

MYO-INOSITOL

TRADITIONAL INDICATIONS

1. PCOS / PCOD
2. Hirsutism
3. Male type Baldness
4. Acne
5. Insulin Resistance
6. High Triglycerides and Obesity
7. Improving Fertility



ABOUT MYO-INOSITOL

For women with PCOS and other hormonal issues, hair is a big deal. You get too much hair in some places, well everywhere but your head. On your head, you lose it. PCOS causes an excess of testosterone, leading to male pattern baldness, as well as male pattern body hair (excess hair on the chest, back, hands & feet, butt, all the manly places, also thicker & darker) and the dreaded facial hair.

Polycystic ovary syndrome (PCOS) is the most common endocrine cause of hirsutism, acne and male pattern alopecia, often characterised by ovulation disorders (usually manifested as oligo- or amenorrhea).

Vita-Salute University in Italy recently studied fifty women who had polycystic ovary syndrome. They took supplemental myo-inositol for six months to determine its effects on skin conditions such as hirsutism and acne. After 3 months of taking inositol, the women had reduced testosterone and improved insulin function. In addition, after 6 months on the myo-inositol, they also had significant reductions of both hirsutism and acne.

The researchers concluded: Myo - inositol "is a simple and safe treatment that ameliorates the metabolic profile of patients with PCOS, reducing hirsutism and acne." As the researchers say, myo-inositol supplementation is both simple and safe. If taken over the span of half a year, it appears to reduce acne and hirsutism problems.

Myo-inositol shows the most promise as a dietary supplement for promoting female fertility, restoring insulin sensitivity in instances of resistance (type II diabetes and polycystic ovarian syndrome being the most well investigated), and for reducing anxiety as well. Due to the mixed benefits to insulin resistance and fertility, myo-inositol is considered a good treatment for PCOS in women.

It works by "informing" hormonal cells in the endocrine track how to operating normally in a hormonally imbalanced body. More importantly, it helps promote regulation in insulin levels. And because many women with PCOS are diabetic or pre-diabetic, you can see why myo-inositol would be a popular supplement.

DOSAGE and DIRECTIONS



For Adults 18 yrs or above, two (2) Capsules twice daily (every 12 hours), in empty stomach with lukewarm water.

For best results, no food should be taken 30 minutes before or after taking Myo-Inositol.

Take optimum water to enhance elimination of released toxins from the body.

INGREDIENTS

Supplement Facts		
Serving Size: 2 Capsules (500 mg each)		
Servings per container: 60		
Each Serving contains		%DV
Corn extract as Myo-Inositol	500mg	*
* Daily value (DV) not established		

HEALING CRISIS

There is no known healing crisis or side effects