

SUTRA-5

TRADITIONAL INDICATIONS

1. Erectile Dysfunction in male

ABOUT SUTRA-5

SUTRA-5 is a unique combination of potent extracts of exotic herbs from Africa, India, China, and Amazon rain forest. This thrilling concoction perks up libido and stimulates sexual desire in male. It ignites passionate romance in life, leading to exciting levels of erotic intimacy and emotional warmth in human relationship.



Male sexual arousal is a complex process that involves the brain, hormones, emotions, nerves, muscles and blood vessels. Erectile dysfunction can result from a problem with any of these. Likewise, stress and mental health problems can cause or worsen erectile dysfunction. Sometimes a combination of physical and psychological issues causes erectile dysfunction. For instance, a minor physical problem that slows your sexual response may cause anxiety about maintaining an erection. The resulting anxiety can lead to or worsen erectile dysfunction.

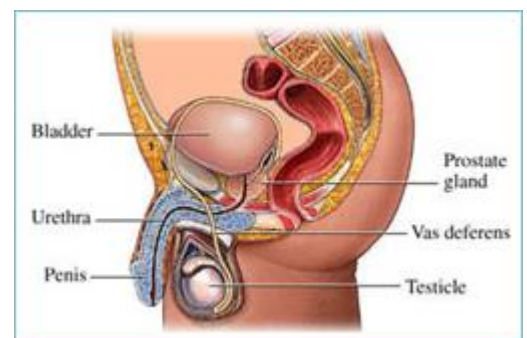
Physiology of Erection

The two chambers of penis (corpora cavernosa,) which run through the organ are filled with spongy tissue. The corpora cavernosa are surrounded by a membrane, called the tunica albuginea. The spongy tissue contains smooth muscles, fibrous tissues, spaces, veins, and arteries. The urethra, which is the channel for urine and semen runs along underside of the corpora cavernosa.

Due to sensory or mental stimulation, or both, the erection begins. Due to impulses from brain and local nerves the muscles of corpora cavernosa relax and allow blood to flow in and fill the spaces of spongy tissue.

The flow of blood creates pressure in the corpora cavernosa, making the penis expand. The tunica albuginea helps trap the blood in the chambers, thereby sustaining erection. When muscles in the penis contract to stop the inflow of blood and open outflow channels, erection recedes.

In Ayurveda physiology of erection and ejaculation is described as follows in Sanscret;
Vrishunowbasthimedram cha naabhyuuruvankshnowgudam | Apanasthaanamasthaha
shukramootrashakruni cha ||



The 'apaanavayu' one of the five types of vayu is located in the testicles, urinary bladder, phallus, umbilicus, thighs, groin, anus and colon. Its functions are ejaculation of semen, voiding of urine and stools.

Shushruta explains the process of erection and ejaculation as - When a man has desire (iccha) to have sex, his response to touch increases. (Vayu located in skin causes flow of signals from skin to brain, thus causing sensation of touch). This causes arousal or 'harsha' . Arousal or Harsha intensifies actions of vayu and at this moment highly active vayu liberates the 'teja' or heat of pitta. Thus tejas and vayu increase body temperature, heart beat and blood flow causing erection.

Causes of ED as per Ayurveda

Erection requires a sequence of events. Erectile dysfunction can occur when any of the events is disturbed. Nerve impulses in the brain, spinal column, around the penis and response in muscles, fibrous tissues, veins, and arteries in and around the corpora cavernosa constitute this sequence of events. Injury to any of these parts which are part of this sequence (nerves, arteries, smooth muscles, fibrous tissue) can cause ED.

Lowered Level of Testosterone Hormone: The primary male hormone is testosterone. After age 40, a man's testosterone level gradually declines. About 5% of men that doctors see for erectile dysfunction have low testosterone levels. In many of these cases, low testosterone causes lower sexual interest, not erectile dysfunction.

Diseases that Cause Erectile Dysfunction

Neurological disorders, hypothyroidism, Parkinson's disease, anemia, depression, arthritis, endocrine disorders, diabetes, diseases related to cardiovascular system also become reasons for erectile dysfunction..

According to ayurveda the diseases which cause erectile dysfunction are "Hritpaandurogatamakakaamalashrama..." - Heart diseases , anemia , asthma , liver disorders , tiredness .Apart from these the imbalance in tridoshas also cause impotence or erectile dysfunction.

Consumption of medicines, drugs and tobacco: Using anti-depressants, tranquilizers and antihypertensive medicines for a long time, addiction to tobacco especially smoking, excessive consumption of alcohol, addiction to cocaine, heroin and marijuana cause erectile dysfunction. In Ayurveda texts these causes have been said in brief as "rukshamannapaanamtathoushadham" - "dry food, drinks and medicines" cause impotence or erectile dysfunction.

Trauma to pelvic region: accidental injury to pelvic region and surgeries for the conditions of prostate, bladder, colon, or rectal area may lead to erectile dysfunction.

These causes are mentioned as abhighata (trauma), shastradantanakhakshataha(injury from weapons, teeth and nail.) in Ayurveda.

Other reasons

Obesity, prolonged bicycle riding, past history of sexual abuse and old age also cause Erectile dysfunction.

Ayurveda describes the cause of impotence or erectile dysfunction due to old age as follows. "diminution of - tissue elements, strength, energy, span of life, inability to take nourishing food, physical and mental fatigue lead to impotence" Remedies for ED

ED is treatable at any age. The total treatment in for impotence is called as Vajikarana therapy in Ayurveda. As this therapy increases the strength of a man to perform sexual act, like a horse, it is called 'Vaajikarana'. ('Vaaji' = Horse.)

Vajikarana therapy leads to

Happiness.
Good strength.
Potency to produce offspring.
Increased span of erection.

Eligibility for Vajikarana therapy:

1. The vajikarana therapy should be administered to persons who are between 18 to 70 years of age.
2. These therapies should be administered only to a self-controlled person. If this therapy is administered to a person who does not have self-control, he becomes nuisance to society through his illegitimate sex acts.

Sutra-5

Sutra-5 is 100% natural herbal formula / preparation in Ayurveda to help ED or impotence.

Consumption of Sutra-5 regularly will help replenish the energy, vigor, stamina and strength. This preparation also supply the nutrients which are necessary for production of semen.

Sutra-5 is effective within 15 days of usage and can be stopped after 4 to 6 months of consumption and the effect will sustain.

DOSAGE and DIRECTIONS



Sutra-5 is a 100% natural dietary supplement that is meant to enhance the erectile dysfunction. The mechanism action of this supplement is that it increases the blood inflow to the penis, which in turn contributes to occurrence of natural erection.

Take 2 capsules 45 minutes before breakfast and 45 minutes before dinner with lukewarm water.

INGREDIENTS

Supplement Facts		
Serving Size : 1 Capsule (500 mg each)		
Servings per container: 60.		
Each Serving contains	%DV	
Moringa Oleifera	50mg	*
Ginkgo Biloba	50mg	*
Commiphora Mukul	50mg	*
Curcuma Longa	50mg	*
Withania Somnifera	50mg	*
Embllica Officinalis	50mg	*
Myristica Fragrans	50mg	*
Proprietary Blends	150mg	*
* Daily value (DV) not established		

TESTIMONIALS

For sometimes, Viagra and Cialis worked pretty well for me. But over time I had to take more and more tablets to achieve and maintain an erection. I was concerned about this because I realize how those tablets works on the heart and blood vessels. I found GurusGarden's Sutra-5 since last 2 months and I am now a worry free, happy person and so is my wife.

Jason T- Huntington, NY

I am only 58 years old and married; I have had ED problems since I was 50 years old. I have used different pills but failed to give us results. Recently a friend of mine gave your website to order Sutra-5 and using it for last 6 weeks. Thanks God I feel like a young man again for last few weeks.

George D- Denver, CO

I was tired of using Viagra. They use to give me headaches and are also very expensive. After taking Sutra-5 has changed my entire sex life and I function better now than I did 20 years ago.

Allen M- East Northport, NY

You don't feel very good about yourself when you know you can't perform in the bedroom. After lots of research at Google, I found Sutra-5 and ordered 3 month supply. I was skeptical at first but had results almost immediately after the 2nd week and I'm feeling as confident as ever.

Jerry S Beverly Hills, CA

I am a 36 year old male. From time to time I have a problem maintaining an erection when engaging in sex. No problem during foreplay. My friend told me about Sutra-5 and I checked it up at internet and placed an order for 3 month supply and it was amazing. After 2 weeks of taking Sutra-5, I was 16 again and a superman in the sack. When I was using prescription medicine for ED, I had a feeling of congestion and occasional headache. With Sutra-5 I am ready at any time and no more headaches. Thanks to Gurus Garden and Sutra-5.

Hank W New York, NY

Sutra-5 saved my sex life. I no longer experience the frustration/embarrassment of not getting erect. I take Sutra-5 for last one month I am ready for all time. Multiple erections are easy to achieve. I am 64 years old and my pre- Sutra-5 erections were seldom full hard or full sized. Now my erections are like when I was in my 20s - hard, thick and upward. I think my lady friend appreciates Sutra-5 as much as I do.

David P Toledo, OH

At fifty-three years of age, had sort of a good erection but my stamina was awful. I didn't last very long at all. Took my first bottle of Sutra-5 last 10 days back and all I can say, OMG and WOW! I'm like a twenty-year old and absolutely incredible experience. No side effects as of this writing.

Roger M Albuquerque NM

HEALING CRISIS

There is no known healing crisis or side effects