Gurus Garden

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ABOUT SPINETONE



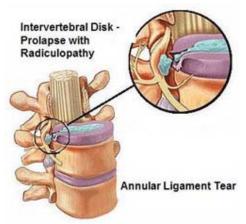
SPINETONE is natural herbal oil without any chemicals or preservatives for application in the scalp for Cervical Spondylosis, Muscle Spasms, Neck pain and stiffness. It is an Ayurvedic preparation that has been used for more than 250 years. **SPINETONE** has been used for generations and by thousands of people. This is a formula derived and time tested by Chavarcode Ayurvedic physicians.

Cervical spondylosis is a common degenerative condition of the cervical and lumbar spine that most likely is caused by age-related changes in the intervertebral joints and disks. Clinically, several syndromes, both overlapping and distinct, are seen: neck and shoulder pain, suboccipital pain and headache, radicular symptoms in hands and legs, and

spondylotic myelopathy. As disk degeneration occurs, mechanical stresses result in osteophytic bars, which form along the ventral aspect of the spinal canal.

Frequently, associated degenerative changes in the facet joints, hypertrophy of the ligamentum flavum, and ossification of the posterior longitudinal ligament occur. All can contribute to impingement on pain-sensitive nerve roots and spinal cord, thus creating various clinical syndromes. However, only a small percentage of patients with radiographic evidence of spinal spondylosis are symptomatic. Cervical spondylosis can lead to chronic pain and stiffness in the neck that may also radiate to the upper extremities (radiculopathy).

- Neck pain and stiffness may be worse with upright activity.
- You may have numbness and weakness in the arms, hands and fingers, and trouble walking due to weakness in the legs.
- You may feel or hear grinding or popping in the neck when you move.
- Muscle spasms or headaches may originate in the neck.



SPINETONE - TRADITIONAL INDICATIONS

- 1. Cervical Spondylosis
- 2. Lumbar Spondylosis
- 3. Thoracic Spondylosis
- 4. Osteoarthritis (Knee, hip, shoulder etc,)
- 5. Spondylotic radiculopathy (Upper or lower limbs)
- 6. Shoulder hand syndrome / Frozen shoulder.
- 7. Sciatica
- 8. Intervertebral disc herniation / Prolapse.
- 9. Lumbago (Ligament injury / Sprain or strain heals well)
- 10. Osteophytes Bones and Ligaments (Dissolves easily).
- 11. Tenosynovitis (Achilles / Dorsal feet tendon synovitis).
- 12. Carpel tunnel syndrome (Wrist-fingers numbness / Weakness).
- 13. Cranial arteritis (Temporal arteritis painful and tender scalp).

How it works



The anti-inflammatory and analgesic ingredients in the **SPINTONE** are easily absorbed through the scalp skin, carried through lymphatics along the perivertebral and intra vertebral region. ١t provides decongestive effect in the inflamed spondylotic area and reverses the impingement of the nerves due to osteophytes. This also helps decongestive effects to both spinal cord and the nerve roots. The ligaments, cartilage and bones are regenerated. All these changes result in relieving entrapped of nerve roots and SPINTONE compressed spinal cord. helps to move the neck and low-back easily.

SPINETONE - DOSAGE and DIRECTIONS



Few drops of oil should be spread on the full scalp and massage gently. Hold the oil on scalp for 30 minutes. Wash off the oil with mild shampoo. Daily two applications will give good results.

SPINETONE – INGREDIENTS

| Supplement Facts Ingredients in 100 ml | |
|---|--------|
| Each Serving contains | |
| Sida indica | 20 gm |
| Merremia Tridentata | 10 gm |
| Terminalia Arjuna | 10 gm |
| Alpinia Galanga | 05 gm |
| Nardostachys Jatamansi | 05 gm |
| Vateria Indica | 05 gm |
| Virgin coconut oil | 100 ml |

1) Sida Indica- This is shrub whose root is used. It contains powerful anti-oxidants like Isoflavones, Phytosterols and coumarins. Phytochemicals having powerful anti-inflammatory and bone remineralizing effects are present. It has immune enhancing properties too.

2) Merremia Tridentata - This is a herb whose total body is taken. It has osteophyte dissolving power and regeneration of new healthy bone in affected joints. It has vitamin D like property that can enhance better calcium-phosphorus absorption from the intestine.

3) Terminalia Arjuna - This is a tree whose bark is taken. It's an anti-inflammatory analgesic herbal remedy used in many Ayurvedic preparations. This has also vitamin D like property. (Synergic effect).

4) Alpinia Galanga - This is a dry rhizome famous for its anti-inflammation effect, commonly used in anti-arthritis herbal preparations. It also has anti-pyretic and analgesic properties.

5) Nardostachys Jatamansi - It's grown in the Himalayan valleys. This has antiinfective effect, especially in staphylococci. It also has analgesic properties. It helps to give sound sleep in the cases where sleep is low.

6) Vateria Indica - This is dried exudate of the tree. Its strong anti-inflammatory effect is utilized to reduce the swelling, pain and lympho-bursitis in spondylitis. It has cartilage proliferating property and phyto nutrients like zinc, anti-oxidants.

7) Virgin Coconut oil - Acts as the vehicle to carry herbal ingredients on the scalp that is most eco-friendly and protecting hair.

SPINETONE - TESTIMONIALS

Osteophytes

I am 47 yrs old male developed giddiness and difficulty in looking sideways for more than one year that was slowly progressing. I have undergone medical checkup and on xray cervical spine showed positive changes for spondylosis and straitening of spines with "bambooing" was striking. My deep tendon reflexes of both upper and lower limbs were exaggerated as doctor told me and that I have developed "Myeloradiculopathy" at my cervical segments due to osteophytes.

I have taken prescription medication for six months but there were no change in my pain. Last June one of my friends recommended me to **VASKO**, **NURAX** and **SPINETONE**. To my surprise after two weeks I have noticed a great relief in my neck movements and unsteadiness of gait. Also my giddiness was subsided a lot. I have continued the same religiously and after four months I had no symptoms or signs of my "Myeloradiculopathy". Now I have attained normal neck movement without any complaints.

I am still continuing the supplements. On my last blood work my doctor was surprised to notice lowering of cholesterol level etc. The herbalist recommended me to continue the **SPINETONE** daily on my scalp for 30 min. before shower.

At the same time I have gained extra energy for my days. I am happy to tell you that today I am living without spondylosis and high blood pressure.

Spondylosis and Sciatica

I am diagnosed as lumbago with x-ray proved spondylosis and sciatica. Sciatica has a recurrence once in a while. I was not able to go out alone for fear of a fall. The doctor said that my cervical spines were also showing degenerative changes but was not symptomatic. I had mild prostate enlargement too.

I was in a search for natural treatment and finally I found your website in the Google search and purchased **VASKO**, **NURAX** and **SPINETONE** for 3 months supply. After one month it showed lots of improvements. My frequent urination was stopped in the second week itself. After 2 months I started walking outside my house without anyone's support. Now after 9 moths I am using **SPINETONE** regularly for the maintenance as per your recommendation.

I have told about your products to my friends and family who ever have similar problems. Thank God for showing your website at the right time.

SPINETONE - HEALING CRISIS

There is no known healing crisis or side effects.

WARNING :- This traditional herbal food supplement is derived and time tested by Chavarcode Ayurvedic physicians. Results may vary among users. These statements have not been evaluated by the FDA. Products featured here are not intended to diagnose, cure, prevent or treat any diseases and should not substitute treatment by a registered medical practitioner. We do not claim that the products or dietary supplements mentioned can protect you from developing serious diseases and recommend that you never delay or forego regular screening, or forfeit the opportunity for early medical treatment that may be critical to survival. You are advised never to self-treat for a serious disease without benefit of a medical diagnosis or treatment. Please consult your physician before beginning any course of treatment.