

## GANODERMA

### TRADITIONAL INDICATIONS

1. Detoxifies and Strengthens Liver
2. Immune system and Premature Ageing
3. Eases Inflammatory Conditions
4. Nourishes Respiratory System
5. Reduce stress
6. Improve sleep
7. Lessen fatigue
8. High blood pressure
9. High cholesterol



### DOSAGE and DIRECTIONS



For Adults 18 yrs or above, one (1) Capsule twice daily (every 12 hours) in empty stomach with lukewarm water.

Please give minimum 30 min to take any food after taking GANODERMA.

Take optimum water to enhance elimination of released toxins from the body.

### INGREDIENTS

#### Supplement Facts

Serving Size: 1 Capsule (500 mg each)  
Servings per container: 60

Each Serving contains	%DV
Ganoderma Lucidum	450 mg. *

177 Alpha Ave, Muskegon, MI 49441-2659, United States of America.  
Web: [www.gurusgarden.com](http://www.gurusgarden.com)

Excipients	50 mg.	*
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\* Daily value (DV) not established.

### HEALING CRISIS

There is no Healing crisis.