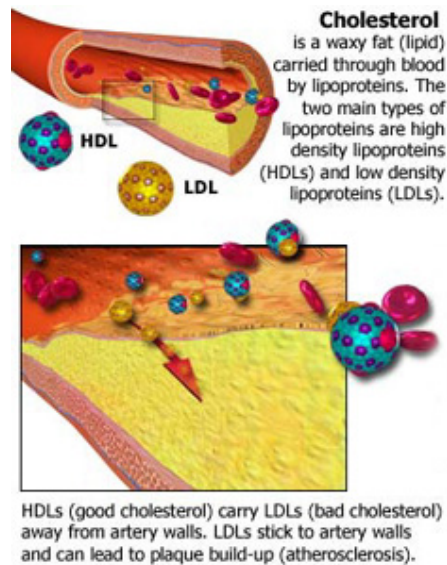
Varicose veins & Phelebothrombosis : 3 - 4 months continuous use of **VASKO** revise it.



Thrombotic Stroke in brain vessels (Cerebral Vascular Accident) Eg:- Hemiplegia, Monoplegia etc. (prevents further attack by vessel cleaning)



To reduce cholesterol & triglycerides (blood fats) to normal levels. It increases good cholesterol (HDL) and reduces bad cholesterol. This protects blood vessels.



Rheumatoid Arthritis - This is an immune mediated inflammatory polyarthritis. The rheumatoid activity can be reduced with this immuno-modulating herbal therapy. (**VASKO** should be taken with **NURAX** herbal capsules for best results)



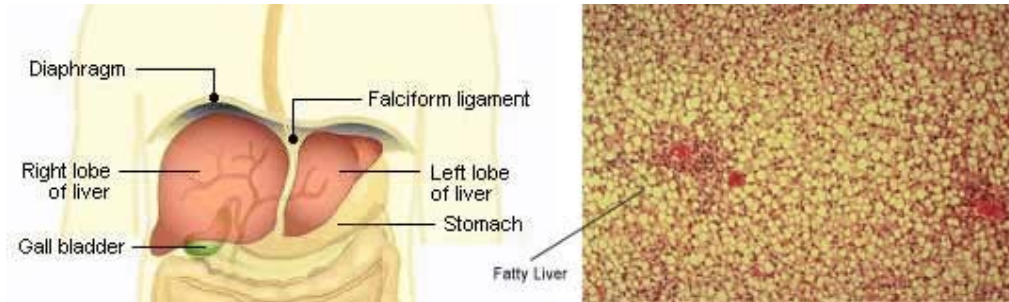
Normal and Arthritic Joints



Fatty Liver

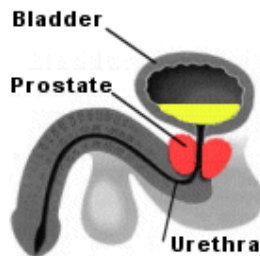
Fatty liver is the accumulation of fat in the cells of the liver. It is often caused by an excessive alcohol intake, but, increasingly, it is being found in people who do not drink to excess but who are obese or have diabetes.

Fatty liver is called steatosis, and fatty liver with liver inflammation is called or steatohepatitis. Steatosis and steatohepatitis can be caused by alcohol and other drugs and can also sometimes occur in patients with diabetes mellitus.



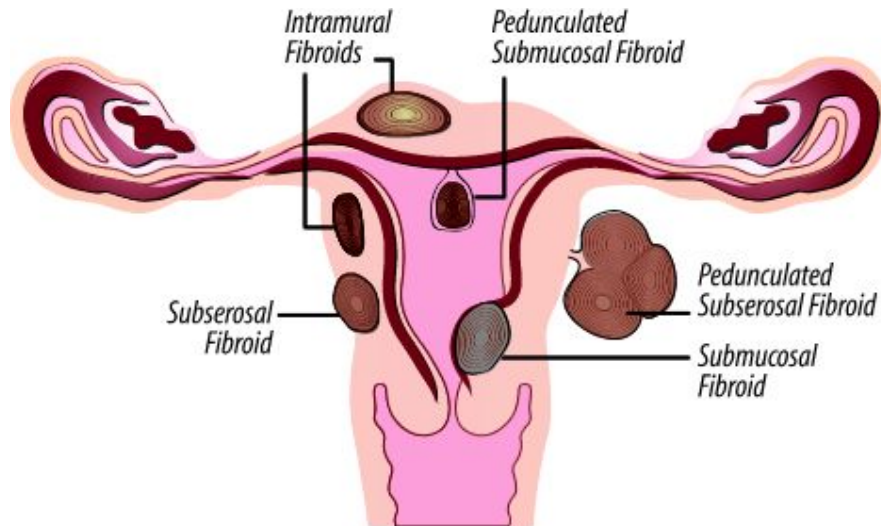
Benign Prostatic Hypertrophy

BHP is a non-cancerous enlargement of the prostate that restricts the flow of urine from the bladder. As the prostate enlarges, it squeezes the urethra, interfering with the passage of urine from the bladder resulting in frustrating and humiliating symptoms.



Enlarged uterus with fibroids

The uterus is one of the first organs to manifest symptoms when a woman's hormones are out of balance. Two of the most common uterine symptoms of premenopause syndrome are an enlarged uterus, and uterine fibroids. Women with PMS often experience painful periods (dysmenorrhea) which are most often caused when the endometrial lining of the uterus extends into the muscular wall of the uterus (adenomyosis). When shedding of the endometrium occurs (menstruation), the blood is released into the muscular lining, causing severe pain.

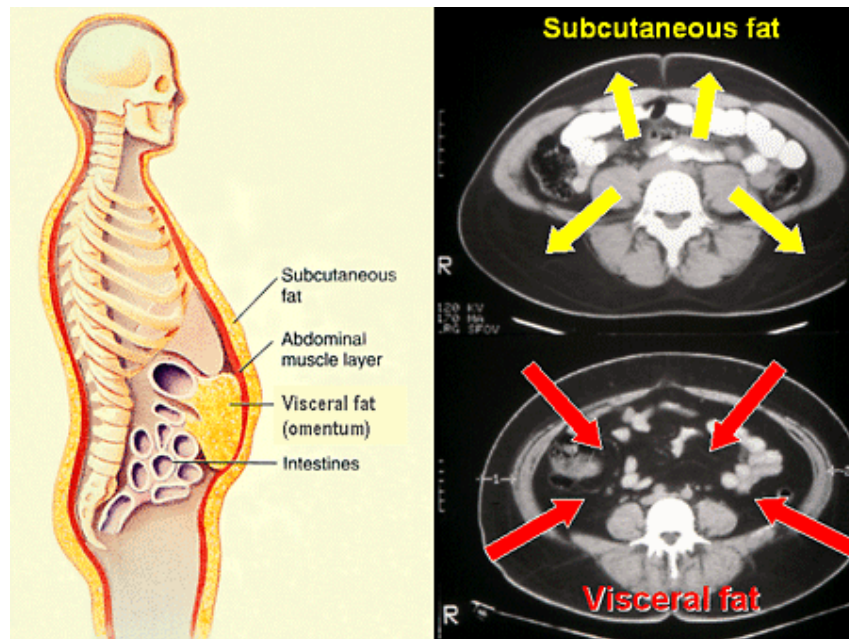


Fibroid Uterus

OBESITY

Being obese and being overweight are not exactly the same thing. An obese person has a large amount of extra body fat, not just a few extra pounds. People who are obese are very overweight and at risk for serious health problems.

VASKO can help shed fat naturally and effectively without side effects, keep you trim and slim



Preventive Measure - As an effective preventive measure against strokes, heart attacks, joint damages, high blood fat & gangrene of lower limbs.

VASKO - DOSAGE and DIRECTIONS



People above 18 yrs old should take one (1) capsule 2 times daily (every 12 hours) on an empty stomach with lukewarm water for the first 1 week. There after two (2) capsules 2 times daily (every 12 hours) on empty stomach with lukewarm water.

Please give minimum 60 min to take any food after taking **VASKO**.

Take optimum water to enhance elimination of released toxins from the body.

Please read Healing Crisis for more information.

Take optimum water to enhance elimination of released toxins from your body.

VASKO - This is a herbal Food supplement for Vascular Cleaning and help reversing Chronic Arthritis. This formula is best for people after 18 yrs of age. It is simply the best NATURAL formula that probes and clears vascular deposits of oxidized fat-atherosclerosis. Also burns off Visceral fat. Reverses fatty liver, reduces the high cholesterol level in blood and keeps the blood fat and blood pressure at low levels. Diseases such as coronary artery disease, peripheral occlusive artery disease, varicose vein, and phlebo-thrombosis can be reversed. It selectively enhances a fat burning process and keeps the body trim and light.

VASKO - INGREDIENTS

Supplement Facts

Serving Size : 2 Vegetarian Capsules (500 mg each)
Servings per container 60.

| Each Serving contains | | %DV |
|--|---------|-----|
| Emblica Officinalis, Terminalia Chebula, Terminalia Bellerika | 180 mg. | * |
| Zingiber Officinale, Piper Longum, Piper Nigrum | 180 mg. | * |
| Tinospora | 160 mg. | * |
| Commiphora Mukul | 180 mg. | * |
| Terminalia Arjuna | 100 mg. | * |
| Curcuma Longa | 50 mg. | * |
| Boerhaavia Diffusa | 50 mg. | * |
| Cyperus Rotundus | 50 mg. | * |
| Picrohiza Kurroa | 50 mg. | * |

* Daily value (DV) not established.

1) Emblica Officinalis, Terminalia Chebula and Terminalia Belerica

- This is a set of three medicinal dry fruits. Emblica officinalis often referred to as Indian gooseberry, is one of the richest known sources of vitamin C (720 mg/100g of fresh pulp or up to 900 mg/100g of pressed juice.)- it contains 30 times the amount found in oranges. This set of 3 dried herbs has almost all required antioxidants and micronutrients to dissolve fat deposits inside vascular and non vascular channels in the body. It protects the liver, stimulates its microsomal enzymes and fat burning. This also augments cellular metabolic activities inside cells and so keeps the body thin and skin soft.



2) Tinospora Cordifolia - This protects stomach layers and liver cells, stimulates bone marrow activity to produce fresh and healthy cell series. It enhances humoral and cell-mediated immunity. Fat lowering alkaloids detected in this herb. The long term use of this results in better functioning of the liver and hence longevity.

3) Commiphora Mukul - This is the dry latex of the tree, known for its anti-obesity, blood and body fat lowering effect- a 5000 year old wisdom. The lipids in it selectively burns fat. It raises basal metabolic

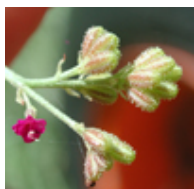


rate and diverts excess cholesterol for bile salt formation in the liver. Again clear off fat deposits at medium and small vessels also. It is anti-inflammatory and rejuvenative to multiple organs, especially joint cartilage and associated components. As the fat burns off, the body weight and size comes down drastically.



4) Terminalia Arjuna - This is bark of Arjuna tree. A strong anti-inflammatory and cardio tonic regulates heart rate low and regular. The ingredient will clear the microvascular channel of fatty deposits. Protects vascular endothelium and anti-platelet action (antithrombotic)

5) Curcuma Longa - A powerful anti-oxidant and antiseptic, Curcuma Longa is a yellow pigmented dried rhizome. Its anti-microbial and anti-inflammatory effects are well known for over 5000 years. It can prevent vascular blood clots. On skin it can dissolve sebum and regulate pigmentation (skin color complexion). It enhances immunity and helps keep body trim. This contains "curcumin" that is a powerful antioxidant for the brain. It prevents neuronal degeneration and hence the brain is protected from "Dementia", "Parkinsonism" and "Alzheimer's Disease".



6) Boerhavia Diffusa - The extract of its dried roots soothes the stomach. Famous for acid-dyspepsia. Protects liver and stomach. It can also burn body fat at liver by stimulating liver enzymes. It can bring down high blood pressure by relaxing the smooth muscles of arterioles and capillaries. Minerals and various phytonutrients are abundant in it, which can keep cardio-vascular system clean and healthy. Regeneration of vascular endothelium, other mucus membranes and skin is possible on long-term use. That is anti-aging or even moderate reversal of aging!

7) Cyperus Rotundus - Its an old wisdom, that can keep any type of microbes away. It augments immune system effectively to combat even viral infections. It reduces body and blood fat on long term use. Regulates bowel movements and intestinal microbial flora. Systemic blood pressure and heart rate are reduced to optimum as it soothes and calms the mind.





8) Nimba - Nimbidine is the active principle that is bitter in taste. It is famous for keeping the body trim and light. Burns off fat from blood and body; hence reduces blood thickness (viscosity). Triglycerides and cholesterol level lowered WBC count increased with enhanced phagocytosis. Ig G & Ig M immunoglobulins are increased. So opportunistic infection of even the skin is prevented.

9) Zingiber officinale, Pepper longum, Pepper nigrum - Increases digestibility and enhances bioavailability of the other herbs at cellular even sub-cellular level. Also acts as a natural and eco-friendly preservative to the formulation.



VASKO - TESTIMONIALS

Knee problem

My name is William Lynch and approximately seven months ago I fell at work and injured my right knee. After receiving an MRI and speaking with a doctor surgery was suggested. Being that I had never undergone any type of surgery previously, it was definitely something I don't want to hear. If I was to have surgery, I would be on bed rest for an undetermined amount of time. Time is not something that I want to be wasted on mandatory bed rest.

Recently, I've been trying to get a civil service job and I must pass a very difficult physical exam. This in turn, demands lots of cardio including a vast amount of running. With my knee being in such bad shape there is no way I could train to my best ability. Things didn't look good for me to pass.

Around early September a gentleman whose office is next to my job saw me limping around and wearing the required leg brace I was given. We got to talking, and **VASKO** a natural supplement was brought up. He told me it would help my knee and I could avoid the surgery. At the first I was extremely skeptical. He gave me information regarding **VASKO** including some testimonials from others who had taken the supplement. But now I'm one of those people.

Since taking **VASKO** on a regular basis, I didn't feel the need for surgery and haven't needed to even call my doctor. These days I find myself being able to weight train and even run stairs something I wouldn't have been able to do this soon if I had chose surgery.

VASKO has helped me in more ways than just my knee. My energy level has elevated. This allows me to do all the things I need in order to pass my physical exam. Also, I had a small varicose vein on the inside of my left leg, and since taking **VASKO** it's almost completely gone.

Another thing I like about **VASKO** is that it's completely natural. I know this first hand because on top of my physical exam I recently took a medical exam. My blood work came back normal and my cholesterol level was perfect. So, I can safely say as a

skeptical New Yorker, **VASKO** really did work for me. I continue to use **VASKO** and have since recommended it to both friends and family.

I will forever be thankful.

Sincerely

William Lynch
East Northport, NY

Varicose Vein & Cholesterol

It is surprising what a difference this small pill makes.

VASKO has reduced my total cholesterol; it has erased varicose veins in my legs to mere traces. My circulation is better, which results in greater mental clarity.

This is anecdotal evidence, but we think **VASKO** is amazing, and we suggest you introduce it to clinical trials so that you have solid scientific evidence that will support what we users all know to be true. Thanks for a great medicine with no side effects that promotes health on many levels.

Pat G - St Thomas,
Virgin Island

Hypertension, High Cholesterol & Clogged Peripheral Vascular Disease

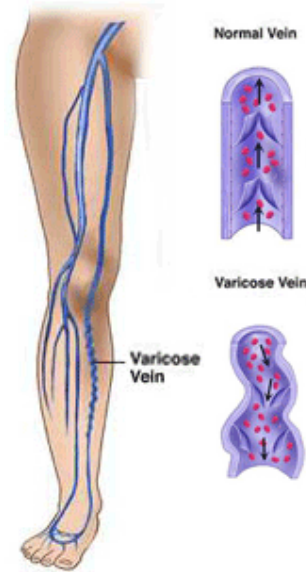
VASKO may be the finest herbal remedy in existence. After taking the recommended dosage for 16 days my energy level increased and the neuropathy in my feet eased greatly. The most remarkable thing that I experienced on **VASKO** is that it eased the symptoms of Diabetes in spite of my habitual weaknesses of continuing to smoke tobacco and unwisely eating sweet products. That says a whole lot for the power of **VASKO**. I might add that the **VASKO** website explains in detail every aspect of the highly effective herbs in **VASKO**.

Denis W,
Pennsylvania

Varicose Veins

I wanted to personally thank you for representing the product **VASKO**! It has worked a miracle in my life.

I have suffered with painful varicose veins in my legs for the last four years. In my search for relief, I have tried numerous herbal and vitamin recommendations. Each one promised either complete healing or substantial relief from heaviness and pain in my legs. Unfortunately, none of them helped my condition. Recently, I found out about **VASKO** while searching the internet. The web site explained in detail how the product worked. I was skeptical due to past promises and disappointments from other advertisements. Nevertheless, my level of pain motivated me to continue my search for an answer. So I ordered the product and again hoped that this time would be different. Indeed, this time was different! I began to feel significantly better after taking the product for about two weeks along with greatly increasing my water intake. It seems to support and strengthen the entire cardiovascular system.



I spell pain relief **VASKO**!

JV,
Indiana

High Blood Pressure / Weight loss

I have been taking **VASKO** for 6 months. I have lost almost 15 pounds without changing my diet and exercise regime and my blood pressure has lowered significantly. I urge anyone to try this wonderful formula.

Marta L
Kansas City, Missouri.



Varicose Vein, Blood pressure and Cholesterol

I have been taking **VASKO** for a little over a year and in that time I have lowered my blood pressure and cholesterol, which were high, as well as seen my varicose veins in both legs disappears. Ten months ago my doctor gave me samples of a prescription medication she wanted me to take to lower my cholesterol but after taking them for a month I didn't like the side effects so I stopped taking them and continued with the **VASKO** and have had good results with no bad side effects. I wouldn't still be taking **VASKO** if I didn't feel it was doing great things for me.

Roxanne
Tucson, Arizona.

Varicose Vein, Hypertension & High Cholesterol

I have never felt compelled to write to a company with a story of my use of their product before but I just want you and anyone who you share this with to know how your product really does help people. So many times products are hyped up and claimed to do this that or the other thing and after trying the product you find that it was all...Hype! Just Hyped up to get you to buy! **NO SO WITH VASKO, VASKO** really does what you claim it does for healthy blood and veins. Let me tell you my 2 part story of using **VASKO** and the surprise bonus I received:

My wife did a Google search on the internet for a NATURAL product that would help her varicose leg veins...in the results she found **VASKO**. After reading the info on the **VASKO** site she told me about it and said she had decided to place an order for **VASKO**. I suggested she get the 4 month supply so we could share it for 2 months since I also had a few varicose veins at my ankles. I thought this would give us enough time to see if it really does help varicose veins.

Meanwhile, 9 months earlier my MD suggested that I go on a drug called Lipitor because of high cholesterol reported in my blood analysis. I refused that course of treatment because of the reported side effects which were associated with the drug. My MD was insistent that I use



the drug but I was more insistent that I would not. He made me sign a treatment refusal form and I left his office. I did nothing to help or change my cholesterol except eat better for a few weeks and then fall back into my old habits. You see, I work in the service business and much of my work is in the fast food industry so I eat at the various national fast food chains several times a week. Super size me! (If you saw the movie) I guess at this point you should know that I am a 53 year old man with mildly high blood pressure and am roughly 75 pounds overweight. Being overweight, I am sure, has contributed to both my high blood pressure and cholesterol problem.

Back to the varicose veins: We took **VASKO** just as directed for 2 months and surprisingly we did see the varicose veins fading! I really couldn't believe it but it was true, the veins were really less visible and going away slowly but surely! This was truly amazing to me. I know that you offer a money back guarantee but to find a product that really does what is claimed of it...well, that's refreshing!

OK, now back to the doctor office: I had to go back to the doctor for a refill authorization on my blood pressure medicine. This was required every 3 months just to see if things had changed etc. On the previous visit they wanted to do blood work again just to check how the cholesterol was and all other levels since I am overweight but I put it off at that visit. This time, I hadn't had breakfast or anything to eat since dinner the night before so they took blood for analysis and said to call on Friday to hear the results. I almost didn't call back on Friday simply because I didn't want to hear the Lipitor recommendation and all the grief about my diet and being overweight that went with it but I really did want to know the results of my blood work so I did call back. To my surprise the doctor said "WOW this is pretty good!" I asked, what do you mean by that and he said "I mean that I am looking at your results and everything is at the normal level or better. Your cholesterol is absolutely normal in all areas, HDL, LDL and liver enzymes are normal, sugar OK, everything is just fine!" "You must really be eating healthy!" I replied, you just wouldn't believe it if I told you!

What a surprise to me! I expected a report just like the previous report or worse and instead got a glowing report. Now I want to point out here that my previous report was well above "normal" in the bad areas and now the report shows well within the "normal" levels in all areas. There were no miraculous reports of super elevated good cholesterol or super low bad cholesterol just everything "NORMALIZED by **VASKO**". I did not do any treatment, exercise or remedy or special diet to aid in these results except take **VASKO** as directed on the label. This was a total surprise to me because I was taking **VASKO** for varicose veins! This was a bonus! **VASKO** really does what is claimed...no hype!

VASKO is helping reduce our varicose veins and has lowered my cholesterol to normal levels and has done this with no side effects. Thanks many times over, this are a truly amazing product!

George .M
Douglasville, Georgia.

Varicose Vein

I am just finishing the 3 months of **VASKO** and just after the second month it became apparent that the varicose veins in my legs were diminishing greatly, I can wear shorts again! Even have more energy. I have reduced the amount of MSM that I was taking for joint pain because **VASKO** has also lessened those aches. I look forward to finishing out this year and hopefully be rid of the achy joints and having legs that don't look like road-maps. Your advice is correct, it takes at least close to the 3 months trial before one can see positive results. This is great stuff and I highly recommend other to at least give it a good try.

Barbara,
Kamiah, Idaho.

Arthritis

I am a 62 year old manager from Honolulu, HI. I have had trouble with my right knee on and off for 20 years. Without warning, it would get extremely sore with swelling for sometimes a few days, then weeks, then months as time would go by and then just as quickly and suddenly the pain would disappear for a year or two. My doctors would physically check out in the knee area and ask if this hurt or that hurt. Then they would X-ray it and say it was arthritis.

This last time the doctors said that the problem was severe arthritis with cartilage damage. I would need an MRI and then surgery to remove as much damaged cartilage as possible although they could not show me any damaged cartilage on the complete series of X-rays. They said there is nothing wrong with the tendons or ligaments. The knee hurt badly everywhere. I had to fly to the mainland and while I was walking around

on the plane we hit some bad weather. It felt like the knee was being pulled apart at the joint.

Since using **VASKO** the knee has been healing, walking is easier and the pain seems localized to just the inside edge. It hurts when I sit down for a while but feels better if I go for a short 5 minute walk. I believe the knee is probably on the mend although it may take some time before the healing is complete.

The doctor has noticed that my Cholesterol has gone from almost too high to low normal. I have a very slight glitch in my EKG which they cannot interpret where it looked bad before. Overall, the doctor says I am strong and in good shape and I don't look my age. I eat mostly vegetables, potatoes, some oatmeal, beef, fish and a little chicken. I avoid restaurant and fast food establishments because I get stomach problems and indigestion there but not at home.

Charlie,
Honolulu, Hawaii.

High Blood Pressure & High Cholesterol

I have been using **VASKO** for almost 3 months. My blood pressure is down, and my cholesterol has dropped 30 points. **VASKO** is truly an answer to my prayers. thank you Jesus, and thank you **VASKO**.

Sherri,
Sebastian, Florida.

Hypertension

I am a 45 year old male suffering from Hypertension since 1993. I am taking 3 medications for my Hi blood pressure, together they cost me \$110.00 per month. However since I have been taking **VASKO** about one month, my blood pressure is much better, I have lost 7 lbs and I feel a definite increase in my energy levels. I used to have some fluid retaining around my ankles and other places, all those symptoms seem to have dissipated and in some completely gone. I am hoping that within a 6 - 12 months I will be off all my prescription medications or significantly reduced my dosage.

I have told some of my friends about this product and they have tried it with similar

results. Best of all this **VASKO** is 100% all natural from the good mother earth.

Roy this product is truly a God send and thanks for all your help and encouragement.

Wayne . C. J,
Philadelphia, Pennsylvania.

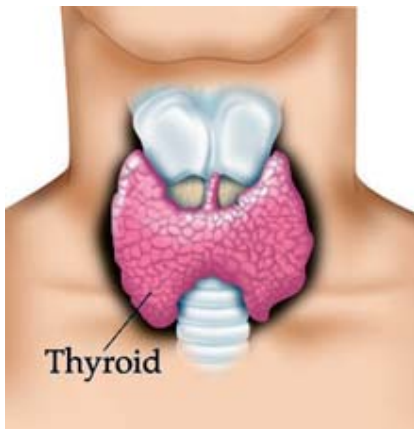
Varicose vein



My name is Kim and I am 39 and I have been taking **VASKO** for 30 days. It has been 20 years since I have been stricken with varicose veins in my left leg. If I stand on it too long it begins to swell. The marks have made me very self conscience about wearing certain clothing. Since I have been taking **VASKO** I can see a difference in the way it looks and feels. The marks have begun to lighten, and disappear, I do not have the pain in my leg anymore and I feel better than I have in so many years. It has made the quality of my life so much different, I also can see a change in my level of energy, I am able to walk and really enjoy my life. I recommend **VASKO** to anyone who wants to change there life for the better. I just wanted to say thanks to **VASKO**.

Kim. S,
Baltimore, Maryland.

Hypothyroidism



I am a 46 year old male from California. I have been using **VASKO**for the last 4 months. I have a history of hypothyroidism (Hashimotos disease), irregular heart rhythmus, atrial fibrillation etc.. The first few nights on **VASKO** I noticed that I had a strange sensation in my mid sternum almost like the mercury in a thermometer rising. The sensation lasted for only a minute or two and disappeared after a few nights. I also experienced feeling very tired for the first couple of weeks on **VASKO** but after that my energy level grew to a point

where I have not felt in years. After about 1 months time I noticed that my heart did not have any more irregular heart beats and my system seemed to normalize. In addition my feet and toes had a numbness to them every night and I could feel them either convulse, twitch or little electric jags shooting through my feet. When I started **VASKO** the twitching and electric jags increased for about a week or two then all at once the symptoms disappeared. Since then I have not had that sensation return. My medicine for hypothyroidism needed to be cut down, in fact I have had to cut it down so drastically that I take a fraction of what I used to take. This seems to fly in the face of western medicine but I cannot dispute the results of what I am experiencing.

I would suggest that anyone that is either hyperthyroid or hypothyroid to monitor yourself carefully. This is a very powerful formula and it works great for me and I would recommend it to anyone to try. I have given my permission for my testimonial to be used on this site, in addition I will be happy to answer any questions to anyone concerning my experience.

Greg Greenwood
Los Angeles, California.

Varicose vein

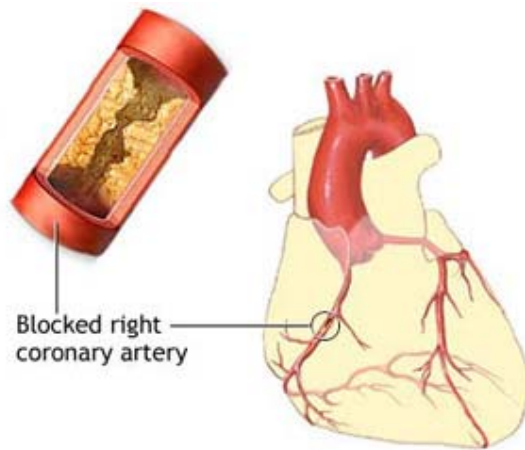


At first I didn't believe that **VASKO** would actually work. Well after 3 weeks my varicose veins have almost entirely disappeared. I have lost 10 pounds and my high blood pressure has improved. My cholesterol has dropped from 260 to 200!

I have no side effects with **VASKO** and I also sleep like a rock!

R.A. Muscarella
Buffalo, New York.

Clogged Heart

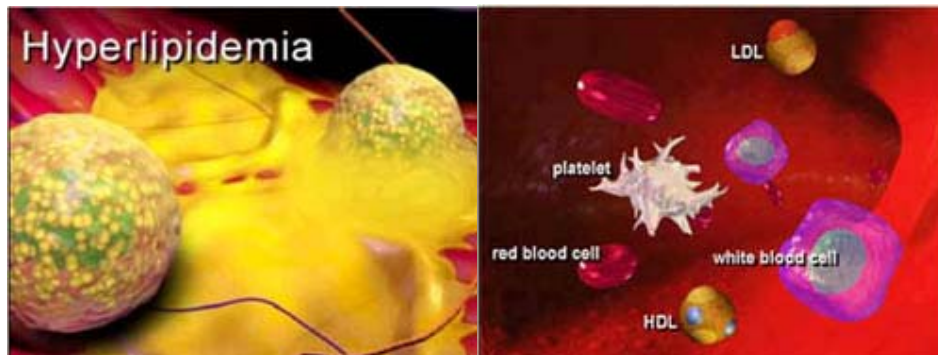


Like most e-consumers today, I was skeptical about the benefits of **VASKO**, but, since it has no side effects, I thought I would give it a try.

It has been a month and I have lost over an inch in my waist. In September, 1994, I had a heart attack from a clogged descending artery.

In November, 2003, I had a stint put in another small artery. On November 8, this year, I had a Dobutamine test that showed my heart to be functioning properly. I believe **VASKO** has contributed extensively to my improved health. By the way, I am 72 years of age and I work everyday. I have never promoted anything I didn't believe in.

W. Thomas
Arizona, Tucson.



Hypertension and Cholesterol

I have my testimonial for you. I am 43 years old male having Hypertension, Cholesterol, Diabetes Type 2, and been under medication for the last 3 years. After taking VASKO for only 20 days, I felt extra-ordinary energy spike, plus my pains in my legs and knees just vanished. I am simply astounded by the relief that I experience. Now my doctor has stopped one of my medications for Diabetes totally, and if this is the kind of improvement that I am going to have, I am sure over a period of time maybe my

prescription medicines will totally be stopped, which I am hoping. Thanks, Roy , I was skeptical initially, and now I am glad that I took this calculated risk.

SB

Dearborn , Michigan.

Obesity



I am Mari Ammal 56yrs old weighing 230 lbs. As I was over weight, I was suffering from knee pain and it was uncomfortable to move my body. I also had body swelling. My doctor recommended that I reduce my weight. I tried fasting and reduced my food quantity, also all fatty foods. In spite of all care in my intake my weight was static. Later I tried a few weight reducing medications, but even then my weight was not dropping.

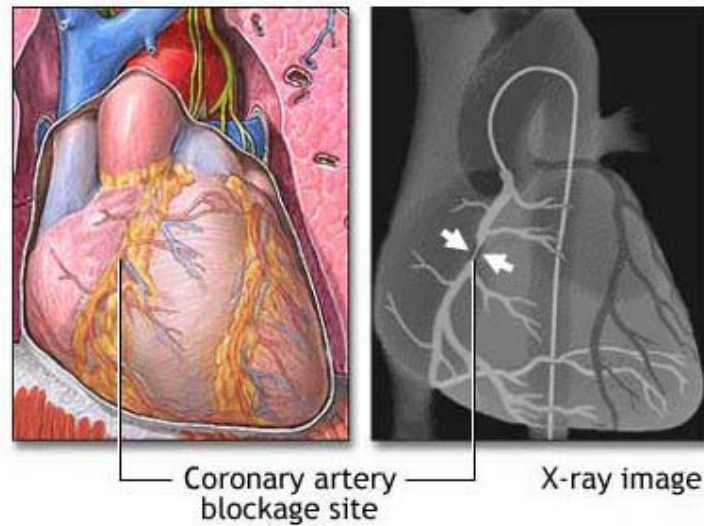
Few months later I found an Ayurvedic food supplement called **VASKO**.

I thought of giving it a trail and started **VASKO**. I took two **VASKO**, two times a day. I have not noticed any weight loss in the first month but my body swelling was reducing a lot. Therefore I continued **VASKO** for the next month. The second month I lost about 20 lbs and the third month I lost another 20 lbs. The same time the pain and swelling at my knee joints were disappearing. This was a miracle for me. After six months of taking **VASKO** I lost total 80 lbs. Now I feel very light and I could move my body anywhere I want. Now I am taking everything I like to eat. I still continue **VASKO** in a very small dose to maintain my weight. I am really thankful to **VASKO** and very happy to introduce **VASKO** to others.

Coronary Artery Diseases

My name is Karthikeyan, 80 yrs old. I was in Singapore since 1947. I am diabetic for more than 30 years. I was on pills and very recently on insulin controlled. Three years back on a regular check up my family doctor noticed a change in my electrocardiogram (ECG / EKG) and sent me to a cardiology centre. There it was found **Triple vessel**

disease of the heart. One vessel was 100% blocked. My left ventricle function was only 55% showed in the coronary angiogram.



I couldn't believe it as I had no symptoms. The doctor explained it was due to diabetic neuropathy (no pains). They recommended for an urgent bypass surgery but I couldn't agree to it. They prescribed medicines and made me sign the disagreement in my case sheet. I am originally an Indian and came back to my country immediately. I knew there are alternatives in India. I could collect many alternative therapies in India and selected one Ayurvedic therapy which many people suggested as many are there cured of heart disease. It was called "**VASKO** herbal supplement".

I decided to start it as majority of my friends and relatives were in high opinion of **VASKO**. After one month I noticed losing weight and the overall health improving like good bowel clearance sleep pattern etc. The high colored urine and stools initially I felt some impurities are discharged out from my body. It was true that I was discharging the impurities (metabolic) from my body, when I discussed with the doctor. The sensations of my limbs improved as my poor writing and signature showed it. I also felt more strength in my body as my walking become easier. After three months I went for a Doppler study of heart vessels (cartogram -a Swedish technology). The test showed wonderful positive changes in my heart. The circumflex branch of left coronary artery that was 100% blocked is having 45% blood flow at this test. The left ventricle myocardium was dead before but now it shows new blood vessel formation and is having minimal perfusion. Overall my heart is having better blood perfusion than expected at my age of 80 yrs. It was unbelievable initially but the doctor showed me in the findings on the computer screen. More than the test report, I could personally feel my physical improvements. Even now I am continuing to use **VASKO** because it saved me from a

bypass surgery at my age of 80 yrs. I recommended **VASKO** for many of my friends and relatives. I should say that right now I am undergoing rejuvenation. Thanks for **VASKO**!

Osteoarthritis

I am a clinical professor of Gynecology in the Medical College at Trivandrum, India. Three years back I was really upset to hear that my right knee had to be replaced. The orthopedics department of the same medical college hospital referred me to a higher institution (Vellore Christian medical college) for a second opinion. After arthroscopy it was reconfirmed for a **total knee joint replacement** as it was very bad with **advanced osteoarthritis**. I couldn't walk or bend my knee. It was swollen with fluids. I had severe pain on any movement. I remember the knee problem started after an injury from a fall. I was not able to perform my duties and was lied up at home. The replacement of my knee was planned to be done in United Kingdom. The pain killers had burned my stomach so I had to stop taking them.

To my luck I heard about **VASKO** at this time from a person whose wife was similarly healed fully. This was my final trial before I went to the UK for a knee replacement. I started trying the **VASKO** in the very same day.

I couldn't believe the fast and marvelous results it give me over a period of two weeks. After two weeks I could flex my knee more than 50% and the fluid effusion started decreasing everyday. After one and a half month I could attend my out patient clinic in the hospital. Finally over a period of 3 months 99% symptoms and signs disappeared. Today, even I get confused which of my knees was affected with osteoarthritis. Thanks to this wonderful Ayurvedic supplement **VASKO**. Now I have recommended **VASKO** for many of suffering people including my own patients.

Being a Medical Doctor myself and my colleague in the orthopedic department never could believe that a herbal formula can help avoiding a knee replacement. But today I am a living example in our medical college with a miraculous escape from knee replacement with **VASKO**.

VASKO - HEALING CRISIS

The healing crisis is a process in which the body undergoes an intense period of cleansing and rebuilding. It is called a "healing" crisis because the body is healing and becoming stronger. It is referred to as a "crisis" because the symptoms can be dramatic and rather unpleasant during the early time. Because the healing crisis is accompanied by unpleasant symptoms it is often mistaken as an increase in the sickness. Common symptoms include nausea, diarrhea, sinus congestion, muscle aches and pains, headache and fatigue. The crisis generally lasts only a few days. In reality, it is just the opposite. It is a process in which the body is overcoming ill health and becoming healthier and stronger.

1. The existing symptoms like joint pain, spasm and swelling of the joints may aggravate mildly on starting **VASKO**. Such symptoms are considered to be a positive sign of improving the problems. Some cases a slight joint pain may occur even you didn't have an existing joint pain. These symptoms will gradually disappear within a few days. It is advisable to take complete rest for a few days if this happens.
2. Similarly unexplained tiredness on the initial period is possible in selective cases. While taking **VASKO**, it releases lots of toxins from the cells into the system. This is also a part of healing crisis. **Take optimum water to enhance elimination of these released toxins from your body and take rest for few days.**
3. While taking **VASKO**, some people may experience breathing congestion or breathing incorrectly due to the release of toxins in the respiratory system. Reduce the dose of **VASKO** to one in the morning and one in the night for two week and increase the dose to 2 in the night for next week till respiratory congestion is over.
4. Optimum physical rest is always necessary while you're on **VASKO**. This will enhance regeneration and development of the new tissues for regaining original architecture of the damaged parts / either joint / cardiovascular system.
5. **VASKO** is a time tested herbal food supplement. There are no significant allergies or side effects noticed using **VASKO**. However, the ingredients in **VASKO** can affect Pituitary Gland, Pineal Gland and Thyroid Gland in your body. Therefore, people suffering from hypothyroidism or Hyperthyroidism or Atrial Fibrillation should take very small dosage. One pill in the night for two weeks one in the morning and one in the night for next two weeks before taking the full does)
6. Some cases you may not physically feel any of the above healing crises at all. But after few weeks of taking **VASKO**, you will notice a light feeling and less strain in

your eyes. **VASKO** will burn the fat and unblock even from the micro vascular system in your body that result in improved tissue blood perfusion. As the body fat is selectively burnt than the glucose fuel, more energy is released. (One gm. glucose release 4.5 calories whereas 1 gm fat give 9 calories)

7. In some cases an elevation of cholesterol and triglycerides in the blood work is possible up to 2 months. This is due to the release of cholesterol from the vascular deposits and the body fats mobilized for fuel burning. It is recommended to do the blood work after three months of **VASKO**.
8. The real result will be noticed after 4 to 6 weeks of using **VASKO** .



ABOUT VEINISH



VEINISH is an Ayurvedic preparation that has been used for more than 250 years and time tested by Chavarcod Ayurvedic physicians. **VEINISH** has been used for generations and by thousands of people. This natural herbal formula is made without any added chemicals or preservatives.

VEINISH is a holistic herbal formula that works at so many levels and helps many diseases at the same time by enhancing your own system.

Varicose veins of lower limbs are very common in older people, especially in women. In the modern medicine, there is no effective therapy available so far except stripping of the veins surgically and Sclerotherapy, Laser surgeries, Catheter-assisted procedures and Ambulatory phlebectomy etc.

The venous system of legs suffers gravitational pooling of blood and its antigravity strain on the vein walls. This can cause damage to its vessel wall and valves, resulting in tortuous varicose veins. **VEINISH** has the properties to help reverse the said venous changes. Venous thrombosis associated with inflammation of its intimal layer (thrombophlebitis) is reversible. Moreover pedal edema disappears once the venous insufficiency is corrected. Best results for varicose veins, it is recommended to take **VASKO** along with **VEINISH**.

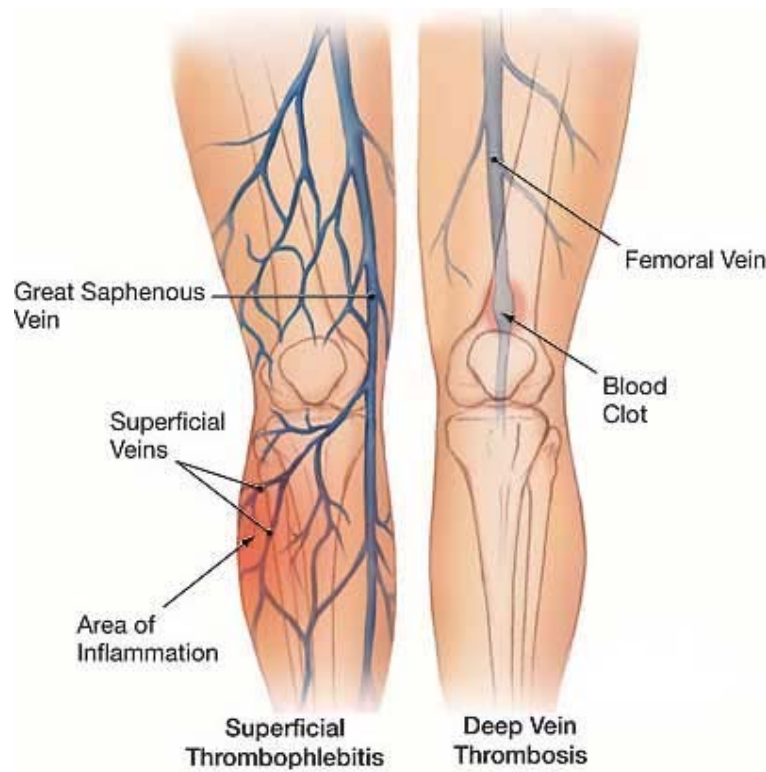
VEINISH sharpens memory and concentration. The neuronal activity is enhanced as **VEINISH** improves blood circulation in the brain. This helps reversal / prevention of neuronal dysfunctions like dementia, Parkinson's and Alzheimer's disease, Epilepsy etc.

VEINISH has positive skin effects. It augments blood perfusion in all layers. Immunoglobulin secretion is more and so infections are kept away. The pigmentation and elasticity of skin is regained to normal. Any ulceration of skin is easily healed with **VEINISH**.

VEINISH can reverse systemic high blood pressure as it relaxes the smooth muscles of arterioles and regains elasticity of the hardened vessels by laying new collagen to the walls.

VEINISH - TRADITIONAL INDICATIONS

1. Varicose Veins
2. Varicose ulcers
3. Spider Veins
4. Peripheral Vascular disorders (T.A.O or Burger's Disease)
5. Pedal Edema - Swelling of the feet and ankles caused by collection of fluid in the tissues.
6. Thrombophlebitis - (throm-bo-fluh-BI-tis), a small blood clot formed inside the lumen of a vein, causing a block in the venous flow and hence swelling down.
7. Systemic Hypertension (essential)
8. **Brain Diseases**
 - Dementia
 - Cerebrovascular insufficiency states
 - Alzheimer's disease
 - Parkinson's disease
 - Epilepsy
9. **Skin Diseases**
 - Eczema of lower limbs.
 - Scleroderma
 - Psoriasis
 - Vitiligo



How it works: -

While taking the food supplements **VEINISH** with **VASKO**, it helps Venous and arterial endothelial fatty deposits dissolved and the damaged valves in veins (failed to hold the blood leaking backwards) get repaired to regain the tensile strength. Fresh collagen fibers are laid down parallel to the old ones and new connective tissue is formed in the valves. The new endothelium grown will contribute the strength enough to have sufficient tensile strength to hold venous blood at compartments against the gravity. In arteries also repair of the endothelium after dissolving the fatty deposits is happening. The same way in lower limb arterial narrowing (Burger's Disease) that ends in gangrene is also reversible with help of **VEINISH** with **VASKO**.

VEINISH and **VASKO** is a non-invasive and safer way compared to the surgical stripping off the varicose vein treatment or modern treatment of intravenous lacer therapy.

VEINISH improves the blood perfusion to the brain as it regains the healthy endothelium of vessels to increase its nitric oxide output. This paves the way to increase neuronal metabolism and balanced neurotransmitter state. That helps reversal of brain degenerative diseases like dementia, Alzheimer's and Parkinson's diseases.

VEINISH helps to improve the skin health by stimulating new Glycosaminoglycans and collagen in the layers. And also stimulates immunity with augmented blood perfusion to the skin layers. Once venous flow improves, dependant eczema reverses. This effect helps reversing chronic eczema and scleroderma. Moreover, it helps for wound healing with good quality scar formation in the varicose ulcer and eczematous ulcers.

Side effects: - There are no known side effects.

Recommendations: We recommend taking **VEINISH** alone with **VASKO** for best result.

VEINISH - DOSAGE and DIRECTIONS



1 Capsule every 12 hours at empty stomach with lukewarm water alone with **VASKO**. Take food after 45 minutes for best result.

VEINISH works with our herbal supplement **VASKO** for better result. We recommend **VEINISH** should be taken alone with **VASKO**.

Take optimum water to enhance elimination of released metabolic toxins from the body.

Please read Healing Crisis for more information.

VEINISH - INGREDIENTS

Supplement Facts

Serving Size: 1 Capsule (500 mg each)

Servings per container: 60

| Each Serving contains | | %DV |
|-----------------------|---------|-----|
| Centella Asiatica | 200 mg. | * |
| Sida Cardifolia | 100 mg. | * |
| Embllica Officinalis | 100 mg. | * |
| Hemidesmus Indicus | 50 mg. | * |
| Curcuma Longa | 50 mg. | * |

* Daily value (DV) not established.

1) Centella Asiatica also known as centella and Indian Pennywort, is a creeping vine found growing in tropical and subtropical climates. It has been used for thousands of years in Ayurvedic medicine to improve memory and maintain a healthy central nervous system, and recent clinical studies support this tradition. When blood vessels lose their elasticity, blood pools in the legs and fluid leaks out of the blood vessels, causing the legs to swell (venous insufficiency). In a study of 94 people with venous insufficiency, those who took centella reported a significant improvement in symptoms compared to those who took placebo. In another study of people with varicose veins, ultrasound examination revealed improvements in the vascular tone of those who took this herb.



Centella protects the blood vessels that supply oxygen to the brain, which helps increase the brain's oxygen supply. Clinical studies have shown that this improves concentration; in one study students test scores improved after taking centella. This plant has also been shown to have a calming effect on individuals prone to anxiety, and may also be useful in individuals suffering from depression.

Studies suggest that centella can be an effective treatment for other skin disorders as well. In one study, participants suffering from scleroderma (a condition that causes tissues to harden) reported that taking 20 milligrams of centella asiatica extract three times a week made their joints and skin more flexible.

Glycosaminoglycans are also needed to strengthen the connective tissue that surrounds the veins of the legs, and numerous studies have shown that this herb is an effective treatment for leg pain and swelling in people that suffer from varicose veins and chronic venous insufficiency (CVI). Additionally, studies have shown that centalla lowers blood pressure, which may be helpful to both people with CVI and people struggling with high blood pressure.

2) Sida Cordifolia is known for its therapeutic effects in regulating the autonomic nervous discharge and positive effects in the hypothalamo - pituitary axis. Phytositosterols and Bioflavonoids in the Sida Cordifolia help to increase the anti-oxidant levels and improve the immune system. Also the vasodilation in arterioles can reduce the arterial blood pressure.



3) **Emblica Officinalis** is known for its abundant vitamin C that is held to withstand even at high degrees temperatures. The role of vitamin c in the collagen formation is inevitable. The abundant tannins in this fruit protect the stomach and liver. The micronutrients like zinc, chromium, ferrous iron, and phosphorus are essential for vibrant health.



4) **Hemidesmus Indicus** roots contain essential oils, coumarin, glycosides, tannins and resins. The phytosterols gives skin a cooling effect and immunocompetence. It is soothing to brain and gives relaxing effect. Blood pressure lowering is an added effect.

5) **Curcuma Longa** - The yellow pigment in the rhizome has abundant anti-oxidants and bio-flavones. It is anti-cancer and is important in the brain neuronal metabolism. It can help the liver in detoxification. Curcumin is the major ingredient.



VEINISH - TESTIMONIALS

VARICOSE VAIN AND HIGH BLOOD PRESSURE

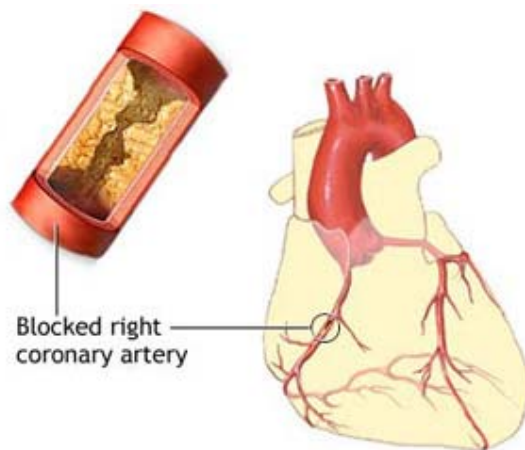
I am 42 years old female, was suffering from high blood pressure with varicose veins both legs. I was on medication for high blood pressure with my G.P. and was controlled. But for the varicose veins there were no relief despite of my doctor's medicines. He advised surgery for it that I was prolonging with it. One of my relatives advised to try with **VASKO** and **VEINISH** that was available in the internet. I ordered online for 3 months supply and started taking the herbal supplements. Three weeks later I have noticed my varicose veins were



started subsiding which was unbelievable. After 2 months I have done my blood work and my doctor asked me why my high blood pressure is reduced to the normal? I told him about **VASKO** but he never commented. The second month on I could use the morning footwear in the evening also as the swelling in the foot was reduced. My doctor recommended me to stop the high blood pressure medication after three months. Now I can walk and stand for long time. Thanks to the company for the wonderful herbal products. I am still taking **VASKO** and **VEINISH** because I don't want to take any more chemical medicine or surgery.

Susanna

BLOCKED ARTERY



I was diagnosis with Coronary artery blockage. Blood cholesterol, triglycerides were high. I had problem walking for a long. I was advised bypass surgery after angiogram. The same time I was looking for an alternative to the bypass. However, my friend who used a herbal supplement introduced me **VASKO** and strongly recommended me to try it out. In the internet I saw the website and placed an order. In the website I saw another

product called **VEINISH** that helps opening the blocked artery. I had an email consultation with the herbalist at the website and he recommended me to take **VEINISH** alone with **VASKO** for three months.

Within 3 weeks of taking both the supplements I could notice lots of changes in my total health. I had strength to walk much better and could even get on to few stairs without symptoms. I was getting better day by day. I placed another 3 months order after the first three months.

Since after the first 3 months, I never experienced any discomfort, chest pain or breathing difficulty. After 6 months time I went to my doctor for a checkup. My doctor was really astonished to see my improvements. The results of my blood work were 90%

normal. The bad cholesterol came down, good went up. Triglycerides were normal.

My doctor wants to do an angiogram but I requested him to hold for another 3 months. Still I am continuing **VASKO** and **VEINISH** and looking forward for an angiogram after 2 months.

The herbs you supplied are worth the money I paid. I am really grateful to the company. Thank god!

VARICOSE VEIN



I am 43 yrs old female with large varicose veins of right leg and smaller in the left leg. My doctor suggested for laser surgery for varicose veins. I had spider veins in my left leg too.

My officemate told that her neighbor totally cured of her varicose veins without surgery using a herbal formula brought online. Next day she gave me the website address and in the office itself we could see it. I

contacted the company and they advised me to take **VEINISH** and **VASKO** for six months. Initially I was a bit skeptical and wanted to see the result before I order for several months supply at first. I have ordered both the herbal supplement for one month.

After 2 weeks it knocked my socks off. The tortuous veins I had started disappearing. I just can't believe it. I placed my second order for 3 months. I had very little marks left by end of the next 3 months time. However, the spider veins took more time to vanish.

I am still taking **VENISH** and **VASKO** as the company herbalist advised me to continue for another 3 months.

These herbs are really marvelous! I have recommended the same to many of my friends and relatives about the company that has many other miraculous supplements.

VEINISH - HEALING CRISIS

The healing crisis is a process in which the body undergoes an intense period of cleansing and rebuilding. It is called a "healing" crisis because the body is healing and becoming stronger. It is referred to as a "crisis" because the symptoms can be dramatic and rather unpleasant during this time. Because the healing crisis is accompanied by unpleasant symptoms it is often mistaken as a sickness. Common symptoms include nausea, diarrhea, sinus congestion, muscle aches and pains, headache and fatigue. The crisis generally lasts only a day or two. In reality, it is just the opposite. It is a process in which the body is overcoming ill health and becoming healthier and stronger.

Side effects: - There are no known side effects.



ABOUT NURAX



NURAX is 100% natural herbal. Dry extracts encapsulated for convenience. Daily two doses can help stop stress related injury to the body and mind. Stress causes increased sweating, heart and respiratory rate, sleep disorders, sustained high blood pressure that kills target organs like heart, vessels of brain, retina, kidney etc. Premature death with early advanced aging process is the result.

This remedy can protect from these effects and also keep the mind-body harmony at its zenith with elevated threshold level for stress. Moreover, this ensures a cool calm relaxed personality with sound sleep, and good bowel habits. Memory and attention span is satisfactory. General immunity and intelligence go better. Delays fatigue at work. A state of disease free happy long life!

Busy schedules, deadlines, bills to pay, job changes, endless chores and errands, relationships, family problems, kids are bugging you, your job is demanding and the housework never ends. Tired, irritable and unable to sleep at night, you look out for the relief. This is stress.

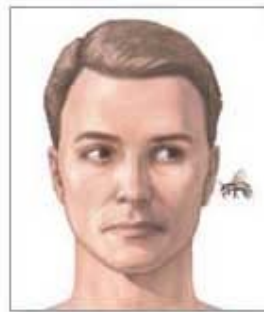
Stress starts when your body is confronted with more than it can handle be it physical, emotional or mental. At first, your body prepares by increasing adrenalin production. You know the signs: pounding heart, heavy breathing, sweating and tense muscles. However, when stress persists, physical preparation turns into physical deterioration.

Emotional reactions include irritability, anger, losing one's temper, yelling, lack of concentration, being jumpy, etc. When left unchecked, stress can lead to a variety of health problems including insomnia, ulcers, back pain, colitis, high blood pressure, heart disease, and a lowering of the body's immune system.

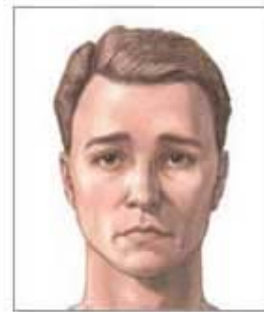
Stress can damage target organs like heart, vessels at brain, retina, kidney etc. Premature death preceded by advanced aging process will be the end result.

NURAX - TRADITIONAL INDICATIONS::...

1. Stress and strains of life.



Stress is caused by an existing stress-causing factor or "stressor"



Anxiety is stress that continues after the stressor is gone

2. Insomnia (Sleep disorder)
3. Asthenia and debilitation
4. Convalescence period after sickness to boost general health.
5. Immunodeficiency states.
6. Delayed wound healing
7. Auto-immune disorders; e.g.: Rheumatoid arthritis, SLE, Scleroderma etc.
8. Degenerative diseases (cancer, osteoarthritis, diabetes mellitus).
9. Irregular menstruation.
10. Sex enhancer for male and female



Normal and Arthritic Joints



How it works:

Hormones are the messengers of life. They are coordinating various physiological activities in the human body. Hypothalamus, pituitary and its target organs constitutes the hormone axis. **NURAX** helps to regulate the deviations to regain the normal state. This paves the way for compensatory strategy to prepare the body to meet any stress positively.

Adequate Antioxidant production (primary), body repair system, good sleep and appetite are the result. Metabolic rate is also augmented to release more energy. **NURAX** helps prepares the body for proper alert, fight and freight. The immune system is at its zenith also.

NURAX - DOSAGE and DIRECTIONS



People after 18 yrs old should take one (1) capsule 2 times daily (every 12 hours) on an empty stomach with lukewarm water.

For best results, no food should be taken 60 minutes before or after taking NURAX.

Take optimum water to enhance elimination of released toxins from the body.

Please read Healing Crisis for more information.

NURAX - INGREDIENTS

| Supplement Facts | | |
|--|--------|-----|
| Serving Size: 1 Capsule (500 mg) | | |
| Servings per container: 60 | | |
| Each Serving contains | | %DV |
| Withania somnifera (Ashwagandha) | 200 mg | * |
| Celastrus paniculatus (Jyotishmati) | 40 mg | * |
| Centella asiatica (Brahmi) | 40 mg | * |
| Evolvulus alsinoides (Shankhpushpi) | 40 mg | * |
| Pueraria Tuberosa | 40 mg | * |
| Mucuna Pruriens | 40 mg | * |
| Asparagus Racemosus | 40 mg | * |
| Trikadu - Zingiber Officinale, Piper Logum, Piper Nigrum | 60 mg | * |
| * Daily value (DV) not established. | | |

1) Withania Somnifera - This is the major ingredient in the formula- an adaptogen known for 5000 years in Ayurvedic medical wisdom. It has effect in almost all systems through the hypothalamic-pituitary axis. Keeps the mind and body in good harmony. Attains good concentration and delays fatigue. Immune apparatus is stimulated. It is anti-cancerous, anti-arthritic and a nerve tonic. Increases natural antioxidants in the blood and so prevents degenerative changes and provides rejuvenation. Good sleep and a state of well being results.



2) Celastrus Paniculatus - Known for its memory sharpening and intellectual uplift properties. Anti-stress and improves motor learning process. In children with mental deficiency, this gives amazing results of improvement.

3) Centella Asiatica - Number one nerve and brain tonic in Ayurveda. Improves general mental ability in children, as well as physical and mental growth. Asiaticosides are its one major Phytochemicals that improves wound healing property. Gives good sleep and bowel habits. It is immune boosting. Regeneration of damaged organs made possible. Almost all essential amino acids and micronutrients present. It delays fatigue even in the old age. Delays aging process also. Excellent in Semile Dementia.



4) Evolvulus Alsinooides - A wonderful rejuvenative plant. It provides anti-anxiety effect. It is a neurotonic and anti-epileptic. Improves motor learning process and memory retaining capacity. Ensures undisturbed sleep and raised body resistance to microbial infections.

5) Pueraria Tuberosa - A bulky tuber, its starch contain rejuvenating and immunoenhancing ingredients. It brings re-building muscle protein and bone matrix even in old age. Antiosteoporotic, in man it is libido raising and anti- cancerous.



6) Mucuna Pruriens - Kernal of seeds with phyto chemicals that stimulates brain neurotransmitters in proper balance. This enhances anti-stress and anti-dementia effect. Useful in Parkinson's disease and epilepsy also. Raises libido, anabolic and restorative. Stimulates protein synthesis in wasted muscles, tendons, ligaments and bone tissue.

7) Asparagus Racemosus - Fleshy tubers of the divine plant is known for its rejuvenative effect in old age, especially in women. It is cooling and restorative. Abundant anti-oxidants, micronutrients like zinc, chromium, and iron makes it a food supplement also. This is most natural source of glutathione booster in the human body cells. Phytosterols are useful in male and female old age as it serves appropriate precursor sex hormones. This relieves benign prostate enlargement and menopausal syndrome respectively. Immunoglobulins are elevated and total immunity is attained at the zenith.



8) Three herbals as a set - Dry Ginger, Pepper Longum and Pepper Nigrum. Increases digestibility. Moreover it enhances the bioavailability of the above compounds at cellular even sub-cellular level. Also acts as a natural and eco-friendly preservative to the formulation.

NURAX - TESTIMONIALS

Rheumatoid arthritis

I am a female at 48 years old. 9 years back my GP has diagnosed me with Rheumatoid arthritis. I was a nurse in hospital but could not continue duty because of my disabilities.

My small joints of both upper and lower limbs are swollen and disfigured with pain. I was suffering from pain at the night time too. My appetite and hemoglobin were low. Doctor told it is a part of Rheumatoid arthritis. My muscle wasting was also progressing as I was not using it much. I was almost bedridden and could walk only with support. My blood work was positive to Rheumatoid arthritis in spite of medication. I have almost given up hopes.

I should say my luck has turned when one of my close friends informed me about **NURAX** and **VASKO** . Her relative was suffering from Rheumatoid arthritis and were using the same. With the help of my husband I visited your website. He was not encouraged seeing the details because it was too good to be truth.

However we decided to try our **NURAX** and **VASKO** as we didn't had other options. I started taking **NURAX** and **VASKO** from the next week. I didn't find and significant results in the first 45 days. I contacted the company herbalist and he advised me to continue the same for few more months. After 2 months I started noticing changes. At first I could not confirm it because of **NURAX** and **VASKO** . But thereafter my improvement was much faster. My pain was relieved in a great extend, the sleep was getting better, my appetite increased and bowel habits improved. Even my gastric tolerance to the chemical drugs became better.

We were really encouraged with my improvements and slowly reduced my prescription drugs. By the end of fifth month of **NURAX** and **VASKO** I had only minimal pains and swellings. I went for my next blood work and G.P was amazed seeing the improved results. G.P. was happy to see my changes as I had told him these herbal therapy.

Today after six months I am on the top of the world. Still continuing **NURAX** and **VASKO** regularly. I will be back to my work after few more months of rest. I don't have words to thank you for the help. I recommend **NURAX** and **VASKO** for any one who is suffering from Rheumatoid arthritis.

Stress

Since last 5 years I am on hypertensive medication. Now I am 45 yrs old. I am a CPA working in a manufacturing company and my job satisfaction was very low. I have lots of stress from my superiors and associates. Sleep with nightmares was usual.

My doctor increased the dosage of prescription medicine TENORETIC. Fatigue and body pains were in the incremental phase. Other blood parameters were normal.

I was diagnosed as in "state of stress". I happened to hear about an anti-stress herbal formula from one of my friends. My friend told me that he is getting better sleep after 4-5 days of taking **NURAX** . I finally ordered **NURAX** to try it out myself.

It took only 10 days for me to notice some changes in my sleep pattern. I had more chances of concentrating my work. I started feeling my stress level going lesser everyday. The body pains and fatigueness were also totally disappeared after a month.

NURAX changed my outlook. I am more than happy to recommend **NURAX** to any one who is suffering from stress related disorders.

Poor erectile function

I am 59 yrs male with poor erectile function for last 2 to 3 yrs. I didn't have high blood pressure or diabetes. I was not a smoker too. I was practicing an unhealthy lifestyle in food habits. That was the only explainable reason could be put forward.

Somehow I happened to see your website and saw the details of **NURAX**. I have ordered 3 month course of supplements **NURAX** and **VASKO**. I didn't find any significant result in the first month but the second month I could feel the changes.

This is my 5 th month taking **NURAX** and **VASKO** . I am more than happy to say that I got the desired benefit taking your supplements. Thanks you for the help.

NURAX - HEALING CRISIS

The healing crisis is a process in which the body undergoes an intense period of cleansing and rebuilding. It is called a "healing" crisis because the body is healing and becoming stronger. It is referred to as a "crisis" because the symptoms can be dramatic and rather unpleasant during this time. Because the healing crisis is accompanied by unpleasant symptoms it is often mistaken as a sickness. Common symptoms include nausea, diarrhea, sinus congestion, muscle aches and pains, headache and fatigue. The crisis generally lasts only a day or two. In reality, it is just the opposite. It is a process in which the body is overcoming ill health and becoming healthier and stronger.

NURAX is a time tested herbal food supplement. There are no significant allergies or side effects noticed using **NURAX**. However, the ingredients in **NURAX** stimulate Hypothalamus Gland, Pituitary Gland, Pineal Gland, Thyroid Gland, Testes / Ovary and Adrenal glands in your body. Therefore, people suffering from hypothyroidism or Hyperthyroidism or prone Atrial Fibrillation should take very small dosage. (One capsule in the night for two week and further one in the morning and one in the night)

Side effects: No side effects are noticed.



ABOUT HEPATITONE



This Herbal supplement contains five herbs designed to help exclusively for liver diseases. Man has only one liver unlike pair of kidneys and lungs. Liver has the unique significance as the seat of metabolism and detoxification. All food, beverages and medications go to liver first after absorbed from stomach. A healthy liver function is mandatory behind a healthy wellness state.

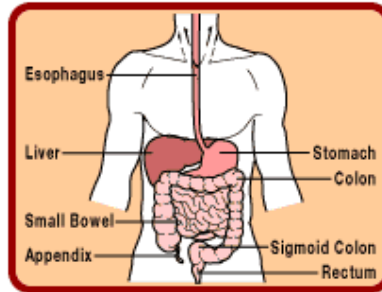
HEPATITONE - TRADITIONAL INDICATIONS

1. **Viral Hepatitis (Jaundice)**
2. **Alcoholic Hepatitis**
3. **Fatty liver**
4. **Early cirrhosis of liver**

The Liver

The liver is the largest organ in the body. It is found high in the right upper abdomen, behind the ribs. It is a very complex organ and has many functions. They include:

- Storing energy in the form of sugar (glucose)
- Storing vitamins, iron, and other minerals
- Making proteins, including blood clotting factors, to keep the body healthy and help it grow
- Processing worn out red blood cells
- Making bile which is needed for food digestion
- Metabolizing or breaking down many medications and alcohol
- Killing germs that enter the body through the intestine



The liver shoulders a heavy workload for the body and almost never complains. It even has a remarkable power to regenerate itself. Still it should not be taken for granted. Certain conditions that develop, such as fatty liver and steatohepatitis, may be signs of liver injury that can lead to permanent liver damage.

Viral Hepatitis (Jaundice)

The term viral hepatitis is usually used to describe infections caused by agents whose primary tissue tropism is the liver. To date, at least five hepatitis viruses have been recognized, and these have been named:-Hepatitis A, B, C, D and E. Acute hepatitis may also occur as part of the clinical course of a number of viral infections, including human cytomegalovirus, Epstein-Barr virus, herpes simplex virus, yellow fever virus and rubella.

The majority of infections are totally asymptomatic, but common clinical features include: anorexia, nausea, vomiting, right upper quadrant pain and raised liver enzymes AST and ALT. Jaundice is the hall mark of infection, but tends to develop late.

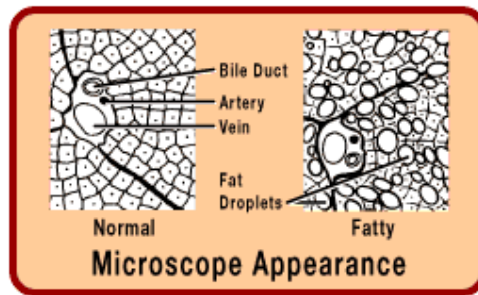
Hepatitis virus A and E are infected through oral route (food and drinks) and B, C, D are through parenteral route - e.g. injections, blood transfusion, sexual, tattooing, acupuncture. Hepatitis B is the only DNA genome virus particle and all others are RNA only. Hepatitis B is dangerous as it can lead to cancer of liver (hepatocellular carcinoma). Epidemic or endemic type of jaundice is caused by either A or E. One hepatitis G has been reported from the blood of a surgeon but not widely reported.

In enteric types, the viral particles multiply in the intestines and later reach liver where it enters hepatocytes and produce inflammation causing liver to swell. Mild fever could be there initially with body pain. Later develops jaundice. In parenteral types, viral particles reach blood and produce viremia with symptoms. Further enters hepatocytes to produce jaundice and later it leads to severe liver damage and even liver failure and death. Carrier state is there who are prone to spread the infection through parenteral route.

Various vaccines are developed now to prevent this dreadful disease. Serum vaccines and recombinant DNA technology (yeast) HBsAg vaccines.

Fatty Liver

Fatty liver is just what its name suggests: the build-up of fat in the liver cells. Although this is not a normal condition, fat in the liver usually causes no damage by itself. However, on some occasions it can be a sign that other more harmful conditions are progressing. Fatty liver may be associated with or may lead to inflammation of the liver.



Cause It would seem logical that eating fatty foods would cause a fatty liver, but this is not the case. The liver does play an important role in the metabolism or breakdown of fats. Something goes wrong in this process of metabolism, but it is still not known what causes fat to build-up in the liver. It is known that fat accumulates in the liver with a number of conditions. The most common is obesity. Fatty liver is also associated with diabetes mellitus, high blood triglycerides, and the heavy use of alcohol. It may occur with certain illnesses such as tuberculosis and malnutrition, intestinal bypass surgery for obesity, excess vitamin A in the body, or the use of certain drugs such as valproic acid and corticosteroids. Sometimes fatty liver occurs as a complication of pregnancy.

Symptoms and Diagnosis There are usually no symptoms that are noticeable to the patient. In fact, fatty liver is frequently uncovered during a routine physical examination. There may be a rise in certain liver enzymes found in the blood, and sometimes the liver is slightly enlarged. Fatty liver may also be discovered while the physician is evaluating a patient for other illnesses. For example, an ultrasound scan of the abdomen done for other reasons may show fat in the liver. To be certain of a diagnosis of fatty liver, the physician may recommend a liver biopsy. Under local anesthesia, a slender needle is inserted through the right lower chest. A small piece of liver tissue is taken out with the needle and examined under a microscope.

Cirrhosis of liver

When the scar tissue as a result of inflammation (hepatitis) in liver replaces normal and healthy tissue, blocking the flow of blood through this organ and preventing it from working as it should, is called Cirrhosis of liver. Cirrhosis is most commonly caused by alcoholism and hepatitis C, and was the 12th leading cause of death in the United States in 2000, killing about 26,000 people each year. Alcoholic Cirrhosis is the leading common type leading to fatal liver failure.

Causes Cirrhosis has many causes. In the United States, chronic alcoholism and hepatitis C are the most common ones.

Symptoms Many people with cirrhosis have no symptoms in the early stages of the disease. However, as scar tissue replaces healthy cells, liver function starts to fail and a person may experience the following symptoms: exhaustion, fatigue, loss of appetite, nausea, weakness, weight loss, abdominal pain, spider-like blood vessels (spider angiomas) that develop on the skin. As the disease progresses, complications may develop. In some people, these may be the first signs of the disease.

Complications of Cirrhosis Loss of liver function affects the body in many ways. Following are the common problems, or complications, caused by cirrhosis. Edema and ascites, Bruising and bleeding, Jaundice, Itching, Gallstones, Toxins in the blood or brain, Portal hypertension, Varices, Insulin resistance and type 2 diabetes, Liver cancer and Problems in other organs.

HEPATITONE - DOSAGE and DIRECTIONS



For Adults 18 yrs or older, take two (2) Capsules two times daily (every 12 hours) on empty stomach with lukewarm water.

For best results, no food should be taken 30 minutes before or after taking **Hepatitone**.

Take optimum water to enhance elimination of released toxins from the body.

HEPATITONE - INGREDIENTS

Supplement Facts

Serving Size: 2 Capsules (500 mg each)

Servings per container: 60

| Each Serving contains | | %DV |
|-------------------------|---------|-----|
| Andrographis Paniculata | 400 mg. | * |
| Tinospora Cordifolia | 200 mg. | * |
| Phyllanthus Emblica | 200 mg. | * |
| Curcuma Longa | 200 mg. | * |

* Daily value (DV) not established.

1) Andrographis Paniculata :- An ancient medicinal herb extensively used in ayurvedic medical system. This plant total extract has yielded number of pharmacologically important molecules - Andrographolides A, B, C and D. It has a bitter principle, chlorophyll, sodium and potassium salts.



Andrographis paniculata has been scientifically proved for antibacterial and anti-viral properties (anti-typhoid and anti-influenza). Hepatitis virus A, B, C, D and E can be attenuated with this herb. In infective hepatitis (Jaundice), Andrographis Paniculata along with other ingredients in HEPATITONE synergizes the effect. Andrographis Paniculata augments the bile secretion (bile salts and bile pigments) that enables fat emulsification and better digestion.

Another major therapeutic effect includes anti-diabetic, Immunomodulatory and gall bladder functions by bile production. Though insulin is produced in pancreas, the real insulin effect is at the liver. Liver takes up around 50% of insulin for a normal blood sugar maintenance. In type-2 diabetes Andrographis Paniculata has therapeutic value by improving the insulin sensitization and maintaining the liver enzymes.

2) Tinospora Cordifolia :- This creeping important ayurvedic herb is very often known as a liver tonic. The stem is used for formulating HEPATITONE. It is bitter in taste. Tinosporin and berberin are two isolated active principles. Tinosporin is an immunomodulatory agent. It increases the white cell count in pathological states to increase the



phagocytosis of the foreign material. This leads to the destruction of microbes in infections. Liver enzymes are positively influenced. It has anti-diabetic (hypoglycemic) actions. *Tinospora cardifolia* helps to reverse the fatty degeneration of liver. Anti-oxidant, anti-pyretic and anti-inflammatory functions of *Tinospora cardifolia* is well studied scientifically and documented.

3) Phyllanthus Emblica :- Often referred to as Indian gooseberry, is one of the richest known sources of vitamin C (720 mg/100g of fresh pulp or up to 900 mg/100g of pressed juice.)– It contains 30 times the amount found in oranges. The vitamin C in *Phyllanthus Emblica* is bound naturally to protect against destruction by heating, unlike in other fruits. The high content of tannins makes it a first class anti-oxidant. Ellagic acid content in *Phyllanthus Emblica* is very high and so even DNA is well protected from mutation by the free radical oxidation. Stomach mucosa and liver tissue cells are protected from toxins like carbon tetrachloride. This helps regeneration of liver cells.



4) Curcuma Longa :- The Curcumin content of this rhizome is well studied and documented. It is an ancient ayurvedic herb known for its anti-toxic effects. Resins and alkaloids in *Curcuma Longa* are isolated and its actions are recorded. Liver cells are protected from toxins. *Curcuma Longa* helps regeneration of hepatocytes with good liver function in cirrhotic and fatty livers. Curcumin is also a well known antioxidant and anti-inflammatory. This is a natural tonic to human brain as it protects neurons from free radical oxidation; hence it can prevent Parkinson and dementia states.



Longa are isolated and its actions are recorded. Liver cells are protected from toxins. *Curcuma Longa* helps regeneration of hepatocytes with good liver function in cirrhotic and fatty livers. Curcumin is also a well known antioxidant and anti-inflammatory. This is a natural tonic to human brain as it protects neurons from free radical oxidation; hence it can prevent Parkinson and dementia states.

HEPATITONE - HEALING CRISIS

No healing crisis.

Side Effects: No known side effects noticed



ABOUT RESPROMA



Bronchial Asthma is an inflammatory allergic reaction of the respiratory tract to specific antigens in the air breathes. The bronchial tree smooth muscles go into contraction and the tubes reduced in diameter. This causes wheezing (high pitched sound). Allergens can be physical factors, chemical or biological (microbes usually fungi) contents. The antigen antibody reaction releases various byproducts that cause the swelling of bronchial lining inside and spasm of its smooth muscles together reduces very much the diameter. This is asthma.

Initially upper respiratory tract shows symptoms like sneezing, watering in eyes, running nose or throat irritation as foreign body sensation. This can be complicated by sinusitis or ear infection.

Later recurrent throat infections with sinusitis continue. Then lower respiratory tract shows symptoms of asthma. This can be complicated by bronchitis, pneumonia, emphysema or even heart involvement.

Ingredients in **RESPROMA** helps to improve the antioxidant level on the respiratory epithelium especially the glutathione. Further immunomodulation for the specific antigen results in almost no reaction in the tract. These two can create a state of "no allergy". The mucus secretion of the glands in the epithelium is also brought back to normal as no stimulation for the same. Hence one becomes not asthmatic.



What is a respiratory allergy?

A respiratory allergy is a specific immunologic response to a normally harmless allergen. These allergies often affect the respiratory system of an individual.



What are some airborne allergens?

Some common allergens that can cause respiratory allergies:

- Pollen
- Dust particles
- Mold spores
- Latex rubber Medicines
- Chemicals

Why do I have allergies while other people don't?

It is believed by researchers that people inherit a tendency to be allergic. However, the tendency itself is inherited, and not linked to any specific substance. For example, your mother may be allergic to pollen, your father allergic to mold spores, while you may be allergic to latex rubber. Although you inherited the tendency to be allergic, you did not inherit the sensitivity to the substances your mother and father were sensitive to.

In rare cases, high exposure to allergens at times when the body's defenses are weakened (such as after a viral infection or during pregnancy) can also contribute to the development of allergies. However, this does not mean that every time you get sick you have a high chance of getting allergies.

What happens when an allergen enters my body?

An allergic reaction occurs when the immune system mistakenly perceives an allergen as an invading agent. When the allergen enters the body of an allergic individual, the immune system reacts to it and attempts to eliminate it. It produces large quantities of immunoglobulin-E (IgE), which is an antibody specific to whatever the allergen happens to be. When the allergen encounters its specific IgE, it binds to it. The cell to which the IgE is attached releases powerful inflammatory chemicals such as histamines, cytokines, and leukotrienes.



What are some symptoms of respiratory allergies?

Sneezing (sometimes with runny or clogged nose)
Coughing and postnasal drip
Itching eyes, nose, and throat
Allergic shiners (dark circles under the eyes)
Watering eyes
Conjunctivitis (inflammation of membrane that lines eyelids, causing red-rimmed and swollen eyes, and crusting of the eyelids)

What are pollens?

Pollens are microscopic substances produced by plants for fertilization. Pollens are also the most common allergens. The types of pollen that most commonly cause allergic reactions are produced by common plants such as trees, grasses, and weeds. The pollen granules produced by such plants are specially designed for wind transport. Plants with flowers or other showy features usually do not produce this type of pollen. The pollen grains of these plants (such as roses) are carried by insects, and do not rely on the wind to transport them. Therefore, they rarely reach human noses.

It is common for people to believe that they are allergic to scented flowers, such as roses. In fact, only those who have prolonged exposure to such flowers (such as florists and gardeners) are likely to become sensitive to the pollen of these flowers. This is because the pollen produced by roses is not only heavy and waxy, but also is carried by insects rather than the wind. Therefore, it hardly ever makes contact with a human nose.

How can I avoid pollen allergies?

Respiratory allergies are not the same as food allergies, in that they are harder to avoid. Pollen is a substance that is harder to avoid than the average respiratory allergen. The only way to avoid pollen is to not venture outside.



A pollen count can help allergic individuals decide whether or not they wish to go outside during certain times of the day, or on certain days. This figure represents the concentration of the pollen in a certain area and a specific time. It is expressed in grains of pollen per square meter of air collected over twenty-four hours. Pollen counts tend to be highest on warm, dry, breezy mornings and lowest during chilly, wet periods. Although a

pollen count is a useful guide for allergic individuals, it is important to remember that it is an approximate and fluctuating measure, and does not necessarily restrict you to

staying indoors. It is simply a guide for individuals wanting to minimize their contact with pollen.

What are mold allergies?

Molds can generally be found in any moist area that has oxygen and several other minerals. When inhaled, microscopic fungal spores may cause allergic rhinitis. Due to their small size, they often evade the protective structures located in the nose and the upper respiratory tract. In some people, symptoms of mold allergy can be worsened by eating certain foods that are processed with fungi (such as cheese).

The mold season peaks from July to late summer. Although most of them become dormant during the winter, some continue to be active. In the warmer areas of the United States, however, molds thrive all year round, and can cause problems for allergic individuals. Similar to pollen counts, mold counts are also given on weather reports. However, since the presence of spores in the air can change considerably within a period of 24 hours, they are not as useful as pollen counts.

Dust Mite Allergies

Dust Mite Allergies are due to a microscopic organism that lives in household dust. These allergies produce symptoms similar to those of pollen allergy and asthma. Dust Mites are probably the most common cause of perennial allergic rhinitis.

Household dust is a mixture of several potentially allergenic materials:

Fibers (cotton lint, feathers, and other stuffing materials)

Animal dander (cats, dogs)

Bacteria

Molds and fungus spores

Food particles

Microscopic mites

Bits of plants and insects

Microscopic mites often reside in bedding, upholstered furniture, and carpets. They thrive in the summer, but most of them die during the winter. However, there are still many that thrive in humid homes during the winter.

Often, an allergic reaction is caused by dead dust mites and their wastes, or wastes of cockroaches.

Animal Allergies

Animal allergies mostly occur from household pets, such as cats, dogs, and rodents (guinea pigs, gerbils, mice, and rats). The cause of the allergic reaction is from animal

ander and protein from their saliva. Cats lick themselves often, depositing the protein on their fur and increasing the chance for an allergic individual of experiencing a reaction. The major source of allergens from rodents is in their urine.

Animal allergies are not immediate, and take up to two or more years to develop. Similarly, symptoms may take six months or more after ending contact with the animal to disappear.

Chemical Sensitivity

Individuals may experience allergic reactions due to any of the following:

Paints
Carpeting
Plastics
Perfumes
Cigarette smoke
Plants

Reactions to these chemicals are not true allergic reactions that involve IgE

RESPROMA is an Ayurvedic preparation that has been used for more than 200 years. **RESPROMA** has been used for generations and by thousands of people. This is a formula derived and time tested by the Chavarcode Ayurvedic physicians.

RESPROMA - TRADITIONAL INDICATIONS

1. Allergic Rhinitis
2. Bronchial Asthma
3. Chronic Sinusitis.
4. Recurrent Respiratory Infections.
5. Tropical Eosinophilia.

RHINITIS



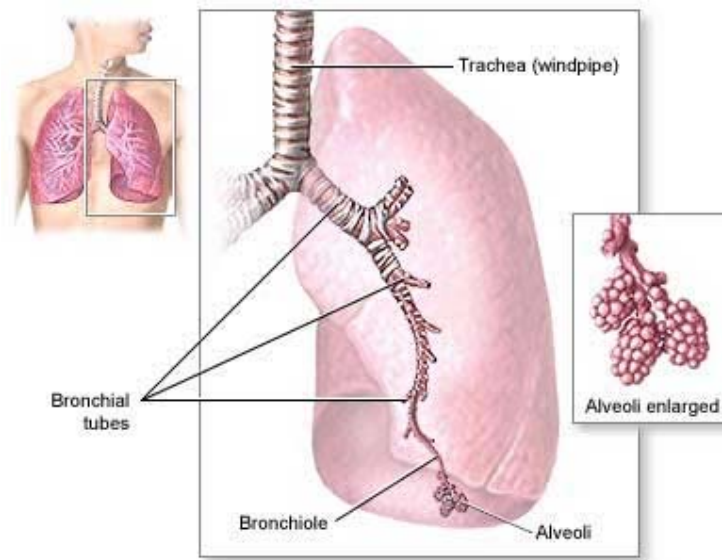
This occurs when airborne allergens are inhaled. These allergens are harmless unless the body's immune system reacts to them by making antibodies. In allergic reactions, these antibodies are in the IgE (immunoglobulin-E) class of antibodies, which stick to the surface of specialized cells called mast cells. Allergens combine with IgE antibodies to release pro-inflammatory substances including histamine,

leukotrienes and cytokines from mast cells and other cells in the lining of the nose.

Symptoms being frequent sneezing, nasal discharge, irritant cough. This can lead to infections (bronchitis, sinusitis etc,) or bronchospasm (asthma).

ASTHMA

Symptoms are caused by excessive secretions in the bronchi, spasm of smooth muscle in the bronchial wall, and inflammatory swelling of the bronchial lining (mucosa). These changes cause obstruction to airflow in and out of the lung and the increased obstruction during exhalation leads to wheezing and trapping of air in the chest.



The tendency to become allergic is inherited and is controlled by several genes that influence production of IgE antibodies. Allergic disease develops only when a person becomes exposed to those allergens to which he has a genetic predisposition. Perinatal and infantile avoidance of food allergens may postpone development of allergic disease in susceptible children.

A fundamental problem in asthma is irritability of bronchi caused by inflammation in the bronchial walls. The inflammation causes loss of protective epithelial cells from the mucosa (lining of bronchial wall), exposing sensitive nerve endings to the irritating effects of chemical air pollutants and dry air. Predisposition to asthma is inherited, probably as the result of genetic factors independent of allergy-determining genes. Recent research suggests that genes that control various inflammatory mechanisms are important in causing allergic inflammation in the lung.

Allergic reactions in the lung cause inflammation, during which inflammatory cells called eosinophils and lymphocytes are attracted to the bronchial tissues. Products from these cells cause damage to the bronchial lining, which in turn leads to bronchial irritability that persists for several weeks after withdrawal from allergen exposure. This is most

likely to occur when there is a delayed response to allergen known as a late phase reaction. Prolonged allergic inflammation in the bronchial walls may lead to thickening of the supportive membrane under the epithelial lining of the bronchial airways, and to a gradual and progressive loss of the ability of the airways to respond to a bronchodilator drug.

How it works:

RESPROMA food supplement is immunomodulatory to the respiratory tract. It helps desensitizes to the antigens and the mucus plugs are thinned out for better expectoration. As no allergy occurs, no subsequent reactions like bronchospasm, stimulation of mucus glands etc. Moreover the primary antioxidant-glutathione is increased with the **food supplement RESPROMA** that protects and repairs the damaged respiratory mucus membrane.

RESPROMA - DOSAGE and DIRECTIONS



For Adults 18 yrs or older, take two (2) Capsules two times daily (every 12 hours) on empty stomach with lukewarm water.

For best results, no food should be taken 60 minutes before or after taking RESPROMA.

Take optimum water to enhance elimination of released toxins from the body.
Please read Healing Crisis for more information.

RESPROMA - INGREDIENTS

| Supplement Facts | | |
|--|---------|-----|
| Serving Size: 2 Capsules (500 mg each) | | |
| Servings per container: 60 | | |
| Each Serving contains | | %DV |
| Piper Longum | 75 mg. | * |
| Zingiber Officinale | 75 mg. | * |
| Glycyrrhiza Glabra | 75 mg. | * |
| Solanum Xanthocarpum | 75 mg. | * |
| Holostemma Ada-Kodien | 75 mg. | * |
| Smilax China | 125 mg. | * |
| * Daily value (DV) not established. | | |

1. Piper Longum: This is a dried fruit that is tiny. This has pungent smell and spicy flavor. This is a well known immunomodulator, especially of the respiratory tract. It has mild bronchodilator effect also. Increased ciliary movement (expectoration) of the tract is ensured that clears off mucus.



2. Zingiber Officinale: Dried rhizome that has cough suppression and smoothening of respiratory tract. It is mucous depressant.

3. Glycyrrhiza Glabra: Another dried bark that has powerful anti-inflammatory, immunomodulatory effect in respiratory tract. This has systemic immune stimulation. It has ability for Cellular stabilization and repair.



4. Solanum Xanthocarpum: It is a powerful bronchodilator with mucus suppressant. It controls cough reflux centrally. It is a mucolytic agent too.



5. Holostemma Ada-Kodien: It is a tuber that has principles to boost general body resistance as white blood cells increase in count. It takes care of the total body tuning.



6. Smilax China: This is a dried tuber that has tremendous anabolic precursors that body takes to form natural protective and wound healing properties. It has plenty of anti-oxidants too.

RESPROMA - TESTIMONIALS

Bronchospasm

I am 27 yrs female who was suffering from asthmatic since last 10 yrs. I was on steroid inhalation for several years. Also I have a strong family history of allergic respiratory disease. House dust, smoke (hydrocarbon), paper dust were the observed allergens. I was using daily three inhalations of Beclomethasone and Bronchodilators even then I was having discomfort in breathing.

I was in search of an alternate remedy and found **RESPROMA** in a Yahoo search and ordered online for 1 month. After 3 weeks of taking **RESPROMA** I have noticed lots of changes in my symptoms. I started having more scope on the product and ordered on it for further 3 months. After two months I never had the cough, sneezing or running nose. But I had a mild asthma. I have reduced the steroid inhalations frequency. Approximately three months later I have stopped all steroids. Now after 6 months I am free from any asthma, cough or sneezes.

This is a great product and will recommend to anyone who was suffering like me. Thanks to Ayurvedanta.

Respiratory Allergies

I am parent of 13 yr old student. My daughter has more absents in her school as she gets frequent sneeze with dry cough and followed by secondary infections that ends up in asthmatic bronchitis. I also had similar problems at my childhood.

Through one of family friend, we came to know about RESPROMA and visited the website. We ordered it online for one month supply. Believe it or not, after the first 2 weeks my daughter never was absent at her school till today. After a month time, she never had a sneeze or cough.

The herbalist online advised us to continue RESPROMA for a period of one year. I would like to say that we have brought many alternative products from the internet but none worked like RESPROMA. This is a real formula for respiratory allergies. Thanks you for helping us.

RESPROMA - HEALING CRISIS

The healing crisis is a process in which the body undergoes an intense period of cleansing and rebuilding. It is called a "healing" crisis because the body is healing and becoming stronger. It is referred to as a "crisis" because the symptoms can be dramatic and rather unpleasant during this time. Because the healing crisis is accompanied by unpleasant symptoms it is often mistaken as a sickness. Common symptoms include nausea, diarrhea, sinus congestion, muscle aches and pains, headache and fatigue. The crisis generally lasts only a day or two. In reality, it is just the opposite. It is a process in which the body is overcoming ill health and becoming healthier and stronger.

Side effects: - There are no known side effects.



ABOUT CELLULITECLEAR

ABOUT CELLULITECLEAR



Cellulite is a cosmetic skin defect of female, especially of their private areas like thighs, buttocks and hip. The skin looks lumpy and dimpled. Cellulite occurs in 90% of most post-pubescent women. This has a negative sex appeal factor.

Descriptive names for cellulite include orange peel syndrome, cottage cheese skin, the mattress phenomenon, and hail damage. It is rarely seen in males. Cellulite is not related to being overweight; average and underweight people also get cellulite.

How it occurs

Cellulite commonly appears on the thighs, buttocks and hips but is not caused by being overweight, as many believe. Cellulite appears in the subcutaneous level of skin tissue. Fat cells are arranged in chambers surrounded by bands of connective tissue called septae. As water is retained, fat cells held within the perimeters of this area expand and stretch the connective tissue. Eventually this connective tissue contracts and hardens (sclerosis) holding the skin at a non-flexible length, while the surrounding tissue continues to expand with weight, or water gain. This results in areas of the skin being held down while other sections bulge outward, resulting in the lumpy, 'cottage-cheese' appearance.

What are the symptoms?

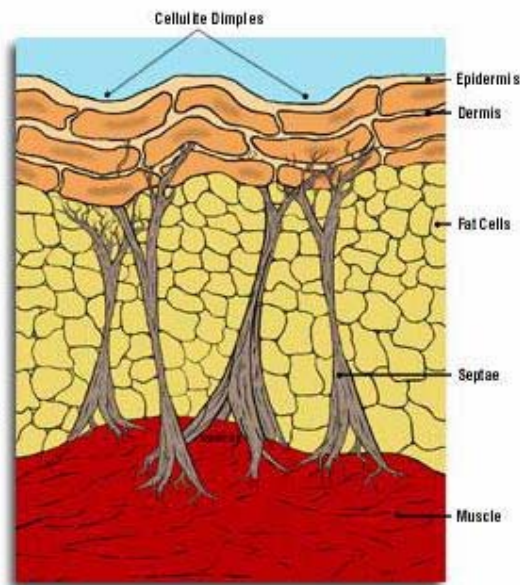
- Lumps and bumps around thighs, hips, and love handles
- Trapped waste and fluid in pockets beneath the skin.
- There may be soreness and tenderness when the skin is massaged.

Other effective remedy for cellulite?

Liposuction, massage, weight reduction techniques, and surgery - all are not ideally not effective.

CELLULITECLEAR TRADITIONAL INDICATIONS

1. Adiposis edematosa
2. Dermopanniculosis deformans
3. Status protrusus cutis
4. Gynoid lipodystrophy



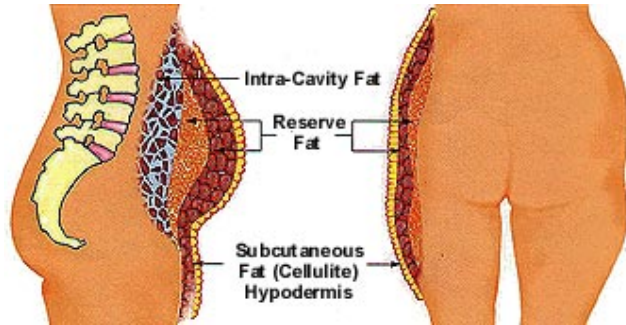
Cellulite describes dimpling of skin, caused by the protrusion of subcutaneous fat into the dermis creating an undulating dermal-subcutaneous fat junction adipose tissue that is commonly found on the thighs, stomach, and butt. The term cellulite originated in France more than 150 years ago. Descriptive names for cellulite include orange peel syndrome, cottage cheese skin, the mattress phenomenon, and hail damage. Cellulite is actually a fancy name for collections of fat that push against the connective tissue beneath a person's skin, which causes the surface of the skin to

dimple or pucker like the surface of an orange peel.

How it works?

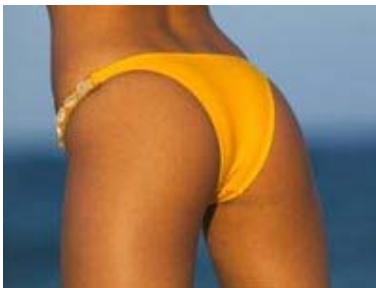
Our 100% natural herbal food supplement **CELLULITECLEAR** helps your system to work in 3 different ways;

1. The subcutaneous fat is selectively mobilized for burning to release energy. This reduces the undue tissue tension inside the septal chambers.
2. The sclerosed connective tissue bands are repaired by laying parallel fibers of new collagen. This gives back its stretching tensile strength. So the dimples disappear.
3. The extra overloading of water is reduced as total hormonal axis is balanced that includes aldosterone and estrogen-progesterone.



To summarize, the basic pathology of cellulite formation in women can be easily reversible with the help of the **CELLULITECLEAR** herbal food supplement.

CELLULITECLEAR - DOSAGE and DIRECTIONS



For Adults 18 yrs or older, take two (2) Capsules two times daily (every 12 hours) on empty stomach with lukewarm water.

For best results, no food should be taken 60 minutes before or after taking CELLULITECLEAR.

Take optimum water to enhance elimination of released metabolic toxins from the body. Please read Healing Crisis for more information.

CELLULITECLEAR - INGREDIENTS

| Supplement Facts | |
|--|----------|
| Serving Size: 2 Capsules (500 mg each) | |
| Servings per Container : 60 | |
| Each Serving contains | %DV |
| Andrographis Paniculata | 60 mg. * |
| Moniera Cuneifolia | 30 mg. * |
| Merremia Tridentata | 30 mg. * |
| Boerhaavia Diffusa | 30 mg. * |
| Cyperus Rotundus | 30 mg. * |
| Azadirachta Indica | 30 mg. * |
| Tribulus Terrestris | 30 mg. * |
| Emblica Officinalis, Terminalia | |
| Chebula, Terminalia Belerica | 90 mg. * |
| Tinospora Cordifolia | 80 mg. * |
| Vateria Indica | 90 mg. * |
| * Daily value (DV) not established. | |



1) Andrographis Paniculata :- This is a herb whose wholesome is advised for herbal medications. This is very bitter in taste. But very well known for its liver effects. It rapidly increases the liver and pancreas secretions. Fat burning is very much augmented. Humoral and cell mediated immunity is stimulated.

2) Moniera Cuneifolia :- This is a water plant whose wholesome is used for hormonal harmony . This improves neuronal metabolism that paves for sharp memory also. In cellulites edematous fat compartments reverse to normal as the related hormonal imbalance is corrected with this herb. Moreover it can induce regeneration to cellulite septal connective tissues also. Its anti-inflammatory and enhance wound healing



3) Merremia Tridentata :- This small herb is also a creeper. The total plant is used. It is a connective tissue repairing one. Its anti-inflammatory also that reduces the intracellulite tension. Skin complexion enhancing effect can mask the old orange peel appearance.

4) Boerhaavia Diffusa :- The extract of its dried roots soothes the stomach. Famous for acid-dyspepsia. Protects liver and stomach. It can also burn body fat at liver by stimulating liver enzymes. This has diuretic effect that checks serum electrolytes from the body. This decongestive effect can reduce tissue tension inside the cellulite compartments. Again it is anti-aging by regenerating the collagen of skin and the septal compartments of cellulites that helps to relieve the tension.



5) Cyperus Rotundus :- It reduces body and blood fat on long term use. Regulates bowel movements and intestinal microbial flora. Systemic blood pressure and heart rate are reduced to optimum as it soothes and calms the mind. Natural intestinal flora is important to keep the bowel health optimum

that reflects the systemic state of well being. This can help to assimilation and absorption of balanced nutrients which is essential to keep the skin complexion.

6) Trichosanthes Anguina :- This is a fast growing creeper whose leaves and stem are very bitter in taste. The whole dried plant is taken for herbal medicine making. The extract is effective in burning out extra fat depots of body. It reduces blood fats like triglycerides and cholesterol also. This augments immunity and regulates hypothalamo-pituitary axis to normal. Liver enzymes are stimulated and fatty liver, if any, is cleared. Decongestive effect contributes to remove the edema associated within the cellulite compartments.



7) Tribulus Terrestris :- This is the dried fruits of a small herb that's famous for its diuretic action. Decongestion of the cellulite compartments can mask the ugly skin appearance. It has positive effect in the central hormonal axis and so rebalances them.

8) Emblica Officinalis, Terminalia Chebula, Terminalia

Bellerika :- This is a set of three medicinal dry fruits. Tannins are abundant and so the bulky bio-vitamin C is held heat resistant. This set of 3 dried herbs has almost all required antioxidants and micronutrients to dissolve fat deposits inside vascular and non vascular channels in the body. It protects the liver, stimulates its microsomal enzymes and fat burning. This also augments cellular metabolic activities inside cells and so keeps the body thin and skin soft.



9) Tinospora Cordifolia :- This protects stomach layers and liver cells, stimulates bone marrow activity to produce fresh and healthy cell series. It enhances humoral and cell-mediated immunity. Fat lowering alkaloids detected in this herb can reduce fat tissue tension in cellulites. The long term use of this results in better functioning of the liver and hence longevity. Fatty liver is reversible.

10) Vateria Indica :- This is the latex of the tree that's crystallized. Its use can augment burning of fat in liver and other cells. The collagen regeneration is its true effect that is needed in cellulite. The fat tissue tension inside cellulite compartment is relieved.

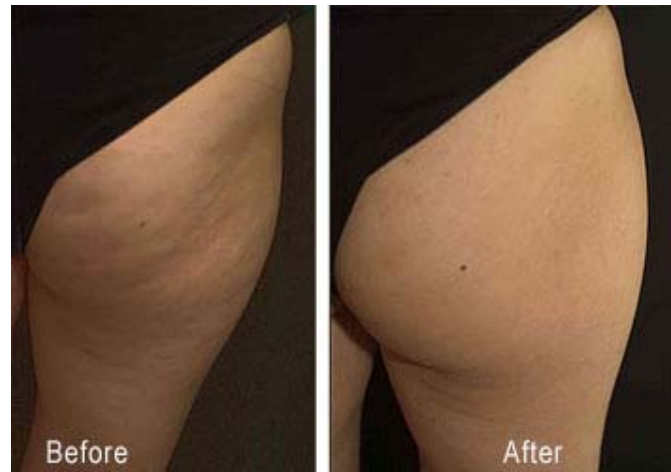


CELLULITECLEAR - TESTIMONIALS

I am more than happy to write my testimonial for your herbal food supplement **CELLULITECLEAR**. I have been using **CELLULITECLEAR** for last 4 months and found extremely useful for my cellulite problems. It is definitely working for me.

I was reluctant to buy **CELLULITECLEAR** when I saw your website on my Yahoo search because in the internet we see lot of things that can't be trusted. I took a calculated risk buying **CELLULITECLEAR** after seeing your overall website.

My name is Karen Lee 45 yrs. from Singapore. I am a fatty body type and had cellulite, more in my lateral upper thighs and hip. This started a few years after my marriage and my first delivery. The dimpling of skin that worsened slowly and spread. My husband noticed it and we decided to see our family doctor. The family doctor recommended me to a specialist for examination. The doctor advised for exercises and diet control. I tried my best to follow the instructions of



my doctor but every year my cellulite was increasing. As my mother also had similar condition, we came to a conclusion that I can't get ride of the cellulite in my lifetime.

I never expected that **CELLULITECLEAR** will work so fast in my body. It was my surprise to notice after 45 days the dimples and swellings in my thighs were vanishing slowly day by day. Now it is 4 months I am using **CELLULITECLEAR**. Now I feel confident that I can get rid of my cellulite completely. I have not done any exercises or dieting but I am taking **CELLULITECLEAR** regularly as per your recommendation.

Thank you very much for your wonderful formula and I strongly recommend female with cellulite should try out **CELLULITECLEAR**.

Karen Lee

Singapore

First let me thank you from my bottom of heart for such a wonderful supplement for cellulite. I am 39 yrs old female from Bombay. I am using **CELLULITECLEAR** for last 6 months. I was tired of using many products for my cellulite. Since last few years I have consulted several therapies and doctors but they never could give me a result that I got from **CELLULITECLEAR**.



Since last 3 months I am noticing the changes at my private areas skin surface. I am regaining the original smoothness of my skin that I had years back. The bulges and pits on my thighs are gone as well. My beautician was surprised to see my result and she wants to be you distributor.

Once again I sincerely appreciate the marvelous effect of your formula for cellulite. I feel **CELLULITECLEAR** has anti-aging property for the skin as I have seen changes in my total skin. I am really grateful to you and recommend **CELLULITECLEAR** to every female at my age.

Anu Agarwal

Bombay

Hello sir,

I am Susan Millsaps 33 yrs old from England. Seven months back I bought **CELLULITECLEAR** from your online store for my cellulite problem. I had very bad time at my family due to my cellulite problem. My husband is very concerned about my body. He was very upset with me when the cellulite re-appeared after



a costly liposuction he spent for me. I was sure he might have divorced me as I noticed his disinterest unlike before. **CELLULITECLEAR** is really a great product - I am daring enough to say so, as it saved my future. The doctor who did my liposuction told me that the recurrence of cellulite is causing by the hormonal imbalance in my body and he was unable to help me for the same. In that frustrated situation I was frantically searched for an alternate treatment. I thank God for bringing me to your website. Anyhow, now I am the happiest wife to be free from the incurable cellulite. Thank you very much and I am going to continue **CELLULITECLEAR** for some more time.

Susan Millsaps

Staffordshire, UK

Few months before I started **CELLULITECLEAR** recommended by one of my friends who used the same. I am a swimming athlete and now a trainer, 40 years old. Because of dimples and bumpy looks at my thighs, I restricted me to be in the pool with swimming costume. It was uncomfortable as friends commented often. The term cellulite I learned after I got it myself in spite I am an athlete. I was disappointed learning that no definite or effective remedy is available for cellulite. I was sure to loose my career as a trainer.



Meanwhile my friend who suggested **CELLULITECLEAR** has given me your website address. I looked at your website but I never expected such a result. I placed the order only because to please my friend as she was strongly recommending.

After few months time I was thrilled to inform the result to her but she was not surprised as she had recommended **CELLULITECLEAR** to few other

friends who had similar results. Now I am convinced and happy to announce the world that **CELLULITECLEAR** is the best for cellulite treatment.

I trust all of your products and believe that you have a collection of best products. My husband was suffering from cholesterol and high blood pressure since he was 40 years old. He also had few varicose veins. After 3 months of **VASKO** his cholesterol dropped to normal and his varicose veins disappeared. Now after a long years time again he is wearing shorts for his morning walk.

I am so happy and I love Ayurvedanta!!!

Prabhanini Gupta, New Delhi

CELLULITECLEAR - HEALING CRISIS

The healing crisis is a process in which the body undergoes an intense period of cleansing and rebuilding. It is called a "healing" crisis because the body is healing and becoming stronger. It is referred to as a "crisis" because the symptoms can be dramatic and rather unpleasant during the early time. Because the healing crisis is accompanied by unpleasant symptoms it is often mistaken as an increase in the sickness. Common symptoms include nausea, diarrhea, sinus congestion, muscle aches and pains, headache and fatigue. The crisis generally lasts only a few days. In reality, it is just the opposite. It is a process in which the body is overcoming ill health and becoming healthier and stronger.

1. Unexplained tiredness on the initial period is possible in selective cases. While taking **CELLULITECLEAR**, it releases lots of toxins from the cells into the system. This is also a part of healing crisis. Take optimum water to enhance elimination of these released toxins from your body and take rest for few days.
2. While taking **CELLULITECLEAR**, some people may experience breathing congestion or breathing incorrectly due to the release of toxins in the respiratory system. Reduce the dose of



CELLULITECLEAR to two in the morning and two in the night for two weeks till respiratory congestion is over and increase the dose to three thereafter.

3. **CELLULITECLEAR** is a time tested herbal food supplement. There are no significant allergies or side effects noticed. However, the ingredients in **CELLULITECLEAR** can affect Pituitary Gland, Pineal Gland and Thyroid Gland in your body. Therefore, people suffering from hypothyroidism or Hyperthyroidism or Atrial Fibrillation should take very small dosage to start with. One capsule in the night for two weeks - one each in the morning and night for next two weeks - two each in the morning and night for next two weeks before taking the full does.
4. Some cases you may not physically feel any of the above healing crises at all. But after few weeks of taking **CELLULITECLEAR**, you will notice the changes in the cellulite effected area. As the body fat is selectively burnt than the glucose fuel, more energy is released. (One gm. glucose release 4.5 calories whereas 1 gm fat give 9 calories)
5. Take optimum water to enhance elimination of released toxins from the body. (plain water)

The real result will be noticed after 8 to 12 weeks of continue usage of **CELLULITECLEAR**.

Side effects: - There are no known side effects.



ABOUT BIOTONE



BIOTONE is a 100% natural vitamin, minerals and antioxidants for human body.

Arthrospira Platensis contains a variety of carotenoids which work in synergy as antioxidants, protecting our cells from the damaging effects of free radicals. The two most important carotenoids are beta carotene (which is known to promote cellular health) and zeaxanthin (which is known to promote eye health).

The three medicinal dry fruits Emblica Officinalis, Terminalia chebula and Terminalia bellerika are having abundant bio-vitamins, minerals and antioxidants.

Vitamin C deficient in the Anthrospira Platensis is compensated with the dry fruits that contain plenty. This bio-vitamin C is amplified inside the human body.

This combination is most ideal in providing sufficient micronutrients necessary to prevent tissue oxidation. This results in preventing aging process and to avoid degenerative diseases like cancer, diabetes mellitus, heart disease, arthritis, dementia, parkinson's disease, high blood pressure, high cholesterol or triglycerides.

BIOTONE - TRADITIONAL INDICATIONS

1. Anti aging.
2. Skin disorders like eczema, vitiligo, dry skin, acne / pimples of face.
3. Diabetes mellitus - It can cure and prevent diabetic neuropathy.
4. All anti-oxidants including vitamins and minerals.
5. Autoimmune disorder (fibermayalgia, Rheumatoid arthritis, Autoimmune hepatitis, Lupus, Sjogren's syndrome, Goodpasture's syndrome, Wegener's granulomatosis, Polymyalgia Rheumatica, Temporal Arteritis / Giant Cell Arteritis, Type 1 Diabetes Mellitus, Hashimoto's thyroiditis, Graves' disease (thyroid), Celiac disease, Crohn's disease, Ulcerative colitis (GI tract), Multiple sclerosis, Guillain-Barre syndrome (central nervous system), Primary biliary sclerosis, Sclerosing cholangitis, Autoimmune hepatitis (liver), Raynaud's phenomenon (fingers, toes, nose, ears).
6. Hair re-grows and control hair fall.

How it works:

The natural carotenes, vitamins, powerful antioxidants prevents tissue oxidation through free radicals. The GLA (gamma linolenic acid) and SOD (superoxide dysmutase) protects nervous tissue from peroxidation. The vitamin in the dried fruits protects cardiovascular system; reinforced by the natural vitamin E. Essential amino acids and omega 3 & 6 fatty acids are good supplements to protect cell membranes and its repair. It helps bowel clearance.

BIOTONE - DOSAGE and DIRECTIONS



For Adults 18 yrs or older, take two (2) Capsules two times daily (every 12 hours) on empty stomach with lukewarm water.

For best results, no food should be taken 60 minutes before or after taking BIOTONE.

Take optimum water to enhance elimination of released toxins from the body.

BIOTONE - INGREDIENTS

| Supplement Facts | | |
|-------------------------------------|---------|---|
| Serving Size : 2 Capsules (500 mg) | | |
| Servings per container : 60 | | |
| Each Serving contains | %DV | |
| Arthrospira Platensis | 400 mg | * |
| Emblica Officinalis | 33.3 mg | * |
| Terminalia Chebula | 33.3 mg | * |
| Terminalia Bellerika | 33.3 mg | * |
| * Daily value (DV) not established. | | |

1. Arthrospira Platensis: This is blue green algae of superior food quality. It is grown in bright sunlight in saline water. Abundant micro nutrients make it a superior food supplement.





2. Emblica Officinalis: The dried Gooseberry fruit is the richest source of natural Vitamin C on earth. This vitamin is not lost by heat as it is so bonded with its tannin. Moreover bioamplification is there in vivo. It have lots of minerals like zinc, chromium and Ferrous iron etc.

3. Terminalia Chebula: The dried fruit of a tree that has real rejuvenating properties and a great bowel cleanser. Its smoothing for stomach as it's alkaline in ph. It also has Vitamin C and other minerals.



4. Terminalia Belerica: Dried fruit that has aforesaid actions plus good source of soluble fiber. It provides good sleep and has abundant antioxidants in it.

BIOTONE - TESTIMONIALS

Skin Disorder

An ulcer that had foul smell in my right leg that was resistant to many health treatments! On examination it was found its congenital ichthyosis (dry skin). Doctor said my skin immunity was nil and opportunistic microbes infected skin that went to a state of eczematous dermatitis that was oozing. Dorsum skin of upper limb was also dry.

I was taking prescription medication for more than 6 months but there were no changes in my infection and skin disorder. A friend of mine who used **VASKO** told me to check your website. As I didn't find anything in your website for my conditions, I sent an email to the herbalist. He recommended me to take **BIOTONE** on a high dosage (2-2-2) daily along with my prescription medication. After two weeks I have noticed a tremendous improvement in my leg. Two months later the skin became normal with minimum skin sebum secretion. As per the advice I am continuing two capsules of **BIOTONE** everyday for a period of one year.

I am very happy that God has sent the message about **BIOTONE** through my friend. Thanks you very much for your help.

Dibasic Neuropathy

I am a retired teacher 62 yrs old. I have high blood sugar that was not controlled properly.

Eventually I have developed a complaint of severe burning sensation of all four limbs at its distal ends. My balance in walking also went difficult. My blood sugar was high at 318 mgm %. My sugar was controlled with changing the medication after seeing a different doctor. But neuritis never improved. I was looking for an alternative help for my condition. I have seen your website while browsing the internet and sent a request mail to your herbalist. He advised me to take **BIOTONE** for few months. I ordered 3 month supply of **BIOTONE**.

After 2 weeks of taking **BIOTONE** my burnings were reducing. I was almost better after one month using NUTRALGAE. The end of the second month I started walking better and I was recovered completely from the burning sensation. Now I am continuing **BIOTONE** for avoiding recurrences.

BIOTONE HEALING CRISIS

No healing crisis.

Side effects: - There are no known side effects.



ABOUT NUTRALGIN



NUTRALGIN is natural herbal oil without any chemicals or preservatives for external application on the joints and muscles. NUTRALGIN is designed to eliminate muscle cramps, pain on skin or deep structures, so you can get back your full range of movement. It's formulated with all 100% natural ingredients to instantly invigorate those stiff, aching muscles.

External application of NUTRALGIN helps Athletes pain relief. Sports injury involved in bicycling, weight lifting, running, swimming, skiing, golf and tennis.

Also **NUTRALGIN** is recommended for other skilled works including truck drivers, warehouse personnel, construction workers, heavy manufacturing workers and nurses.

NUTRALGIN is an Ayurvedic preparation that has been used for more than 250 years.

NUTRALGIN has been used for generations and by thousands of people. This is a formula derived and time tested by the Chavarcod Ayurvedic physicians.

NUTRALGIN - TRADITIONAL INDICATIONS

1. Arthritis.
2. Athletes Pain
3. Any soft tissue injury
4. Neck pain (spondylosis)
5. Shoulder pain
6. Elbow pain (tennis elbow / golf's elbow)
7. Wrist pain (carpel tunnel syndrome)
8. Back pain (lumbago ,sciatica, disk herniation or prolapse)
9. Hip Pain (post injury, ischemic necrosis or enthesitis)
10. Knee pain (tendon or ligament injury, arthritis)
11. Ankle pain (Achilles tendonitis, dorsal tendon tenosynovitis)
12. Foot pain (plantar faciitis, arch of foot joint pains)
13. Burns (immediate application prevent bleb formation) and for dressing in burns

How it works:

The plant ingredient in this formula gives a synergic effect. **NUTRALGIN** helps smoothening for skin; pain killing locally, reduces inflammation, even avoids bleb

formation in burns if applied soon, and reduces muscle spasm on arthritis or injuries. Plant lignins in the formula help easy permeation of other ingredients into the deeper skin and act quickly.

NUTRALGIN - DOSAGE and DIRECTIONS



Body massage oil for external use only. Take few drops of oil (sufficient quantity) and apply at the joints, muscles and any area you pain. Warm the oil in a metallic saucer in cold climates. Massage gently for 30 minutes and wash it with lukewarm water. Twice a day will give desired benefit.

NUTRALGIN - INDICATIONS

| Supplement Facts | |
|----------------------------|--------|
| Serving Size: Few drops | |
| Each Serving contains | |
| Fresh extracts of:- | |
| Borreria Hispida | 25 gm. |
| Anethum Sowa | 25 gm. |
| Moringa Oleifera | 25 gm. |
| Pongamia Glabra | 25 gm. |
| Ocimum Sanctum | 25 gm. |
| Aloe Vera | 50 gm. |
| Emblica Officinalis | 25 gm. |
| Sesamum Indicum Oil | 50 ml. |
| Castor Oil | 50 ml. |

1) Borreria Hispida - This is a creeper and taken wholesome fresh. It has natural pain killing ingredients.

2) Anethum Sowa - The dried seeds of the herb whose extract have anti-inflammation and strong analgesic effects. It restores skin health also. The pain carrying fibers are modulated in the deep skin.

3) Moringa Oleifera - This is a fast growing tall tree whose fresh barks are taken. Its extract is added to the oil. Decongestive effect (reduce swelling) and local vascular dilatation to improve blood perfusion is documented in studies. It has pain reducing properties.

4) Pongamia Glabra - The fresh bark of this tree and its juice contains natural salicylic acid. It is strong pain killer and anti-inflammatory.

5) Ocimum Sanctum - The fresh extract is taken. This plant produces ozone. It is a natural pain killer. It smoothes the skin and reduces any edema on the skin.

6) Aloe Vera - This has lignin that helps passage of other ingredients in the oil to permeate into skin easily. Lignin is analgesic. The sap of its leaves has almost all micro nutrients, antioxidants and carotene. Analgesic and anti-inflammatory effect of Aloe Vera is famous. Natural skin tone is regained. It helps enhancing the wound healing.

7) Emblica Officinalis - The fresh juice of its fruits added. Most abundant Vitamin C, ferrous iron, high content of zinc and chromium helps wound healing and anti-infective effect. The tannins in it are capable of giving a skin coating that's invisible and protective.

8) Sesamum Indicum oil - This is the dried seed extracted oil (sesame oil). It has B-complex vitamins capable of pain sensation modulation. Antiseptic property keeps infection away. It can take away wound debris and immune stimulation.

9) Castor oil - The oil extracted from castor seeds. It acts as a vehicle to transfer the plant ingredients to the skin eco-friendly. Its mucilage-like feel gives easy spreading and massage.

NUTRALGIN - TESTIMONIALS

Back Pain and enlarged prostate

I am 70 yrs old male diagnosed with "lumbago". I was on pain killers and had to stop as my stomach couldn't tolerate it. A C.T. scan report of the low back spines showed multiple intervertebral disk dehydration and osteophyte formation that compress the nerve roots .

Surgery was the ideal as my age didn't agree . I also had enlarged prostate that gave me many time urination especially at night. It was tested and excluded any cancer.

My son brought information from the internet about your products. We ordered **NUTRALGIN** at the first. I started using it and had some pain relief. Further I was studying more about your products and email consultation with your herbalist, he recommended me to take **VASKO** and **NURAX** along with external application of **NUTRALGIN** .

After a month of all 3 products, I could lie down with less backache and reduced the numbers of urination that gave me an undisturbed sleep. Two months after my total health was improving.

This is my sixth month of using your products and now it is a surprise that my both the problems, backache and prostate are almost nil. I never expected such change by using the herb that could do. Anyhow my best wishes for success to millions who are suffering from pain.

Knee injury and pain

I am a house wife. I happened to fall in my garden due to slippery. My outstretched right hand and knees were injured, no bony fracture but had few abrasions. I had your herbal oil called **NUTRALGIN** at home as my father-in-law was using it. I applied over the affected areas and gave a smooth massage. My surprise, after 30 minutes the pain was disappeared. Usually this type of pain will be there few days. Moreover next day I got up without any difficulty. When I remembered about the incident it astonished me. The abrasions were healing without any pain or signs of infection. I ordered more **NUTRALGIN** to keep as a home remedy for any injury, burns and muscle pain. Thanks you for the help.

NUTRALGIN - HEALING CRISIS

No healing Crisis or known side effects. It contains no chemicals or preservatives. 100% natural.



ABOUT MIGTRIM



More than 29.5 million Americans suffer from migraine, with women being affected three times more often than men. This vascular headache is most commonly experienced between the ages of 15 and 55, and 70% to 80% of sufferers have a family history of migraine. Migraine is often misdiagnosed as sinus headache or tension-type headache.

The pain of a migraine headache is often described as an intense pulsing or throbbing pain in one area of the head. It is often accompanied by extreme sensitivity to light and sound, nausea, and vomiting. Migraine is three times more common in women than in men.

Some individuals can predict the onset of a migraine because it is preceded by an "aura," visual disturbances that appear as flashing lights, zig-zag lines or a temporary loss of vision. People with migraine tend to have recurring attacks triggered by a lack of food or sleep, exposure to light or hormonal irregularities (only in women). Anxiety, stress, or relaxation after stress can also be triggers. For many years, scientists believed that migraines were linked to the dilation and constriction of blood vessels in the head. Investigators now believe that migraine is caused by inherited abnormalities in genes that control the activities of certain cell populations in the brain.

The pain of migraine occurs when excited brain cells trigger the trigeminal nerve to release chemicals that irritate and cause swelling of blood vessels on the surface of the brain. These swollen blood vessels send pain signals to the brainstem, an area of the brain that processes pain information. The pain of migraine is a "referred" pain that is typically felt around the eye or temple area. Pain can also occur in the face, sinus, and jaw or neck area. Once the attack is full-blown, many people will be sensitive to anything touching their head.

Migraine pain is often described as throbbing or pulsating pain that is intensified by routine physical activity, coughing, straining, or lowering the head. The headache is often so severe that it interferes with daily activity and may awaken the person. The attack is debilitating, and migraine sufferers are often left feeling tired and weak once the headache has passed.



Tests such as the CT scan and MRI are useful to confirm the lack of organic causes for the headaches. There is currently no test to confirm the diagnosis of migraine.



A migraine typically begins in a specific area on one side of the head, then spreads and builds in intensity over 1 to 2 hours and then gradually subsides. It can last up to 24 hours, and in some cases, several days.

There may be accompanying symptoms such as nausea, vomiting, sensitivity to light (photophobia), or sensitivity to sound (phonophobia). Hands and feet may feel cold and sweaty and unusual odors may be intolerable.

Migraine characteristics include:

- Pain typically on one side of the head
- Pain has a pulsating or throbbing quality
- Moderate to intense pain affecting daily activities
- Nausea or vomiting
- Sensitivity to light and sound
- Attacks last four to 72 hours, sometimes longer
- Visual disturbances or aura
- Exertion such as climbing stairs makes headache worse

MIGTRIM - TRADITIONAL INDICATIONS

1. Migraine
2. Status migrainous
3. Cluster headache



How it works:

The anti-migraine principles in its ingredients are absorbed through the scalp. These principles prevent precipitation of migraine. The vascular active byproducts of migraine can't precipitate it as they are neutralized.

MIGTRIM - DOSAGE and DIRECTIONS



Apply few drops of oil at the crown of the scalp with fingers and massage gently. Wash off after 30 minutes using mild shampoo.

MIGTRIM – INGREDIENTS

| Supplement Facts | |
|--------------------------|---------|
| Serving Size: Few drops | |
| Each Serving contains | |
| Fresh extracts of:- | |
| Vitex Negundo | 25 gm. |
| Strobilanthes Cucumerina | 25 gm. |
| Monochoria Vaginalis | 25 gm. |
| Evolvulus Alsinoides | 25 gm. |
| Embllica Officinalis | 25 gm. |
| Virgin Coconut Oil | 100 ml. |

1) **Vitex Negundo** - This is a plant's leaves are taken. It contains anti-migraine properties. It reduces edema from the intra and extra cranium in migraine.

2) **Strobilanthes Heuneanus** - This plant is having strong anti-inflammatory and edema draining effect. It prevents vascular dilatation on the scalp vessels. It has antithrombotic function too.

3) **Monochoria Vaginalis** - This is a small plant whose tiny tubers are useful to prevent vascular headaches. The starch of the tuber has anabolic effect in the body. Essential fatty acids and amino acids are in plenty. It has vitamins and anti-oxidants too.

4) **Evolvulus Alsinoides** - The wholesome plant is used. This has antimigrainous principles and antipyretic effect. It helps to prevent intra vascular clotting.

5) **Emblica Officinalis** - This is fresh fruits of the tree. Its juice contains the richest source of Vitamin-C. Its tannins protect the scalp vessels. It has antimigrainous effect.

6) **Virgin Coconut Oil** - It acts as the transport to deliver herbal ingredients on the scalp. Coconut oil is eco-friendly to scalp and hair follicles. Lauric acid in it has local effects.

MIGTRIM – TESTIMONIALS

Migraine

I am a patient with migraine. I am 40 yrs old lady with a frequency of 2 to 3 episodes of migraine per month. Sometimes I had series of attacks (my doctor told as status migraine). I get some signals before it occur. Mostly it is one sided. Vomiting gives relief. Vision is impaired afterwards. My doctor had given me preventive medicines but I didn't have any changes.

One of my friends has shown me a website with a natural herbal formula for migraine. I have ordered one bottle of **MIGTRIM** and started applying it on my scalp daily for 30 min.

We didn't believe it initially but I was amazed seeing the result. I didn't get another migraine attack after the day I applied the oil in my head. I contacted the company herbalist for further advice. He told me that I have to use this oil for minimum period of 18 months to get rid of migraine for ever.

Since last five months I am using **MIGTRIM** on my scalp everyday and so far there is not even a single migraine episode. I recommended **MIGTRIM** to my friends whoever had migraine. It is an amazing product.

Migraine

I am a college student 18 yrs experience vascular headaches in the college, vomits most of the time. I had vision impairment usually the next day. Internet surfing could find **MIGTRIM** . I placed order for one bottle.

After using **MIGTRIM** I don't remember any migraine attack I had. I am still using **MIGTRIM** as the company herbalist advised. Thank God for avoiding hospital visit or chemical medications.

MIGTRIM - HEALING CRISIS

No healing crisis or side effects are noticed.



ABOUT GREENHAIR



GREENHAIR is one of the best natural herbal formula without any chemicals or preservatives to eradicate dandruff. It is a scalp application formula that has to be applied in the scalp and massage gently and leave it for 45 minutes. One week of using **GREENHAIR** can eliminate mild **Dandruff** (Pityriasis capitis) caused by overactive sebaceous glands. Dandruff is sometimes the symptom of a more serious condition. If dandruff flakes are greasy and yellow, the probable cause is the skin condition known as seborrheic dermatitis. Such cases **GREENHAIR** may take up to one month to eliminate it completely. **GREENHAIR** also helps to nourish the hair follicles for hair growth and premature gray.

Millions of Americans have this chronic scalp disorder, which is marked by itching and excessive flaking of the scalp. Although dandruff isn't contagious and is rarely serious, it can be embarrassing and surprisingly persistent.

All of us have dandruff. It is a natural process, caused by the turnover and renewal of skin on the scalp. On average the scalp skin replaces itself about once every 28 days. If turnover speeds up to every 11 days the net result is obvious dandruff. If the metabolic rate is increased still further, for example in psoriasis, where the replacement is every 4 days, a patch of red, thick, adherent scale develops. There are in-between cases where you find larger flakes and itchy red areas scattered about the scalp and along the hairline, even in the ears and eyebrows. We refer to these as seborrheic dermatitis or seborrhea.

GREENHAIR - TRADITIONAL INDICATIONS ::...

1. Dandruff
2. Hair fall
3. Fungal infection in the scalp
4. Poor pigmentation of hairs
5. Alopecia areata

How it works:

Due to the degeneration of hair follicles, usually by the fungal attack that is along with dandruff, the hair formation, its growth, and pigmentation are in disorder. Here this **GREENHAIR** can cure the diseased follicles. The abundant antioxidants, nutrition and the correction of scalp ph and microbes clearance can do wonders. Hair fall comes down. Healthy follicles give out new healthy well pigmented stout hairs are the result.

GREENHAIR - DOSAGE and DIRECTIONS



Take few droops of oil and apply in the scalp and massage gently for few minutes. Wash off the oil after 45 minutes after the application with mild shampoo.

GREENHAIR INGREDIENTS

| Supplement Facts | |
|---|-----------|
| Serving Size: Few drops, Each Serving contains | |
| Fresh extracts of:- | |
| Lawsonia Inermis | 7.5 gm. |
| Aloe Vera Gel | 7.5 gm. |
| Eclipta Alba | 7.5 gm. |
| Phyllanthus Emblica | 15.0 gm. |
| Bacopa Monieri | 1.875 gm. |
| Hydrocotyle Asiatica | 1.875 gm. |
| Cocos Nucifera Oil | 45.0 ml. |
| Ricinus Communis Oil | 15.0 ml. |

1. Lawsonia inermis - The leaves of this herb is used. It has hair pigment improving principle. It corrects scalp ph to mild acidic that can check fungal growth on scalp.

2. Aloe Vera Gel - This has all known micronutrients that are inevitable for the regeneration of sick hair follicles. Smoothing of skin and its hair re-growing effect is utilized. Good sleep inducer also.

3 Eclipta Alba - This is another herb taken totally. This contains hair re-growing principles. Abundant vitamin-C and ferrous iron contribute.

4. Phyllanthus Emblica - The fresh juice of it contains tannins and vitamin-C gives scalp a coating and regeneration of the sick hair follicles.

5. Bacopa Monnieri - This water plant has hair growing components. The antioxidant helps for the regeneration of hair follicles. Good sleep inducer.

6. Hydrocotyle Asiatica - Vital amino acids and essential fatty acids required for hair growth and natural pigmentation.

7. Cocos Nucifera Oil - The coconut oil has lauric acid that checks scalp infections. It is the vehicle to carry the herbal ingredients on the scalp in most eco-friendly. This is good for skin also.

8. Ricinus Communis Oil - This also acts as a vehicle. The thickness of the oil gives smooth spreading with fingers easy. It has hair re-growth effect also.

GREENHAIR TESTIMONIALS

Dandruff and Alopecia Areata

I had severe dandruff with hair fall and later noted with small patches of hair loss. My dermatologist diagnosed it as alopecia areata. Anti fungal shampoos and medications given by my doctor was not working.

Meanwhile I found your website with **GREENHAIR** . I have ordered online and started using it as per the direction given in the website. After a few days of usage the dandruff and itch were disappeared. The droppings from scalp were stopped completely. After a 3 weeks the number of hair fall count reduced. I felt it gave me good sleep. Later the patched area of alopecia areata regained hair growth and could not be located.

GREENHAIR is a wonderful formula for dandruff and alopecia areata. I would recommend anyone suffering from dandruff should use **GREENHAIR**.

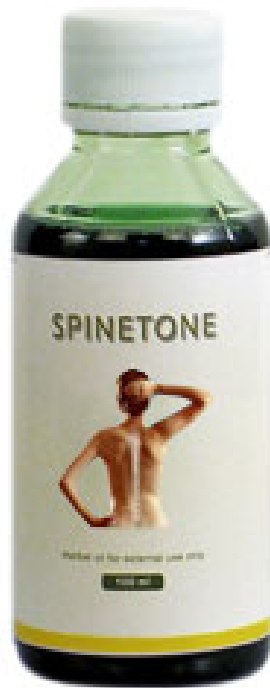
Hair Fall

I am a house wife with fallen hair and almost bald. I have tried almost everything to stop the hair fall but none worked.

My friend told me about **GREENHAIR**. I ordered it and stopped all other medications and shampoos. After 2 months time my thinned out low growing hairs were seen the sign of growing. Growth rate and its thickness increased. Sound sleep it gives is an additional benefit. Now regularly I am using everyday and I am happy with **GREENHAIR**. I will recommend to any one have similar problems.

GREENHAIR HEALING CRISIS

No healing crisis or side effects are noticed.



ABOUT SPINETONE

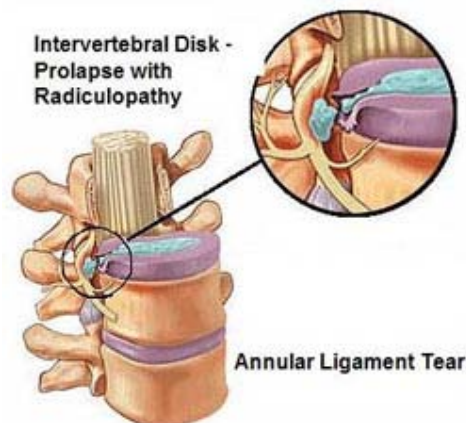


SPINETONE is natural herbal oil without any chemicals or preservatives for application in the scalp for Cervical Spondylosis, Muscle Spasms, Neck pain and stiffness. It is an Ayurvedic preparation that has been used for more than 250 years. **SPINETONE** has been used for generations and by thousands of people. This is a formula derived and time tested by Chavarcode Ayurvedic physicians.

Cervical spondylosis is a common degenerative condition of the cervical and lumbar spine that most likely is caused by age-related changes in the intervertebral joints and disks. Clinically, several syndromes, both overlapping and distinct, are seen: neck and shoulder pain, suboccipital pain and headache, radicular symptoms in hands and legs, and spondylotic myelopathy. As disk degeneration occurs, mechanical stresses result in osteophytic bars, which form along the ventral aspect of the spinal canal.

Frequently, associated degenerative changes in the facet joints, hypertrophy of the ligamentum flavum, and ossification of the posterior longitudinal ligament occur. All can contribute to impingement on pain-sensitive nerve roots and spinal cord, thus creating various clinical syndromes. However, only a small percentage of patients with radiographic evidence of spinal spondylosis are symptomatic. Cervical spondylosis can lead to chronic pain and stiffness in the neck that may also radiate to the upper extremities (radiculopathy).

- Neck pain and stiffness may be worse with upright activity.
- You may have numbness and weakness in the arms, hands and fingers, and trouble walking due to weakness in the legs.
- You may feel or hear grinding or popping in the neck when you move.
- Muscle spasms or headaches may originate in the neck.



SPINETONE - TRADITIONAL INDICATIONS

1. Cervical Spondylosis
2. Lumbar Spondylosis
3. Thoracic Spondylosis
4. Osteoarthritis (Knee, hip, shoulder etc,)
5. Spondylotic radiculopathy (Upper or lower limbs)
6. Shoulder hand syndrome / Frozen shoulder.
7. Sciatica
8. Intervertebral disc herniation / Prolapse.
9. Lumbago (Ligament injury / Sprain or strain heals well)
10. Osteophytes - Bones and Ligaments (Dissolves easily).
11. Tenosynovitis (Achilles / Dorsal feet tendon synovitis).
12. Carpel tunnel syndrome (Wrist-fingers numbness / Weakness).
13. Cranial arteritis (Temporal arteritis - painful and tender scalp).

How it works



The anti-inflammatory and analgesic ingredients in the **SPINETONE** are easily absorbed through the scalp skin, carried through lymphatics along the perivertebral and intra vertebral region. It provides decongestive effect in the inflamed spondylotic area and reverses the impingement of the nerves due to osteophytes. This also helps decongestive effects to both spinal cord and the nerve roots. The ligaments, cartilage and bones are regenerated. All these changes result in relieving of entrapped nerve roots and compressed spinal cord. **SPINETONE** helps to move the neck and low-back easily.

SPINETONE - DOSAGE and DIRECTIONS



Few drops of oil should be spread on the full scalp and massage gently. Hold the oil on scalp for 30 minutes.

Wash off the oil with mild shampoo. Daily two applications will give good results.

SPINETONE – INGREDIENTS

| Supplement Facts | |
|------------------------|--------|
| Ingredients in 100 ml | |
| Each Serving contains | |
| Sida indica | 20 gm |
| Merremia Tridentata | 10 gm |
| Terminalia Arjuna | 10 gm |
| Alpinia Galanga | 05 gm |
| Nardostachys Jatamansi | 05 gm |
| Vateria Indica | 05 gm |
| Virgin coconut oil | 100 ml |

1) Sida Indica- This is shrub whose root is used. It contains powerful anti-oxidants like Isoflavones, Phytosterols and coumarins. Phytochemicals having powerful anti-inflammatory and bone remineralizing effects are present. It has immune enhancing properties too.

2) Merremia Tridentata - This is a herb whose total body is taken. It has osteophyte dissolving power and regeneration of new healthy bone in affected joints. It has vitamin D like property that can enhance better calcium-phosphorus absorption from the intestine.

3) Terminalia Arjuna - This is a tree whose bark is taken. It's an anti-inflammatory analgesic herbal remedy used in many Ayurvedic preparations. This has also vitamin D like property. (Synergic effect).

4) Alpinia Galanga - This is a dry rhizome famous for its anti-inflammation effect, commonly used in anti-arthritis herbal preparations. It also has anti-pyretic and analgesic properties.

5) Nardostachys Jatamansi - It's grown in the Himalayan valleys. This has anti-infective effect, especially in staphylococci. It also has analgesic properties. It helps to give sound sleep in the cases where sleep is low.

6) Vateria Indica - This is dried exudate of the tree. Its strong anti-inflammatory effect is utilized to reduce the swelling, pain and lympho-bursitis in spondylitis. It has cartilage proliferating property and phyto nutrients like zinc, anti-oxidants.

7) Virgin Coconut oil - Acts as the vehicle to carry herbal ingredients on the scalp that is most eco-friendly and protecting hair.

SPINETONE - TESTIMONIALS

Osteophytes

I am 47 yrs old male developed giddiness and difficulty in looking sideways for more than one year that was slowly progressing. I have undergone medical checkup and on x-ray cervical spine showed positive changes for spondylosis and straitening of spines with "bambooning" was striking. My deep tendon reflexes of both upper and lower limbs were exaggerated as doctor told me and that I have developed "Myeloradiculopathy" at my cervical segments due to osteophytes.

I have taken prescription medication for six months but there were no change in my pain. Last June one of my friends recommended me to **VASKO**, **NURAX** and **SPINETONE**. To my surprise after two weeks I have noticed a great relief in my neck movements and unsteadiness of gait. Also my giddiness was subsided a lot. I have continued the same religiously and after four months I had no symptoms or signs of my "Myeloradiculopathy". Now I have attained normal neck movement without any complaints.

I am still continuing the supplements. On my last blood work my doctor was surprised to notice lowering of cholesterol level etc. The herbalist recommended me to continue the **SPINETONE** daily on my scalp for 30 min. before shower.

At the same time I have gained extra energy for my days. I am happy to tell you that today I am living without spondylosis and high blood pressure.

Spondylosis and Sciatica

I am diagnosed as lumbago with x-ray proved spondylosis and sciatica. Sciatica has a recurrence once in a while. I was not able to go out alone for fear of a fall. The doctor said that my cervical spines were also showing degenerative changes but was not symptomatic. I had mild prostate enlargement too.

I was in a search for natural treatment and finally I found your website in the Google search and purchased **VASKO**, **NURAX** and **SPINETONE** for 3 months supply. After one month it showed lots of improvements. My frequent urination was stopped in the second week itself. After 2 months I started walking outside my house without anyone's support. Now after 9 months I am using **SPINETONE** regularly for the maintenance as per your recommendation.

I have told about your products to my friends and family who ever have similar problems. Thank God for showing your website at the right time.

SPINETONE - HEALING CRISIS

There is no known healing crisis or side effects.

WARNING :- This traditional herbal food supplement is derived and time tested by Chavarcod Ayurvedic physicians. Results may vary among users. These statements have not been evaluated by the FDA. Products featured here are not intended to diagnose, cure, prevent or treat any diseases and should not substitute treatment by a registered medical practitioner. We do not claim that the products or dietary supplements mentioned can protect you from developing serious diseases and recommend that you never delay or forego regular screening, or forfeit the opportunity for early medical treatment that may be critical to survival. You are advised never to self-treat for a serious disease without benefit of a medical diagnosis or treatment. Please consult your physician before beginning any course of treatment.