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ABOUT VASKO



VASKO is an Ayurvedic preparation that has been used for more than 250 years. **VASKO** has been used for generations and by thousands of people. This is a formula derived and time tested by the Chavarcode Ayurvedic physicians.

VASKO is a natural Herbal food supplement that helps the vascular system cleansing and reversing Arthritis. It helps unclogs arteries, veins and helps to reverse Varicose Veins, Angina, Gangrene and Retinopathy. **VASKO** also helps arresting degenerative changes of the joints and regenerate the worn out joint components including cartilages.

VASKO is all natural herbs free from synthetic chemicals or preservatives. Also **VASKO** is free from animal products.

VASKO is a holistic system that works on so many disease-process levels of multiple systems and it helps solve many problems at once.

Traditional Indications

1. Aging
2. Varicose Veins
3. Osteoarthritis (Degeneration of Cartilages, Tendons and Ligaments)
4. Rheumatoid Arthritis
5. Gangrene and Retinopathy
6. Hyperthyroidism
7. High Cholesterol
8. High Triglycerides
9. High Blood Pressure
10. Cardiovascular Accident (Coronary Heart diseases with or without Angina pectoris)
11. Cerebrovascular Accident (Stroke)
12. Clogged Arteries
13. Fatty liver



VASKO - VEGETARIAN CAPSULES

14. Prostate Enlargement (Benign Prostatic Hyperplasia)
15. Enlarged uterus with fibroids
16. Obesity (Visceral fat)

VASKO CAN HELP YOU TO ...

Arthritis

Arthritis isn't just one disease; it's a complex disorder that comprises more than 100 distinct conditions and can affect people at any stage of life. Two of the most common forms are Osteoarthritis and Rheumatoid Arthritis. These 2 forms have very different causes, risk factors, and effects on the body, yet they often share a common symptom persistent joint pain. The joint pain of arthritis can appear as hip pain, knee pain, hand pain, or wrist pain, as well as joint pain in other areas of the body. If you have joint pain, stiffness and /or swelling for more than 2 weeks, you may have arthritis.

Osteoarthritis (OA) is the most common form of arthritis. OA begins with the breakdown of joint cartilage, resulting in pain and stiffness. OA commonly affects the joints of the fingers, knees, hips, and spine. Other joints affected less frequently include the wrists, elbows, shoulders, and ankles. When OA is found in a less-frequently affected joint, there is usually a history of injury or unusual stress to that joint.

Rheumatoid arthritis (RA) can affect many different joints and, in some people, other parts of the body as well, including the blood, the lungs, and the heart. RA is an autoimmune disease. This means the body's natural immune system does not operate as it should; it attacks healthy joint tissue, initiating a process of inflammation and joint damage.

Cartilage

Cartilage is a type of dense connective tissue. Cartilage is composed of cells called chondrocytes which are dispersed in a firm gel-like ground substance, called the matrix. Cartilage is avascular (contains no blood vessels) and nutrients are diffused through the matrix. Cartilage is found in the joints, the rib cage, ear, nose, in the throat and intervertebral disks. There are three main types of cartilage: hyaline, elastic and fibrocartilage.

Articular cartilage is a tough, elastic tissue that covers the ends of bones in joints and enables the bones to move smoothly over one another. However, when articular cartilage is damaged through injury or a lifetime of use, it does not heal as rapidly or

effectively as other tissues in the body. Instead, the damage tends to spread, allowing the bones to rub directly against each other and resulting in pain and reduced mobility.

VASKO helps to regenerate the cartilage naturally by increasing its perfusion at its periphery. The abundant natural micro nutrients from its individual herbs (anti oxidants) arrest the degeneration and induce regeneration. The hormonal harmony it brings also contributes for the regeneration. The cartilage cells restart multiplication and growth. This regains the joint space normal and hence osteoarthritis is reversed.

There are many new techniques that patient's own cells and tissues to restore cartilage to weight bearing sections of bone like Osteochondral grafting, Autologous chondrocyte implantation, or ACI and Mesenchymal stem cell (MSC) regeneration. But it is very expensive and as per studies it is not proven very effective for a long period of time.

VASKO will help regenerate your own cartilage in a very short period of time. You will feel the changes with in 30 days to 3 months time.

Vascular System

The vascular system is made up of the vessels that carry our blood. Arteries carry oxygen-rich blood away from the heart. Veins carry carbon dioxide rich blood back to your heart. When the blood starts its vascular system trip at the right side of the heart, it is the pulmonary artery that carries the carbon dioxide rich blood to the lungs where it exchanges carbon dioxide for oxygen. Then the pulmonary veins carry oxygen-rich blood back to the left side of the heart and are pumped out to the whole body.

As we age, our arteries tend to thicken, get stiffer and narrow. That is called arteriosclerosis. A form of arteriosclerosis is atherosclerosis. Atherosclerosis is the build up of plaque and cholesterol in large and medium sized arteries. A narrowing of the arteries from a build up of plaque can lead to coronary heart disease and can cause a heart attack. The same situation in the arteries leading to the brain can cause strokes. Narrowing of the arteries in other places, such as the legs, can cause what is called Peripheral Arterial disease (PAD). When the smaller arteries are affected it is called arteriolosclerosis. The kidneys, spleen and the pancreas can be damaged. High blood pressure is often a cause of arteriolosclerosis.

The veins can develop problems too. Clots in the veins can result in deep vein thrombosis (DVT), phlebitis, and other problems. If those clots break free, they become emboli. When this situation happens to the lungs, it's called a pulmonary embolism. In addition, as part of the system of moving the blood back to the heart, the veins have small one way valves. If those valves weaken, the blood can back up, pool and cause the veins to swell. The result is varicose veins.

Gangrene

Gangrene is necrosis and subsequent death of body tissues caused by lack of blood flow. The common causes are tobacco, uncontrolled diabetic mellitus and hyperlipidemia.

VASKO helps to reverse atherosclerosis optimum to re-establish blood perfusion in peripheral occlusive vascular disease. Collateral vessels are dilated and neo vascularisation also occurs to improve tissue perfusion. This can reverse the tissue changes (ischemia) and hence necrosis, infections if any and finally gangrene also.

Prostate Enlargement (Benign Prostatic Hyperplasia - BPH)

As a man matures, the prostate goes through two main periods of growth. The first occurs early in puberty, when the prostate doubles in size. At around age 25, the gland begins to grow again. This second growth phase often results, years later, in BPH. As the prostate enlarges, the layer of tissue surrounding it stops it from expanding, causing the gland to press against the urethra like a clamp on a garden hose. The bladder wall becomes thicker and irritable. The bladder begins to contract even when it contains small amounts of urine, causing more frequent urination. Eventually, the bladder weakens and loses the ability to empty itself. Urine remains in the bladder. The narrowing of the urethra and partial emptying of the bladder cause many of the problems associated with BPH.

VASKO helps the prostate to regain its origin size through two mechanisms. The hormonal axis get regenerated and as the male hormone (testosterone) brings back to adequate level the dependant prostate regains its normal size and shape. Secondly any fibrous tissue associated with its enlargement goes to fibrolysis with the effect of **VASKO**.

Enlarged Uterus with Fibroid

The uterus is designed to expand to accommodate a growing baby. When fibroids develop, the uterus enlarges in response to fibroid growth. Some women notice a distended abdomen similar to pre-menstrual bloat; others experience expansion as big as a full term pregnancy.

VASKO with **NURAX** helps reverse uterine fibroid and bulky uterus in its early stage.

VASKO - TRADITIONAL INDICATIONS

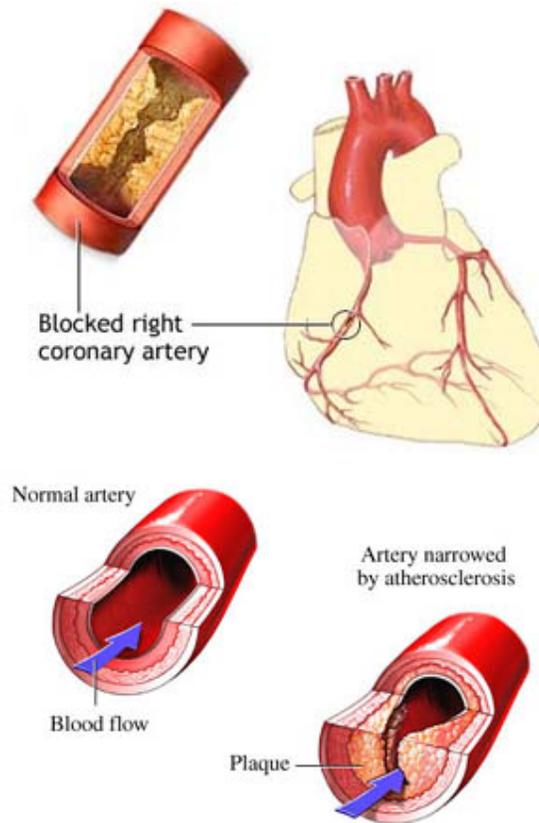
Indications where VASKO food supplement can help;

Coronary Artery Disease: Coronary artery disease (CAD) occurs when the arteries that supply blood to the heart muscle (the coronary arteries) become hardened and narrowed. The arteries harden and narrow due to buildup of plaque on their inner walls. The buildup of plaque is known as atherosclerosis. As the plaque increases in size, the insides of the coronary arteries get narrower and less blood can flow through them. Eventually, blood flow to the heart muscle is reduced, and, because blood carries much-needed oxygen, the heart muscle is not able to receive the amount of oxygen it needs.

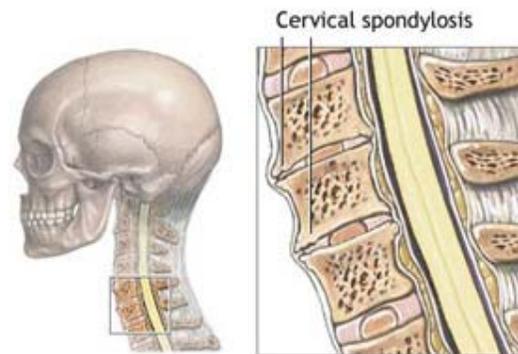
Reduced or cutoff blood flow and oxygen supply to the heart muscle can result Angina and Heart attack.

Angina is chest pain or discomfort that occurs when the heart does not get enough blood.

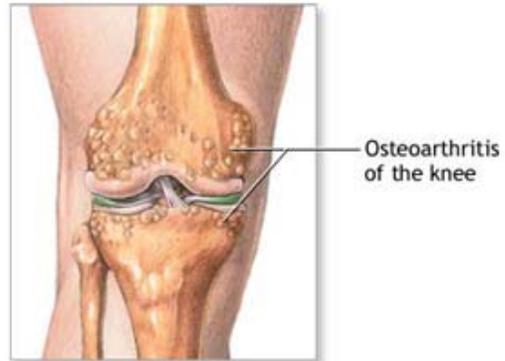
A heart attack happens when a blood clot develops at the site of plaque in a coronary artery and suddenly cuts off most or all blood supply to that part of the heart muscle. Cells in the heart muscle begin to die if they do not receive enough oxygen-rich blood. This can cause permanent damage to the heart muscle.



Osteoarthritis & Spondylosis (spinal osteoarthritis) of spines



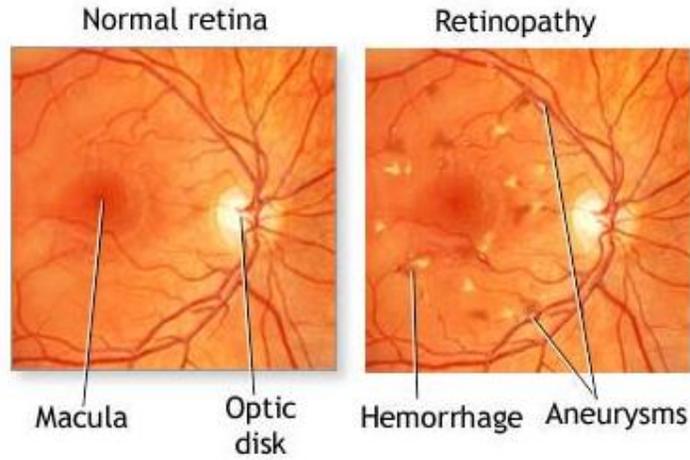
Knee and Hip Joint - Avoids joint replacement; **VASKO** helps re-grow the Knee and Hip joints cartilages to its normal size within 3 to 6 months.



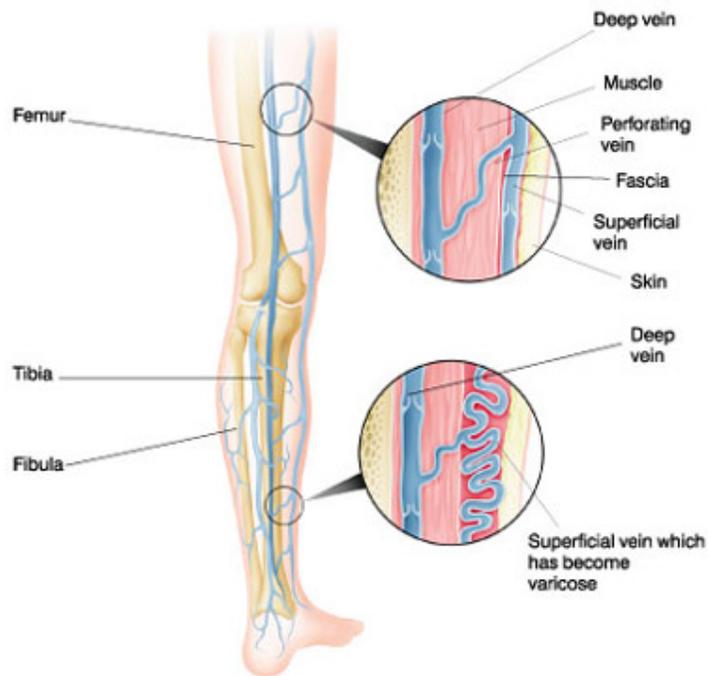
Gangrene (Buerger's disease, thromboangiitis obliterans: **TAO**) **in Limbs** - Amputation of Limbs can be avoided. (tobacco abuse, diabetic and high blood fat related)



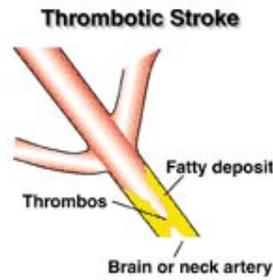
Retinopathy - VASKO helps to reverse Retinopathy : Laser Therapy and Blindness can be avoided. (Diabetic, Hypertensive and high cholesterol related)



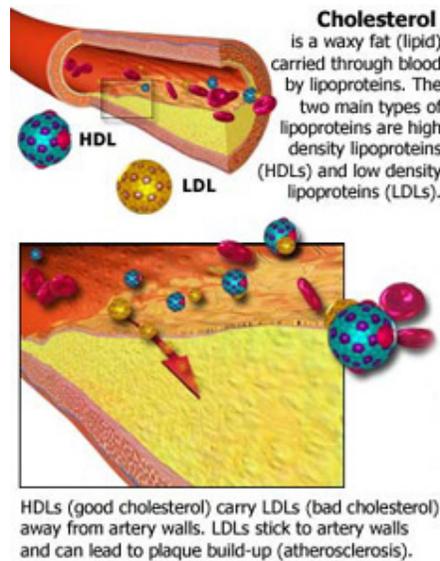
Varicose veins & Phlebothrombosis : 3 - 4 months continuous use of **VASKO** revise it.



Thrombotic Stroke in brain vessels (Cerebral Vascular Accident) Eg: - Hemiplegia, Monoplegia etc. (prevents further attack by vessel cleaning)



To reduce cholesterol & triglycerides (blood fats) to normal levels. It increases good cholesterol (HDL) and reduces bad cholesterol. This protects blood vessels.



Rheumatoid Arthritis - This is an immune mediated inflammatory polyarthritis. The rheumatoid activity can be reduced with this immuno-modulating herbal therapy. (**VASKO** should be taken with **NURAX** herbal capsules for best results)



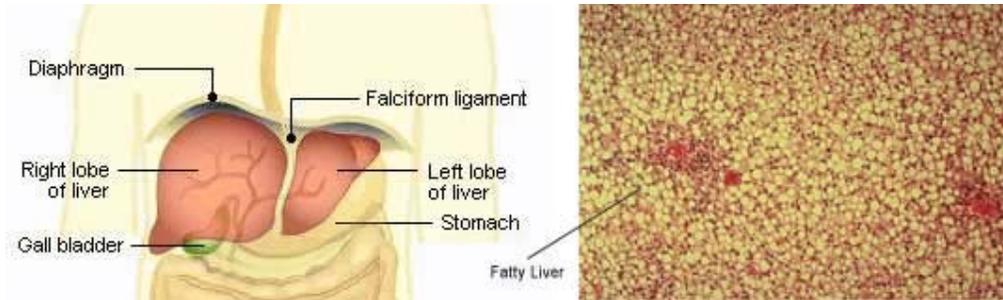
Normal and Arthritic Joints



Fatty Liver

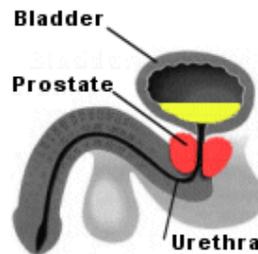
Fatty liver is the accumulation of fat in the cells of the liver. It is often caused by an excessive alcohol intake, but, increasingly, it is being found in people who do not drink to excess but who are obese or have diabetes.

Fatty liver is called steatosis, and fatty liver with liver inflammation is called or steatohepatitis. Steatosis and steatohepatitis can be caused by alcohol and other drugs and can also sometimes occur in patients with diabetes mellitus.



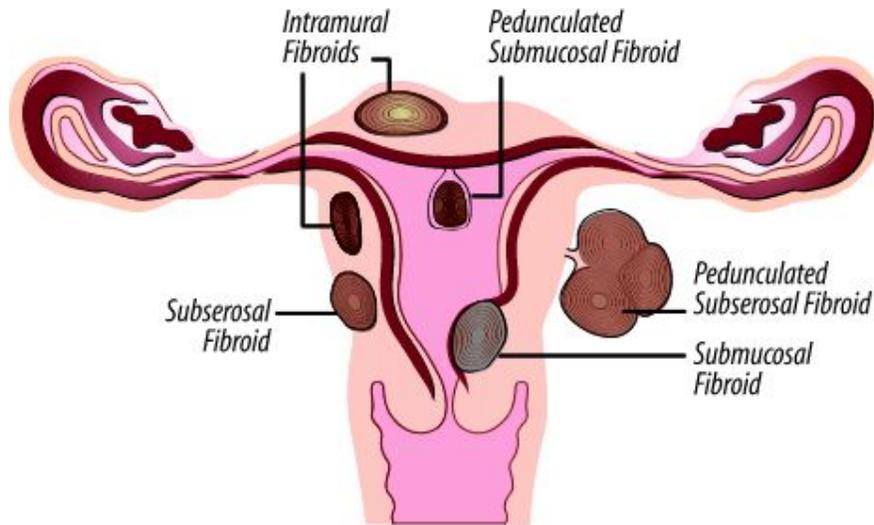
Benign Prostatic Hypertrophy

BHP is a non-cancerous enlargement of the prostate that restricts the flow of urine from the bladder. As the prostate enlarges, it squeezes the urethra, interfering with the passage of urine from the bladder resulting in frustrating and humiliating symptoms.



Enlarged uterus with fibroids

The uterus is one of the first organs to manifest symptoms when a woman's hormones are out of balance. Two of the most common uterine symptoms of premenopause syndrome are an enlarged uterus, and uterine fibroids. Women with PMS often experience painful periods (dysmenorrhea) which are most often caused when the endometrial lining of the uterus extends into the muscular wall of the uterus (adenomyosis). When shedding of the endometrium occurs (menstruation), the blood is released into the muscular lining, causing severe pain.

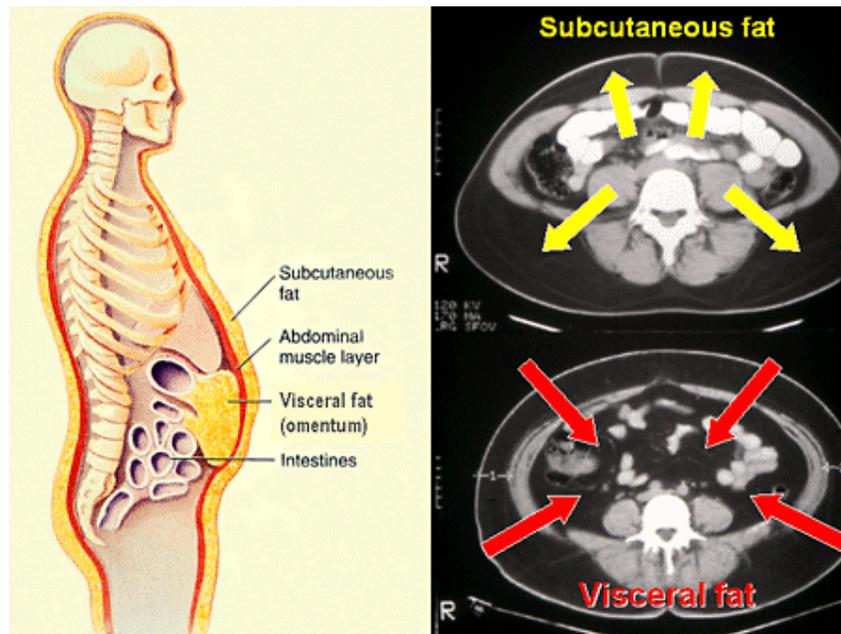


Fibroid Uterus

OBESITY

Being obese and being overweight are not exactly the same thing. An obese person has a large amount of extra body fat, not just a few extra pounds. People who are obese are very overweight and at risk for serious health problems.

VASKO can help shed fat naturally and effectively without side effects, keep you trim and slim



Preventive Measure - As an effective preventive measure against strokes, heart attacks, joint damages, high blood fat & gangrene of lower limbs.

VASKO - DOSAGE and DIRECTIONS



People above 18 yrs old should take one (1) capsule 2 times daily (every 12 hours) on an empty stomach with lukewarm water for the first 1 week. There after two (2) capsules 2 times daily (every 12 hours) on empty stomach with lukewarm water.

Please give minimum 60 min to take any food after taking **VASKO**.

Take optimum water to enhance elimination of released toxins from the body.

Please read Healing Crisis for more information.

Take optimum water to enhance elimination of released toxins from your body.

VASKO - This is a herbal Food supplement for Vascular Cleaning and help reversing Chronic Arthritis. This formula is best for people after 18 yrs of age. It is simply the best NATURAL formula that probes and clears vascular deposits of oxidized fat-atherosclerosis. Also burns off Visceral fat. Reverses fatty liver, reduces the high cholesterol level in blood and keeps the blood fat and blood pressure at low levels. Diseases such as coronary artery disease, peripheral occlusive artery disease, varicose vein, and phlebo-thrombosis can be reversed. It selectively enhances a fat burning process and keeps the body trim and light.

VASKO - INGREDIENTS

Supplement Facts

Serving Size : 2 Vegetarian Capsules (500 mg each)
Servings per container 60.

Each Serving contains		%DV
Emblica Officinalis, Terminalia Chebula, Terminalia Bellerika	180 mg.	*
Zingiber Officinale, Piper Longum, Piper Nigrum	180 mg.	*
Tinospora	160 mg.	*
Commiphora Mukul	180 mg.	*
Terminalia Arjuna	100 mg.	*
Curcuma Longa	50 mg.	*
Boerhaavia Diffusa	50 mg.	*
Cyperus Rotundus	50 mg.	*
Picrohiza Kurroa	50 mg.	*

* Daily value (DV) not established.

1) Emblica Officinalis, Terminalia Chebula and Terminalia Belerica

- This is a set of three medicinal dry fruits. Emblica officinalis often referred to as Indian gooseberry, is one of the richest known sources of vitamin C (720 mg/100g of fresh pulp or up to 900 mg/100g of pressed juice.)– it contains 30 times the amount found in oranges. This set of 3 dried herbs has almost all required antioxidants and micronutrients to dissolve fat deposits inside vascular and non vascular channels in the body. It protects the liver, stimulates its microsomal enzymes and fat burning. This also augments cellular metabolic activities inside cells and so keeps the body thin and skin soft.



2) **Tinospora Cordifolia** - This protects stomach layers and liver cells, stimulates bone marrow activity to produce fresh and healthy cell series. It enhances humoral and cell-mediated immunity. Fat lowering alkaloids detected in this herb. The long term use of this results in better functioning of the liver and hence longevity.

3) **Commiphora Mukul** - This is the dry latex of the tree, known for its anti-obesity, blood and body fat lowering effect- a 5000 year old



wisdom. The lipids in it selectively burns fat. It raises basal metabolic rate and diverts excess cholesterol for bile salt formation in the liver. Again clear off fat deposits at medium and small vessels also. It is anti-inflammatory and rejuvenative to multiple organs, especially joint cartilage and associated components. As the fat burns off, the body weight and size comes down drastically.



4) Terminalia Arjuna - This is bark of Arjuna tree. A strong anti-inflammatory and cardio tonic regulates heart rate low and regular. The ingredient will clear the microvascular channel of fatty deposits. Protects vascular endothelium and anti-platelet action (antithrombotic)

5) Curcuma Longa - A powerful anti-oxidant and antiseptic, Curcuma Longa is a yellow pigmented dried rhizome. Its anti-microbial and anti-inflammatory effects are well known for over 5000 years. It can prevent vascular blood clots. On skin it can dissolve sebum and regulate pigmentation (skin color complexion). It enhances immunity and helps keep body trim. This contains "curcumin" that is a powerful antioxidant for the brain. It prevents neuronal degeneration and hence the brain is protected from "Dementia", "Parkinsonism" and "Alzheimer's Disease".



6) Boerhavia Diffusa - The extract of its dried roots soothes the stomach. Famous for acid-dyspepsia. Protects liver and stomach. It can also burn body fat at liver by stimulating liver enzymes. It can bring down high blood pressure by relaxing the smooth muscles of arterioles and capillaries. Minerals and various phytonutrients are abundant in it, which can keep cardio-vascular system clean and healthy. Regeneration of vascular endothelium, other mucus membranes and skin is possible on long-term use. That is anti-aging or even moderate reversal of aging!

7) Cyperus Rotundus - Its an old wisdom, that can keep any type of microbes away. It augments immune system effectively to combat even viral infections. It reduces body and blood fat on long term use. Regulates bowel movements and intestinal microbial flora. Systemic blood pressure and heart rate are reduced to optimum as it soothes and calms the mind.





8) Nimba - Nimbidine is the active principle that is bitter in taste. It is famous for keeping the body trim and light. Burns off fat from blood and body; hence reduces blood thickness (viscosity). Triglycerides and cholesterol level lowered WBC count increased with enhanced phagocytosis. Ig G & Ig M immunoglobulins are increased. So opportunistic infection of even the skin is prevented.

9) Zingiber officinale, Pepper longum, Pepper nigrum - Increases digestibility and enhances bioavailability of the other herbs at cellular even sub-cellular level. Also acts as a natural and eco-friendly preservative to the formulation.



VASKO - TESTIMONIALS

Knee problem

My name is William Lynch and approximately seven months ago I fell at work and injured my right knee. After receiving an MRI and speaking with a doctor surgery was suggested. Being that I had never undergone any type of surgery previously, it was definitely something I don't want to hear. If I was to have surgery, I would be on bed rest for an undetermined amount of time. Time is not something that I want to be wasted on mandatory bed rest.

Recently, I've been trying to get a civil service job and I must pass a very difficult physical exam. This in turn, demands lots of cardio including a vast amount of running. With my knee being in such bad shape there is no way I could train to my best ability. Things didn't look good for me to pass.

Around early September a gentleman whose office is next to my job saw me limping around and wearing the required leg brace I was given. We got to talking, and **VASKO** a natural supplement was brought up. He told me it would help my knee and I could avoid the surgery. At the first I was extremely skeptical. He gave me information regarding **VASKO** including some testimonials from others who had taken the supplement. But now I'm one of those people.

Since taking **VASKO** on a regular basis, I didn't feel the need for surgery and haven't needed to even call my doctor. These days I find myself being able to weight train and even run stairs something I wouldn't have been able to do this soon if I had chose surgery.

VASKO has helped me in more ways than just my knee. My energy level has elevated. This allows me to do all the things I need in order to pass my physical exam. Also, I had a small varicose vein on the inside of my left leg, and since taking **VASKO** it's almost completely gone.

Another thing I like about **VASKO** is that it's completely natural. I know this first hand because on top of my physical exam I recently took a medical exam. My blood work came back normal and my cholesterol level was perfect. So, I can safely say as a

skeptical New Yorker, **VASKO** really did work for me. I continue to use **VASKO** and have since recommended it to both friends and family.

I will forever be thankful.

Sincerely

William Lynch
East Northport, NY

Varicose Vein & Cholesterol

It is surprising what a difference this small pill makes.

VASKO has reduced my total cholesterol; it has erased varicose veins in my legs to mere traces. My circulation is better, which results in greater mental clarity.

This is anecdotal evidence, but we think **VASKO** is amazing, and we suggest you introduce it to clinical trials so that you have solid scientific evidence that will support what we users all know to be true. Thanks for a great medicine with no side effects that promotes health on many levels.

Pat G - St Thomas,
Virgin Island

Hypertension, High Cholesterol & Clogged Peripheral Vascular Disease

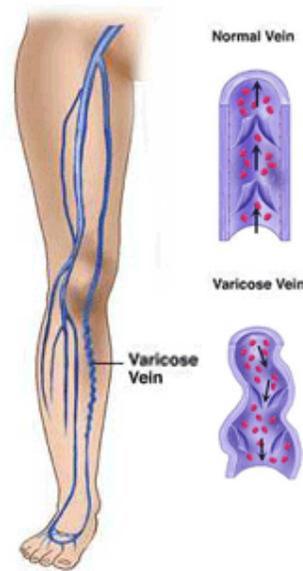
VASKO may be the finest herbal remedy in existence. After taking the recommended dosage for 16 days my energy level increased and the neuropathy in my feet eased greatly. The most remarkable thing that I experienced on **VASKO** is that it eased the symptoms of Diabetes in spite of my habitual weaknesses of continuing to smoke tobacco and unwisely eating sweet products. That says a whole lot for the power of **VASKO**. I might add that the **VASKO** website explains in detail every aspect of the highly effective herbs in **VASKO**.

Denis W,
Pennsylvania

Varicose Veins

I wanted to personally thank you for representing the product **VASKO!** It has worked a miracle in my life.

I have suffered with painful varicose veins in my legs for the last four years. In my search for relief, I have tried numerous herbal and vitamin recommendations. Each one promised either complete healing or substantial relief from heaviness and pain in my legs. Unfortunately, none of them helped my condition. Recently, I found out about **VASKO** while searching the internet. The web site explained in detail how the product worked. I was skeptical due to past promises and disappointments from other advertisements. Nevertheless, my level of pain motivated me to continue my search for an answer. So I ordered the product and again hoped that this time would be different. Indeed, this time was different! I began to feel significantly better after taking the product for about two weeks along with greatly increasing my water intake. It seems to support and strengthen the entire cardiovascular system.



I spell pain relief **VASKO!**

JV,
Indiana

High Blood Pressure / Weight loss

I have been taking **VASKO** for 6 months. I have lost almost 15 pounds without changing my diet and exercise regime and my blood pressure has lowered significantly. I urge anyone to try this wonderful formula.

Marta L
Kansas City, Missouri.



Varicose Vein, Blood pressure and Cholesterol

I have been taking **VASKO** for a little over a year and in that time I have lowered my blood pressure and cholesterol, which were high, as well as seen my varicose veins in both legs disappears. Ten months ago my doctor gave me samples of a prescription medication she wanted me to take to lower my cholesterol but after taking them for a month I didn't like the side effects so I stopped taking them and continued with the **VASKO** and have had good results with no bad side effects. I wouldn't still be taking **VASKO** if I didn't feel it was doing great things for me.

Roxanne

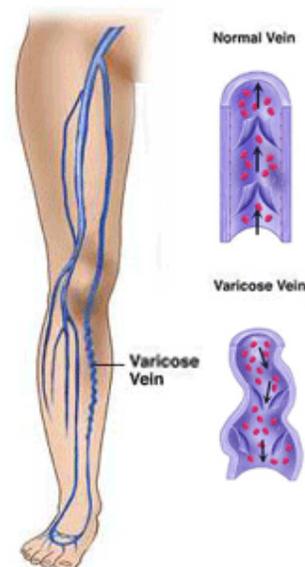
Tucson, Arizona.

Varicose Vein, Hypertension & High Cholesterol

I have never felt compelled to write to a company with a story of my use of their product before but I just want you and anyone who you share this with to know how your product really does help people. So many times products are hyped up and claimed to do this that or the other thing and after trying the product you find that it was all...Hype! Just Hyped up to get you to buy! **NO SO WITH VASKO, VASKO** really does what you claim it does for healthy blood and veins. Let me tell you my 2 part story of using **VASKO** and the surprise bonus I received:

My wife did a Google search on the internet for a NATURAL product that would help her varicose leg veins...in the results she found **VASKO**. After reading the info on the **VASKO** site she told me about it and said she had decided to place an order for **VASKO**. I suggested she get the 4 month supply so we could share it for 2 months since I also had a few varicose veins at my ankles. I thought this would give us enough time to see if it really does help varicose veins.

Meanwhile, 9 months earlier my MD suggested that I go on a drug called Lipitor because of high cholesterol reported in my blood analysis. I refused that course of treatment because of the reported side effects which were associated with the drug. My MD was insistent that I use



the drug but I was more insistent that I would not. He made me sign a treatment refusal form and I left his office. I did nothing to help or change my cholesterol except eat better for a few weeks and then fall back into my old habits. You see, I work in the service business and much of my work is in the fast food industry so I eat at the various national fast food chains several times a week. Super size me! (If you saw the movie) I guess at this point you should know that I am a 53 year old man with mildly high blood pressure and am roughly 75 pounds overweight. Being overweight, I am sure, has contributed to both my high blood pressure and cholesterol problem.

Back to the varicose veins: We took **VASKO** just as directed for 2 months and surprisingly we did see the varicose veins fading! I really couldn't believe it but it was true, the veins were really less visible and going away slowly but surely! This was truly amazing to me. I know that you offer a money back guarantee but to find a product that really does what is claimed of it...well, that's refreshing!

OK, now back to the doctor office: I had to go back to the doctor for a refill authorization on my blood pressure medicine. This was required every 3 months just to see if things had changed etc. On the previous visit they wanted to do blood work again just to check how the cholesterol was and all other levels since I am overweight but I put it off at that visit. This time, I hadn't had breakfast or anything to eat since dinner the night before so they took blood for analysis and said to call on Friday to hear the results. I almost didn't call back on Friday simply because I didn't want to hear the Lipitor recommendation and all the grief about my diet and being overweight that went with it but I really did want to know the results of my blood work so I did call back. To my surprise the doctor said "WOW this is pretty good!" I asked, what do you mean by that and he said "I mean that I am looking at your results and everything is at the normal level or better. Your cholesterol is absolutely normal in all areas, HDL, LDL and liver enzymes are normal, sugar OK, everything is just fine!" "You must really be eating healthy!" I replied, you just wouldn't believe it if I told you!

What a surprise to me! I expected a report just like the previous report or worse and instead got a glowing report. Now I want to point out here that my previous report was well above "normal" in the bad areas and now the report shows well within the "normal" levels in all areas. There were no miraculous reports of super elevated good cholesterol or super low bad cholesterol just everything "NORMALIZED by **VASKO**". I did not do any treatment, exercise or remedy or special diet to aid in these results except take **VASKO** as directed on the label. This was a total surprise to me because I was taking **VASKO** for varicose veins! This was a bonus! **VASKO** really does what is claimed...no hype!

VASKO is helping reduce our varicose veins and has lowered my cholesterol to normal levels and has done this with no side effects. Thanks many times over, this are a truly amazing product!

George .M
Douglasville, Georgia.

Varicose Vein

I am just finishing the 3 months of **VASKO** and just after the second month it became apparent that the varicose veins in my legs were diminishing greatly, I can wear shorts again! Even have more energy. I have reduced the amount of MSM that I was taking for joint pain because **VASKO** has also lessened those aches. I look forward to finishing out this year and hopefully be rid of the achy joints and having legs that don't look like road-maps. Your advice is correct, it takes at least close to the 3 months trial before one can see positive results. This is great stuff and I highly recommend other to at least give it a good try.

Barbara,
Kamiah, Idaho.

Arthritis

I am a 62 year old manager from Honolulu, HI. I have had trouble with my right knee on and off for 20 years. Without warning, it would get extremely sore with swelling for sometimes a few days, then weeks, then months as time would go by and then just as quickly and suddenly the pain would disappear for a year or two. My doctors would physically check out in the knee area and ask if this hurt or that hurt. Then they would X-ray it and say it was arthritis.

This last time the doctors said that the problem was severe arthritis with cartilage damage. I would need an MRI and then surgery to remove as much damaged cartilage as possible although they could not show me any damaged cartilage on the complete series of X-rays. They said there is nothing wrong with the tendons or ligaments. The knee hurt badly everywhere. I had to fly to the mainland and while I was walking around

on the plane we hit some bad weather. It felt like the knee was being pulled apart at the joint.

Since using **VASKO** the knee has been healing, walking is easier and the pain seems localized to just the inside edge. It hurts when I sit down for a while but feels better if I go for a short 5 minute walk. I believe the knee is probably on the mend although it may take some time before the healing is complete.

The doctor has noticed that my Cholesterol has gone from almost too high to low normal. I have a very slight glitch in my EKG which they cannot interpret where it looked bad before. Overall, the doctor says I am strong and in good shape and I don't look my age. I eat mostly vegetables, potatoes, some oatmeal, beef, fish and a little chicken. I avoid restaurant and fast food establishments because I get stomach problems and indigestion there but not at home.

Charlie,
Honolulu, Hawaii.

High Blood Pressure & High Cholesterol

I have been using **VASKO** for almost 3 months. My blood pressure is down, and my cholesterol has dropped 30 points. **VASKO** is truly an answer to my prayers. thank you Jesus, and thank you **VASKO**.

Sherri,
Sebastian, Florida.

Hypertension

I am a 45 year old male suffering from Hypertension since 1993. I am taking 3 medications for my Hi blood pressure, together they cost me \$110.00 per month. However since I have been taking **VASKO** about one month, my blood pressure is much better, I have lost 7 lbs and I feel a definite increase in my energy levels. I used to have some fluid retaining around my ankles and other places, all those symptoms seem to have dissipated and in some completely gone. I am hoping that within a 6 - 12 months I will be off all my prescription medications or significantly reduced my dosage.

I have told some of my friends about this product and they have tried it with similar

results. Best of all this **VASKO** is 100% all natural from the good mother earth.

Roy this product is truly a God send and thanks for all your help and encouragement.

Wayne . C. J,
Philadelphia, Pennsylvania.

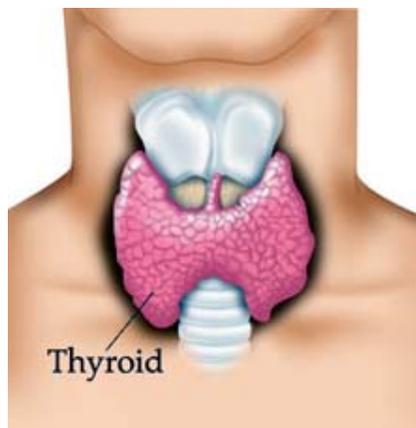
Varicose vein



My name is Kim and I am 39 and I have been taking **VASKO** for 30 days. It has been 20 years since I have been stricken with varicose veins in my left leg. If I stand on it too long it begins to swell. The marks have made me very self conscience about wearing certain clothing. Since I have been taking **VASKO** I can see a difference in the way it looks and feels. The marks have begun to lighten, and disappear, I do not have the pain in my leg anymore and I feel better than I have in so many years. It has made the quality of my life so much different, I also can see a change in my level of energy, I am able to walk and really enjoy my life. I recommend **VASKO** to anyone who wants to change there life for the better. I just wanted to say thanks to **VASKO**.

Kim. S,
Baltimore, Maryland.

Hypothyroidism



I am a 46 year old male from California. I have been using **VASKO**for the last 4 months. I have a history of hypothyroidism (Hashimotos disease), irregular heart rhythmus, atrial fibrillation etc.. The first few nights on **VASKO** I noticed that I had a strange sensation in my mid sternum almost like the mercury in a thermometer rising. The sensation lasted for only a minute or two and disappeared after a few nights. I also experienced feeling very tired for the first couple of weeks on **VASKO** but after that my energy level grew to a point

where I have not felt in years. After about 1 months time I noticed that my heart did not have any more irregular heart beats and my system seemed to normalize. In addition my feet and toes had a numbness to them every night and I could feel them either convulse, twitch or little electric jags shooting through my feet. When I started **VASKO** the twitching and electric jags increased for about a week or two then all at once the symptoms disappeared. Since then I have not had that sensation return. My medicine for hypothyroidism needed to be cut down, in fact I have had to cut it down so drastically that I take a fraction of what I used to take. This seems to fly in the face of western medicine but I cannot dispute the results of what I am experiencing.

I would suggest that anyone that is either hyperthyroid or hypothyroid to monitor yourself carefully. This is a very powerful formula and it works great for me and I would recommend it to anyone to try. I have given my permission for my testimonial to be used on this site, in addition I will be happy to answer any questions to anyone concerning my experience.

Greg Greenwood
Los Angeles, California.

Varicose vein

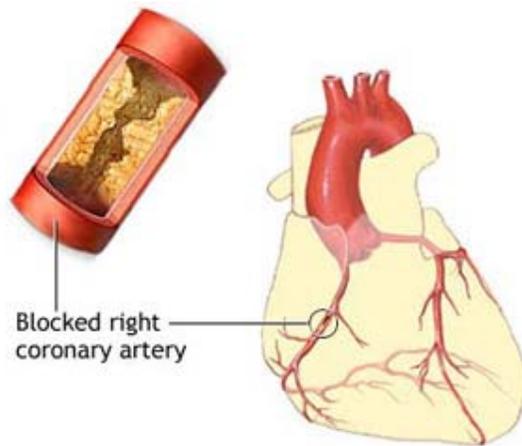


At first I didn't believe that **VASKO** would actually work. Well after 3 weeks my varicose veins have almost entirely disappeared. I have lost 10 pounds and my high blood pressure has improved. My cholesterol has dropped from 260 to 200!

I have no side effects with **VASKO** and I also sleep like a rock!

R.A. Muscarella
Buffalo, New York.

Clogged Heart

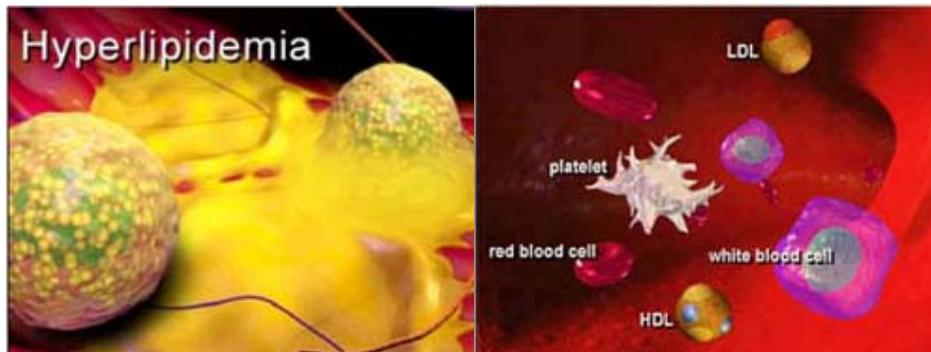


Like most e-consumers today, I was skeptical about the benefits of **VASKO**, but, since it has no side effects, I thought I would give it a try.

It has been a month and I have lost over an inch in my waist. In September, 1994, I had a heart attack from a clogged descending artery.

In November, 2003, I had a stint put in another small artery. On November 8, this year, I had a Dobutamine test that showed my heart to be functioning properly. I believe **VASKO** has contributed extensively to my improved health. By the way, I am 72 years of age and I work everyday. I have never promoted anything I didn't believe in.

W. Thomas
Arizona, Tucson.



Hypertension and Cholesterol

I have my testimonial for you. I am 43 years old male having Hypertension, Cholesterol, Diabetes Type 2, and been under medication for the last 3 years. After taking VASKO for only 20 days, I felt extra-ordinary energy spike, plus my pains in my legs and knees just vanished. I am simply astounded by the relief that I experience. Now my doctor has stopped one of my medications for Diabetes totally, and if this is the kind of improvement that I am going to have, I am sure over a period of time maybe my

prescription medicines will totally be stopped, which I am hoping. Thanks, Roy , I was skeptical initially, and now I am glad that I took this calculated risk.

SB

Dearborn , Michigan.

Obesity



I am Mari Ammal 56yrs old weighing 230 lbs. As I was over weight, I was suffering from knee pain and it was uncomfortable to move my body. I also had body swelling. My doctor recommended that I reduce my weight. I tried fasting and reduced my food quantity, also all fatty foods. In spite of all care in my intake my weight was static. Later I tried a few weight reducing medications, but even then my weight was not dropping.

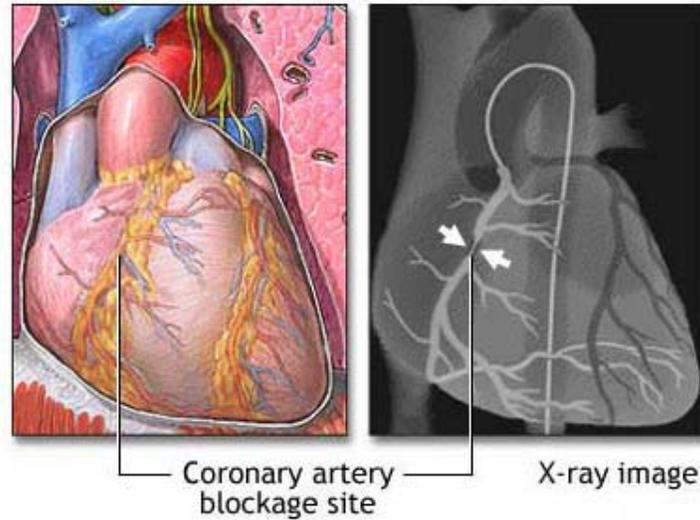
Few months later I found an Ayurvedic food supplement called **VASKO**.

I thought of giving it a trail and started **VASKO**. I took two **VASKO**, two times a day. I have not noticed any weight loss in the first month but my body swelling was reducing a lot. Therefore I continued **VASKO** for the next month. The second month I lost about 20 lbs and the third month I lost another 20 lbs. The same time the pain and swelling at my knee joints were disappearing. This was a miracle for me. After six months of taking **VASKO** I lost total 80 lbs. Now I feel very light and I could move my body anywhere I want. Now I am taking everything I like to eat. I still continue **VASKO** in a very small dose to maintain my weight. I am really thankful to **VASKO** and very happy to introduce **VASKO** to others.

Coronary Artery Diseases

My name is Karthikeyan, 80 yrs old. I was in Singapore since 1947. I am diabetic for more than 30 years. I was on pills and very recently on insulin controlled. Three years back on a regular check up my family doctor noticed a change in my electrocardiogram (ECG / EKG) and sent me to a cardiology centre. There it was found **Triple vessel**

disease of the heart. One vessel was 100% blocked. My left ventricle function was only 55% showed in the coronary angiogram.



I couldn't believe it as I had no symptoms. The doctor explained it was due to diabetic neuropathy (no pains). They recommended for an urgent bypass surgery but I couldn't agree to it. They prescribed medicines and made me sign the disagreement in my case sheet. I am originally an Indian and came back to my country immediately. I knew there are alternatives in India. I could collect many alternative therapies in India and selected one Ayurvedic therapy which many people suggested as many are there cured of heart disease. It was called "**VASKO** herbal supplement".

I decided to start it as majority of my friends and relatives were in high opinion of **VASKO**. After one month I noticed losing weight and the overall health improving like good bowel clearance sleep pattern etc. The high colored urine and stools initially I felt some impurities are discharged out from my body. It was true that I was discharging the impurities (metabolic) from my body, when I discussed with the doctor. The sensations of my limbs improved as my poor writing and signature showed it. I also felt more strength in my body as my walking become easier. After three months I went for a Doppler study of heart vessels (cartogram -a Swedish technology). The test showed wonderful positive changes in my heart. The circumflex branch of left coronary artery that was 100% blocked is having 45% blood flow at this test. The left ventricle myocardium was dead before but now it shows new blood vessel formation and is having minimal perfusion. Overall my heart is having better blood perfusion than expected at my age of 80 yrs. It was unbelievable initially but the doctor showed me in the findings on the computer screen. More than the test report, I could personally feel my physical improvements. Even now I am continuing to use **VASKO** because it saved me from a

bypass surgery at my age of 80 yrs. I recommended **VASKO** for many of my friends and relatives. I should say that right now I am undergoing rejuvenation. Thanks for **VASKO!**

Osteoarthritis

I am a clinical professor of Gynecology in the Medical College at Trivandrum, India. Three years back I was really upset to hear that my right knee had to be replaced. The orthopedics department of the same medical college hospital referred me to a higher institution (Vellore Christian medical college) for a second opinion. After arthroscopy it was reconfirmed for **a total knee joint replacement** as it was very bad with **advanced osteoarthritis**. I couldn't walk or bend my knee. It was swollen with fluids. I had severe pain on any movement. I remember the knee problem started after an injury from a fall. I was not able to perform my duties and was lied up at home. The replacement of my knee was planned to be done in United Kingdom. The pain killers had burned my stomach so I had to stop taking them.

To my luck I heard about **VASKO** at this time from a person whose wife was similarly healed fully. This was my final trial before I went to the UK for a knee replacement. I started trying the **VASKO** in the very same day.

I couldn't believe the fast and marvelous results it give me over a period of two weeks. After two weeks I could flex my knee more than 50% and the fluid effusion started decreasing everyday. After one and a half month I could attend my out patient clinic in the hospital. Finally over a period of 3 months 99% symptoms and signs disappeared. Today, even I get confused which of my knees was affected with osteoarthritis. Thanks to this wonderful Ayurvedic supplement **VASKO**. Now I have recommended **VASKO** for many of suffering people including my own patients.

Being a Medical Doctor myself and my colleague in the orthopedic department never could believe that a herbal formula can help avoiding a knee replacement. But today I am a living example in our medical college with a miraculous escape from knee replacement with **VASKO**.

VASKO - HEALING CRISIS

The healing crisis is a process in which the body undergoes an intense period of cleansing and rebuilding. It is called a "healing" crisis because the body is healing and becoming stronger. It is referred to as a "crisis" because the symptoms can be dramatic and rather unpleasant during the early time. Because the healing crisis is accompanied by unpleasant symptoms it is often mistaken as an increase in the sickness. Common symptoms include nausea, diarrhea, sinus congestion, muscle aches and pains, headache and fatigue. The crisis generally lasts only a few days. In reality, it is just the opposite. It is a process in which the body is overcoming ill health and becoming healthier and stronger.

1. The existing symptoms like joint pain, spasm and swelling of the joints may aggravate mildly on starting **VASKO** . Such symptoms are considered to be a positive sign of improving the problems. Some cases a slight joint pain may occur even you didn't have an existing joint pain. These symptoms will gradually disappear within a few days. It is advisable to take complete rest for a few days if this happens.
2. Similarly unexplained tiredness on the initial period is possible in selective cases. While taking **VASKO**, it releases lots of toxins from the cells into the system. This is also a part of healing crisis. **Take optimum water to enhance elimination of these released toxins from your body and take rest for few days.**
3. While taking **VASKO**, some people may experience breathing congestion or breathing incorrectly due to the release of toxins in the respiratory system. Reduce the dose of **VASKO** to one in the morning and one in the night for two week and increase the dose to 2 in the night for next week till respiratory congestion is over.
4. Optimum physical rest is always necessary while you're on **VASKO**. This will enhance regeneration and development of the new tissues for regaining original architecture of the damaged parts / either joint / cardiovascular system.
5. **VASKO** is a time tested herbal food supplement. There are no significant allergies or side effects noticed using **VASKO**. However, the ingredients in **VASKO** can affect Pituitary Gland, Pineal Gland and Thyroid Gland in your body. Therefore, people suffering from hypothyroidism or Hyperthyroidism or Atrial Fibrillation should take very small dosage. One pill in the night for two weeks one in the morning and one in the night for next two weeks before taking the full does)
6. Some cases you may not physically feel any of the above healing crises at all. But after few weeks of taking **VASKO**, you will notice a light feeling and less strain in

your eyes. **VASKO** will burn the fat and unblock even from the micro vascular system in your body that result in improved tissue blood perfusion. As the body fat is selectively burnt than the glucose fuel, more energy is released. (One gm. glucose release 4.5 calories whereas 1 gm fat give 9 calories)

7. In some cases an elevation of cholesterol and triglycerides in the blood work is possible up to 2 months. This is due to the release of cholesterol from the vascular deposits and the body fats mobilized for fuel burning. It is recommended to do the blood work after three months of **VASKO**.
8. The real result will be noticed after 4 to 6 weeks of using **VASKO** .

WARNING :- This traditional herbal food supplement is derived and time tested by Chavarcode Ayurvedic physicians. Results may vary among users. These statements have not been evaluated by the FDA. Products featured here are not intended to diagnose, cure, prevent or treat any diseases and should not substitute treatment by a registered medical practitioner. We do not claim that the products or dietary supplements mentioned can protect you from developing serious diseases and recommend that you never delay or forego regular screening, or forfeit the opportunity for early medical treatment that may be critical to survival. You are advised never to self-treat for a serious disease without benefit of a medical diagnosis or treatment. Please consult your physician before beginning any course of treatment.