

MSM

TRADITIONAL INDICATIONS

1. Decrease Joint Pain
2. Anti-Inflammatory Effects
3. Increasing Glutathione Levels
4. Speed Recovery After Exercise
5. Reducing Arthritis Pain and Stiffness
6. Good for symptom-relief related to allergies
7. Improves respiratory function
8. General detoxification
9. Osteoarthritis
10. Protect liver from oxidative damage and chemically induced toxicity



DOSAGE and DIRECTIONS



For Adults 18 yrs or above, two (2) Capsules twice daily (every 12 hours) in empty stomach with lukewarm water.

Please give minimum 30 min to take any food after taking MSM.

Take optimum water to enhance elimination of released toxins from the body.

INGREDIENTS

Supplement Facts

Serving Size: 2 Capsules (500 mg each)
Servings per container: 60

Each Serving contains	%DV	
Methylsulfonylmethane	500 mg.	*

* Daily value (DV) not established.

HEALING CRISIS

There is no Healing crisis.