

POLYCYS

TRADITIONAL INDICATIONS

1. Hormonal Imbalance
2. Polycystic Ovary Syndrome

POLYCYS

Actaea Racemose in POLYCYS helps to suppress LH levels, which are usually high in PCOS. Actaea Racemose can improve LH/FSH ratios and increase ovulation rates. Actaea Racemose shows significant improvements in key gonadotropin markers such as LH and LH/FSH ratios. In addition, Actaea Racemose has been found to inhibit 5-alpha reductase, indicating that it may have benefits of skin and male pattern baldness that exhibits symptoms of excessive testosterone in women with PCOD.



Angelica Sinensis in POLYCYS helps is one of the most powerful female fertility tonic herbs. Angelica Sinensis works by promoting blood flow to the pelvis where it will stimulate an absent or scanty period. It also nourishes and helps iron deficiency and anemia. The increased circulation also helps to strengthen and balance the uterus.

Artemisia Vulgaris in POLYCYS encourage menstruation in women with amenorrhea, also Artemisia Vulgaris is a mild uterine stimulant. It also supports healthy digestion, aiding in assimilation of vitamins and minerals.

Red Raspberry Leaf extract is known as the 'Queen Herb' for its use in treating health problems concerning the female reproductive system. Women with heavy periods find that Red Raspberry Leaf Extract is very helpful in reducing the flow and associated cramping. Red Raspberry Leaf Extract contains a special alkaloid called fragrine, which encourages toning and strengthening of the muscles in the pelvic area.

Corn extract - Myo-Inositol in POLYCYS helps normalizes levels of LH, a female hormone that is essential for ovulation. This leads to better follicular maturation and the release of a healthy egg. Testosterone causes glands in your pores to overproduce sebum, which is oil that clogs pores when produced excess. Because of this action of testosterone and other androgens, women with PCOS often struggle with acne and oily skin. Myo-Inositol in POLYCYS helps reduce the testosterone effectively and clear up acne once and for all and reduces symptoms such as unwanted hair growth. Reducing testosterone levels not only relieves symptoms caused by high levels of this hormone, but allows other hormones to come into a better balance. Having high levels of one hormone often leads to overproduction or underproduction of others, as the endocrine system tries to achieve homeostasis.

Burdock extract in POLYCYS helps another very effective herb used for treating PCOS in women. Burdock contains compounds, which help in enhancing the functioning of the liver, thereby bringing about a balance of progesterone and estrogen in the body. Burdock helps in cleaning the entire body of toxins and prevents

forming of cysts in the ovaries. This herb also helps in maintaining sugar levels in the blood, which is the main side effect observed by women suffering from PCOS.

Glycyrrhiza Glabra root extract in POLYCYS helps to maintain proper hormone production and release through support of the endocrine system. It works to help balance estrogen levels in the body. It also supports healthy insulin levels and liver health for hormonal balance support. It also helps for inflammation and stress response as well.

Paeonia lactiflora extract in POLYCYS has positively influence low progesterone, reduce elevated androgens (testosterone) and acts to modulate estrogen and prolactin. In vitro, the active constituent Paeonia lactiflora has been shown to affect the ovarian follicle by its action on the aromatase enzyme. Aromatase is important for follicle maturation, ovulation and corpus luteum function, steroid hormone synthesis and the regulation of the conversion of androgens to estrogens. The biofeedback in the pituitary and hypothalamus rely on aromatase to regulate prolactin and GnRH. The combination of Paeonia lactiflora with other herbs regulates the LH to FSH ratio. Over this period of time, serum testosterone levels decreased to less than 50 ng/dL and this resulted in seven of the eight women ovulating regularly.

Vitex Agnus Castus extract in POLYCYS can help to correct this imbalance and help restore or regulate the menstrual cycle and improve the chances of a pregnancy. Most women with PCOS have too much prolactin and too little progesterone during the luteal phase of the menstrual cycle, resulting in oestrogen dominance irrespective of whether oestrogen levels are raised or not. This condition is called a luteal phase defect or corpus luteum insufficiency. A corpus luteum insufficiency is defined as an abnormally low progesterone level 3 weeks after the onset of menstruation. Insufficient levels of progesterone may result in the formation of ovarian cysts. Vitex agnus castus is not a hormone however, vitex works by acting on the hypothalamus and pituitary gland, which in turn secrete hormones or send signals to other parts of the body to trigger the production of reproductive hormones. Chaste tree berry acts on the hypothalamus and pituitary glands inside your brain by increasing luteinizing hormone (LH) production and mildly inhibiting the release of follicle stimulating hormone (FSH). The result is a shift in the ratio of estrogen to progesterone, in favor of progesterone.

DOSAGE and DIRECTIONS



For Adults 18 yrs or above, two (2) Capsules twice daily (every 12 hours), in empty stomach with lukewarm water.

For best results, no food should be taken 30 minutes before or after taking Polycys.

Take optimum water to enhance elimination of released toxins from the body.

INGREDIENTS

Supplement Facts		
Serving Size: 2 Capsules (500 mg each)		
Servings per container: 60		
Each Serving contains	%DV	
Corn Extract-Myo-Inositol	75 mg.	*
Vitex Agnus Castus Extract	75 mg.	*
Actaea Racemosa Extract	50 mg.	*
Angelica Sinensis	50 mg.	*
Artemisia Vulgaris	50 mg.	*
Red Raspberry Leaf Extract	50 mg.	*
Burdock Root Extract	50 mg.	*
Glycyrrhiza Glabra Root Extract	50 mg.	*
Tribulus Terrestris Leaf Extract	50 mg.	*
* Daily value (DV) not established.		

HEALING CRISIS

There is no Healing Crisis.